



Feb 21, 2025

Good morning, Cabin John Cougars! Happy Friday! This is Ms. Snider with your morning announcements. Today is February 21st, which means it is National Sticky Bun Day! Hope you all enjoy a sweet treat on this cold Friday!

([National Day Website](#))

Black History Month Moment:

We are continuing to celebrate Black History Month with our Black History Month Moment of the day and today we would like to share some amazing achievements by African Americans that you may not have known about:

To continue the recognition of Black History Month, we wanted to recognize some amazing achievements by African Americans that you may not have known about. On this day in 1997, less than 30 years ago(!), the Virginia House of Delegates voted unanimously to retire the state song, Carry me back to old virginia, a tune which glorifies slavery.

On this date February 21st ([link to website](#))

1965: Malcolm X, who articulated concepts of racial pride and black nationalism in the United States, was assassinated on this day in 1965 and became an ideological hero after the posthumous release of *The Autobiography of Malcolm X*.

Cabin John Announcements

Minority Scholars Program: Congratulations to our Minority Scholars Program members who are finalists in the MCPS antiracism film festival! We are so proud of you! Good luck in the final round!

Model UN: Our Model UN Spring Session is here! We invite new and former students to join us for our final 8-week session of the year. Model United Nations (or Model UN) is an authentic simulation of the United Nations General Assembly in which students act as country delegates and engage in acts of diplomacy, negotiation, and decision making. The Cabin John Model UN program is open to all CJMS students. Check out the CJMS website for more information!

Black History Heritage Month Celebration: Come join us as we celebrate Black History Heritage Month. We want to take a moment to acknowledge and honor the countless contributions that Black individuals have made to our society, both past and present. That said, you're cordially invited to the Cabin John Middle School Annual Black History Heritage Celebration. This year's celebration will be held Friday, February 28,

2025, at 7:00 p.m. in the CJMS cafeteria. Please come out to celebrate, network, and hear some great performances. All are welcome to attend so bring the whole family.

Girls on the Run: Attention: Girls on the Run is back! Please visit the CJMS website if you're interested in participating. Registration closes on March 20th. If you have any questions, please email Ms. Rogers or see her in room 1201.

Science Bowl: The CJMS Science Bowl Team is getting ready for their first competition in a few weeks and are looking for a few more members to join the team! If you think you might be interested, please contact Ms. McCutcheon in Room 2208 for more information asap!

Pledge of Allegiance

At this time, please stand for the pledge of allegiance:

I pledge allegiance to the flag of the United States of America
and to the Republic for which it stands, one Nation
under God, indivisible, with liberty and justice for all.

Quote/Question of the Day:

Every time you state what you want or believe, you're the first to hear it. It's a message to both you and others about what you think is possible. Don't put a ceiling on yourself." —Oprah Winfrey