Max D. Lederer Junior Varsity Track and Field Invitational



Saturday, May 3rd, 2024 - 10:00am start Emmet Belknap Intermediate School Lockport, New York



Contact

Tim Willett - Head Coach (716) 478-4451 ext. 5238 twillett@lockportschools.net

Mike Sobieraski - Athletic Director

(716) 478-4473

msobieraski@lockportschools.net

Entry

Coaches please e-mail Tim Willett (twillett@lockportschools.net) by Friday, April 25th, 2025 with your intent to participate

Register all athletes using ny.milesplit.com by Thu. May 1st, 2025 @ 10pm

The meet will be listed under the calendar

Please ensure the accuracy of your lineup. Scratches only at the meet please.

Entry Limits

Please use discretion when entering athletes for this meet.

4 Individuals in each event (maximum 4 events per athlete)

1 Relay per school

Entry Fee

\$200 per school. Checks payable to:

Lockport Track and Field Booster Club

Send Payment to: Mike Sobieraski - Athletic Director

Lockport High School 250 Lincoln Avenue Lockport, NY 14094

Timing/Results

Hand timing will be used for this meet

Results will be posted as soon as possible and top finishers will be announced

Awards

Top 6 places will be awarded ribbons in each event at the conclusion of the meet

Concessions

Food, Drinks, and Invitational T-Shirts will be available for purchase \$20

Facilities 6-lane all-weather surface

Two horizontal jumping areas with all-weather surface runways

One high jump and one pole vault area with all-weather surface/runway One shot put and one discus area with concrete throwing surfaces

"Home" and "Away" bleachers for spectators and athletes

Adjustable starting blocks will be available. Spikes limited to 1/4" please

Directions From South: Transit Rd. (NY-78) into the City of Lockport, make a Right onto

High St. followed by another Right onto Beattie Ave. and a Left into the Emmet

Belknap parking lot at Oak St.

From East: Traveling on NY-31 make a left onto Davison Rd., then turn right onto High St. Make a Left onto Beattie Ave. and a Left into the Emmet Belknap parking

lot at Oak St.

BUSES and PARKING

NO BUSES should be in the parking lot located to the South of the stadium at the Board of Education. This lot will be used for additional spectator parking only. All buses should park in the school parking lot located North of the track.

ORDER OF EVENTS

All sections on the track will be run as timed finals and seeded fast to fastest *1-hour open pit for Long Jump and Triple Jump (4 attempts each)/ No Finals *Shot Put and Discus will be done in flights (4 attempts each)/ No Finals Coaches Meeting at 9:30am at the Start/Finish Line

Track and Field Events Start at 10:00am*

TRACK EVENTS FIELD EVENTS

GIRLS followed by BOYS GIRLS followed by BOYS

Exhibition 800/1600m Racewalk - 9:45am Discus
100m/110m High Hurdles Triple Jump

3000m/3200m High Jump (Girls 3-6/ Boys 4-6)

100m 400m

1500m/1600m BOYS followed by GIRLS

400m Intermediate Hurdles Shot Put 800m Long Jump

200m Pole Vault (Girls 5-0 /Boys 7-0)

4x800m Relay (1 Heat Waterfall Start)

4x100m Relay

4x400m Relay (1 Heat Waterfall Start)

Based on numbers of entries we may combine 4x800m Relays and 3000/3200m Runs









Max D. Lederer JV Invitational

Emmet Belknap Intermediate School - Lockport, NY

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