



Dear ERA families,

Hi. My name is Jenn Grabe or Nurse Jenn, and I am the school nurse at Eno River Academy for K-12. My goal is for students to be safe, healthy and happy during their time here at school. Please let me know if your child has any health concerns or needs for medications (Over-the-counter or Prescription) while at school.

I am here to support your child(ren), and I love working with staff, students and families to promote safety and wellness, assist with management of chronic health conditions, and provide health education. Please feel free to contact me at the below contact information if you have any questions or need anything at all.

Thank you,

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## SCHOOL HEALTH PROGRAM

### Eno River Academy

The goal of the School Health Program is to help your child stay as healthy as possible, allowing them to develop their full academic potential – **“healthy children learn better.”** The following information is intended to provide you with necessary school health information.

- According to NC Immunization law, each child must have a Certificate of Immunization on file with the school within the first thirty (30) calendar days of school to avoid exclusion, [NC School Required Vaccines](#).
- According to NC law, each student entering kindergarten or **entering NC public school for the first time**, must have a physical [health assessment](#) on file with the school within the first (30) calendar days of entry to avoid exclusion..
- Any student who requires medication at school must have a medication authorization form completed by a physician. This form must be completed for prescription, self-carry, and over-the-counter medications. These medications can include, but are not limited to, Tylenol, Ibuprofen, cough medicines, eye drops, nasal sprays and herbal medications.
- Children who have been diagnosed with certain communicable diseases should not return to school until they have been treated appropriately. For example, a student with strep throat should not return until he/she has received antibiotic treatment for 24 hours.
- Students should not be sent to school with a temperature greater than 100°, if they have been vomiting, if they are having diarrhea (more than 3x in 24 hours) or don't feel well enough to make it through the school day. Students who develop these symptoms during the school day will be sent home. They should not return to school until they have been fever/vomiting/diarrhea-free for 24 hours without the use of fever-reducing medications **and** are feeling better with symptoms improving.
- Any child who has a chronic health condition (such as asthma, diabetes, etc.) or a severe allergy (such as a non-food allergy, food allergy, etc.) should have an emergency health care plan at school. The School Nurse will work with the parent/legal custodian to complete this plan.
- Please contact the School Nurse with information regarding chronic illness, surgery, communicable disease or any significant change in your child's health status. The School Nurse may need to make a health plan to ease the child's condition at school and/or support classroom accommodations. If your student sustains a concussion, notify the School Nurse to initiate a [Return to Learn plan of care](#).
- There may be times when your child becomes sick or injured at school. The school must be able to contact you immediately. Please be sure all contact information is up-to-date in Infinite Campus.

