

## P.E. Curriculum Overview

Subject Intent

P.E. at Byfleet Primary School is designed to be challenging and progressive to allow the children to develop their mental and physical ability alongside understanding the physiological impact of exercise on their bodies. P.E. at Byfleet aims to provide children with the opportunity to compete at various levels in a variety of different sports and activities.





	Autumn Term		Spring Term		Summer Term	
Pacantian	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance:	Games: Unit 1	Gymnastics: Unit 2	Ball Skills: Unit 2
Reception	Fundamentals: Unit 2	Ball Skills: Unit 1				
Year 1	Fundamentals	Gymnastics	Dance	Invasion	Athletics	Striking and Fielding
Year 2	Fundamentals	Gymnastics	Dance	Invasion	Athletics	Striking and Fielding
Year 3	Fundamentals	Ball Skills	Fitness	Gymnastics	Cricket	Athletics
Year 4	Football	Dance	Fitness	Gymnastics	Rounders	Athletics
Year 5	Tag Rugby	Dodgeball	Fitness	Gymnastics	Tennis	Athletics
Year 6	Netball	OAA	Fitness	Gymnastics	Volleyball	Athletics