# **Counseling Resources**

## Darlene Curry L.P.C. (counselor)

Gruver, TX

806-736-0463

#### **Area of Focus**

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships, Responsible Decision Making

### Lourdes Puebla (counselor) (spanish speaking)

Gruver, TX

972-757-2142

806-298-6609

### Rebecca Mathews (counselor)

Gruver/Perryton

806-338-0166/ rebecca a mathews@outlook.com

### **Natalie Wagner** (counselor)

Perryton

806-228-6845

#### Panhandle Services for Children

Guymon, OK

580-338-7082

# Panhandle Counseling and Health Center

Guymon, OK

(580) 338-0072

# Perryton Health Center

311 S. Main Street

Perryton, TX

806-435-7224

#### Area of Focus

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices

### Panhandle Crisis Center, Inc.

301 S. Ash

Perryton, TX

800-753-5308

#### Area of Focus

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships, Responsible Decision Making Suicide Prevention, Intervention & Postvention

# Campus Alliance for Telehealth Resources

http://www.ttuhsc.edu/catr/default.aspx

Dr. Jennifer Rojas-McWhinney

<u>i.rojas-mcwhinney@ttuhsc.edu</u>

806-743-2440

#### **Area of Focus**

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices Positive Youth Development Skill Building Related to Managing Emotions,

Establishing and Maintaining Relationships, Responsible Decision Making Substance Abuse Prevention and Intervention Suicide Prevention, Intervention & Postvention

### Texas Panhandle Centers Behavioral & Developmental Health

311 S. Main Street

Perryton, TX

(806) 435-3671

#### **Area of Focus**

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices Positive Behavior Interventions and Supports Positive Youth Development Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships, Responsible Decision Making Substance Abuse Prevention and Intervention Suicide Prevention, Intervention & Postvention

# Texas Panhandle Centers Behavioral & Developmental Health

Borger, TX

(806) 274-2297

# Hope and Healing Place

1721S. Tyler

Amarillo, TX

806-371-8998

#### **Area of Focus**

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships, Responsible Decision Making Suicide Prevention, Intervention & Postvention

#### Catholic Charities of the Texas Panhandle

2004 N. Spring Street

Amarillo, TX

806-376-4571

#### **Area of Focus**

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships, Responsible Decision Making

### New Hope Pampa Counseling

Pampa, TX

(806) 440-2978

# Family Support Services

http://fss-ama.org/

806-342-2500

7136 I-40 W. Frontage Rd, Park West Building B

Amarillo, TX 79106

#### **Area of Focus**

Early Mental Health Prevention and Intervention Grief-Informed and Trauma Informed Practices Positive Behavior Interventions and Supports Positive Youth Development Safe, Supportive & Positive School Climate Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships, Responsible Decision Making Substance Abuse Prevention and Intervention Suicide Prevention, Intervention & Postvention

Jana Ivey

940-231-0885

janaivey@gmail.com

(She comes to Gruver)

Dr. Ruben Mendoza (Psychologist)

Amarillo, TX

806-354-8300

Dr. Erin Avirett (Psychologist)

Amarillo, TX

806-513-2008

Dr. Steven Schneider (Psychologist)

Amarillo, TX

806-342-3900