

The Divine River of Light

New book: Vol 3, page 229

Old book: Vol 3, pages 380-1

This is one of the most powerful Linear Qi Flow techniques. It both purges and tonifies on multiple levels. Even though it is a powerful technique, it is a very non-specific treatment and not as refined as other treatments designed to address specific issues in the body. Hence, you may choose to use specific treatment protocols if specific things need to be addressed at a much smaller, more specific, or more subtle scale. You may also find that you get more information about the patient's condition when you do specific treatment protocols instead of the Divine River of Light which enables you to give the patient more feedback to empower them to make changes and heal themselves. The Divine River of Light is often used when treating cases of severe atrophy and terminal disease, especially when there is nothing more you can do for a person. It is often listed as a part of the prescribed cancer protocols and it is particularly useful because it can address metastasis better than more targeted treatment protocols. That said, it is important to know if the patient's condition is supported by both purging and tonifying given this treatment does both. This is also a good technique to end a session with. The purpose of this technique is to rebuild the energy that supports and maintains the patient's Three Bodies (physical, energetic, and spiritual). This technique can also be adapted in order to clear objects (e.g. mirrors, large objects such as entire houses).

- 1) Stand at the patient's head, raise your arms, and connect with the Divine. Ask for and intend that a divine river of white light flows down into your crown, fills and illuminates your Taiji Pole, fills your lower dantian, and expands to fill your Three Bodies. Invite this divine river flowing into your lower dantian to flow up your chest, down your arms, and to rush out of your palms. After establishing this connection and feeling the strong flow of this divine light filling you up and flowing through you, using Fan Palms, direct your two open palms towards the head of the patient. During this treatment, stay in connection with the Divine River of Light, keeping your lower dantian full, and the flow coming through your palms so that the flow of the healing light is coming continuously and unimpeded directly from the Divine.
- 2) Intend that this divine river rush over the patient's tissues with a mighty force, flowing through them and washing, cleaning, and purifying them from head to toe before dropping into the energetic vortex and being transformed by the earth. Place your focus sequentially on each of the Three Bodies in the following order until each has been completely purged of anything that is not supporting their highest good. Imagine and feel the patient's toxic Qi within that field dissolving and washing away into the earth with this river of light.
 - a. Physical Body (energy field and tissues)
 - b. Energy Body
 - c. Spirit Body
- 3) You will then shift your focus on rebuilding each of the Three Bodies. Progressing one at a time, intend that each of these bodies completely rebuild as the Divine River of Light washes over and reconstructs the matrix of the field and tissues. Intend for the field and tissues to become more aligned to health, stronger, and more vibrant. Move through the Bodies in the following order:

- a. Spirit Body
 - b. Energy Body
 - c. Physical Body (energy field and tissues)
- 4) Place your focus simultaneously on all three Bodies and intend that they become aligned, integrated, and holistic in order to work together seamlessly for the greatest good of the patient. Finally, disconnect from the Divine River of Light as you move on to the next portion of the session.
- 5) If you finish the session with this technique, perform a regulating technique such as guiding the Qi through the Microcosmic Orbit in the patient before closing the session.