

# Runnemedes Public School District




## *From the Desk of the School Nurse*

### Moderate Risk/**Yellow Zone** for Camden County



Please check your child daily prior to sending to school:

Please review the following chart for your reference.

Does your child have <b>TWO</b> of these symptoms?	Does your child have <b>ONE</b> of these symptoms?	If your child is called out sick with <b>ONE</b> or <b>TWO</b> symptoms or sent home from school with symptoms, then your child will need this to return:
<ul style="list-style-type: none"><li>● fever (measure or subjective)</li><li>● chills</li><li>● rigors (shivers)</li><li>● myalgia (muscle aches)</li><li>● headache</li><li>● sore throat</li><li>● nausea or vomiting,</li><li>● diarrhea</li><li>● fatigue</li><li>● congestion or runny nose</li></ul>	<ul style="list-style-type: none"><li>● <b>cough</b></li><li>● shortness of breath</li><li>● difficulty breathing</li><li>● Loss of taste or smell</li></ul>	<ul style="list-style-type: none"><li>● <b>Covid-19 PCR</b>/send out lab test. (No rapid tests accepted)</li><li>● <b>If not testing</b>, then to remain in isolation at home for <b>10 days and work remotely</b>.</li><li>● If given an alternate diagnosis/doctor's note it must be accompanied with a negative Covid-19 PCR test</li></ul>
<p><b>What do I need to do?</b></p> <ul style="list-style-type: none"><li>● <b>Keep your child at home</b> and away from other individuals.</li><li>● Please understand that <b>ALL siblings will need to be kept home</b> until your child has the required documentation to return to school.</li><li>● <b>Call the attendance line</b> and leave a message indicating <b>all of your child's symptoms</b>.</li><li>● <b>Call the school nurse</b> for guidance for your child to return to school. The nurse will give you an expected date of return.</li></ul>	<ul style="list-style-type: none"><li>● <b>Email</b> a picture or drop off any doctor notes or Covid-19 tests to the school nurse.</li><li>● <b>Update the school nurse</b> on any changes during your child's illness or other members in the household.</li><li>● <b>Please continue to report any positive Covid-19 cases</b> in your household to the nurse as soon as possible. (<b>Both In-person and Remote students</b>)</li></ul>	<p> <b>Bingham School Nurse</b> <a href="mailto:lgreenwood@runnemedeschools.org">lgreenwood@runnemedeschools.org</a> <b>Phone:</b> 856-939-3192 x303 <b>Fax:</b> 856-939-5423</p> <p> <b>Downing School Nurse</b> <a href="mailto:kfeldman@runnemedeschools.org">kfeldman@runnemedeschools.org</a> <b>Phone:</b> 856-939-4036 x403 <b>Fax:</b> 856-939-5438</p> <p> <b>Volz School Nurse</b> <a href="mailto:ckerslake@runnemedeschools.org">ckerslake@runnemedeschools.org</a> <b>Phone:</b> 856-931-5353 x222 <b>Fax:</b> 856-931-1827</p>

**If you have any questions or concerns feel free to reach out to the school nurse or building principal at any time.**

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