



## English Corner Presents **Cooking**

An important part of our daily pattern of life is cooking. Cooking is an important way to take care of ourselves and to show our love for friends and family. Today let's use English to learn from each other about cooking.

1. Describe a memorable meal.
2. What is your favourite dish to cook? Can you describe how it is prepared? Why do you enjoy preparing this dish?
3. Discuss the following statement:

*Cooking demands attention, patience, and above all, respect for the gifts of the earth. It is a form of worship, a way of giving thanks.*

4. Is it important that everyone knows how to cook?
5. Currently, do you cook less often or more often than you prefer? Why?
6. Are we satisfied with the ingredients we can find in your neighbourhood? If not, what can be done to improve their abundance and quality?
7. Explore the meaning of the words below, then make sentences with them:

Expect  
Sufficient

Refrain  
Generous

Impatient  
Prosper

Convenience  
Appreciate

8. Now that we have reflected together, do we plan to approach cooking differently going forward? If so, how?