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# Max D. Lederer Junior Varsity Track and Field Invitational



Saturday, **May 1st, 2026** - 10:00am start  
Emmet Belknap Intermediate School  
Lockport, New York



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## Contact

Tim Willett - Head Coach  
(716) 478-4451 ext. 5289  
[twillett@lockportschools.net](mailto:twillett@lockportschools.net)

Mike Sobieraski - Athletic Director  
(716) 478-4473  
[msobieraski@lockportschools.net](mailto:msobieraski@lockportschools.net)

## Entry

Coaches please e-mail Tim Willett ([twillett@lockportschools.net](mailto:twillett@lockportschools.net))  
by **Friday, April 23rd, 2026** with your intent to participate

**Register all athletes using [ny.milesplit.com](https://ny.milesplit.com) by Thu. April 29th, 2026 @ 10pm**  
The meet will be listed under the calendar

Please ensure the accuracy of your lineup. Scratches only at the meet please.

## Entry Limits

Please use discretion when entering athletes for this meet.

**4 Individuals in each event (maximum 4 events per athlete)**  
**1 Relay per school**

## Entry Fee

\$250 per school. (\$125 for single gender programs) Checks payable to:  
**Lockport Track Boosters**  
Send Payment to: Lockport Track Boosters  
617 Royal Parkway South  
Lockport, NY 14094

## Timing/Results

Hand timing will be used for this meet  
Results will be posted as soon as possible and top finishers will be announced

## Awards

Top 6 places will be awarded ribbons in each event at the conclusion of the meet

## Concessions

Food, Drinks, and Invitational T-Shirts will be available for purchase

|                          |                                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Facilities</b>        | 6-lane all-weather surface<br>Two horizontal jumping areas with all-weather surface runways<br>One high jump and one pole vault area with all-weather surface/runway<br>One shot put and one discus area with concrete throwing surfaces<br>“Home” and “Away” bleachers for spectators and athletes<br>Adjustable starting blocks will be available. Spikes limited to ¼” please                        |
| <b>Directions</b>        | <p><b>From South:</b> Transit Rd. (NY-78) into the City of Lockport, make a Right onto High St. followed by another Right onto Beattie Ave. and a Left into the Emmet Belknap parking lot at Oak St.</p> <p><b>From East:</b> Traveling on NY-31 make a left onto Davison Rd., then turn right onto High St. Make a Left onto Beattie Ave. and a Left into the Emmet Belknap parking lot at Oak St.</p> |
| <b>BUSES and PARKING</b> | <p><b>NO BUSES</b> should be in the parking lot located to the South of the stadium at the Board of Education. This lot will be used for additional spectator parking only. All buses should park in the school parking lot located North of the track.</p>                                                                                                                                             |

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## ORDER OF EVENTS

All sections on the track will be run as timed finals and seeded fast to fastest

\*1-hour open pit for Long Jump and Triple Jump (4 attempts each)/ No Finals

\*Shot Put and Discus will be done in flights (4 attempts each)/ No Finals

Coaches Meeting at 9:30am at the Start/Finish Line

### Track and Field Events Start at 10:00am\*

#### TRACK EVENTS

*GIRLS followed by BOYS*

100m/110m High Hurdles

3000m/3200m

100m

400m

1500m/1600m

400m Intermediate Hurdles

800m

200m

4x800m Relay (1 Heat Waterfall Start)

4x100m Relay

4x400m Relay (Possible 1 Heat Waterfall Start)

#### FIELD EVENTS

*GIRLS followed by BOYS*

Discus

Triple Jump

High Jump (Girls 3-6/ Boys 4-6)

*BOYS followed by GIRLS*

Shot Put

Long Jump

Pole Vault (Girls 5-0 /Boys 7-0)

Based on numbers of entries we may combine 4x800m Relays and 3000/3200m Runs





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