



Daily Prayer Guide

Wednesday

Morning Intercession Topic: *Eyes to See and Hands to Act - Fenkell/Dexter*

Evening Prayer and Communion Topic: *Lord of the Sabbath*

Morning Intercession

We want to turn our attention to the community where our church has been planted - the Hope Village community. Visit this link and ask the Holy Spirit to draw your attention to anything that you should be praying about during your time:

<https://www.theneighborhoods.org/neighborhoods/dexter-fenkell>)

Write down the items that caught your attention and post them in the chat if you are on zoom. Feel free to ask someone who lives in this area if they are aware of specific prayer needs

Here are some ideas to guide your prayer time. Please pray as you are led!

- Pray for the safety and success of the community - Jeremiah 29:5-7
- Pray to see where God is already at work and for greater insights - Phil 1:2-6
- Pray for Detroit Church to be visible, to be vocal, and to be God's ambassadors - 2 Corinthians 5: 18-20
- Pray for the 5-fold ministry to be strengthened so the body can be equipped to do God's work in the community - Ephesians 4: 11-13
- Pray for purity of motivation and desire to serve in this neighborhood - Psalm 51:10
- Pray that the other ministries and organizations in this community would have the resources to continue to serve this community and for our relationship with them - Ephesians 4: 2-4
- Pray for sustainable and authentic relationships between Detroit Church and our neighbors (residents, school leaders, politicians, families, and leaders) - Romans 12:16 (NLT); Psalms 133:1; Mark 12:30-31

Please join us for evening prayer at 8:30 pm and share your prayers, creations, and reflections on <https://padlet.com/detroitchurch/enterhisrest> during each day of the fast. Look for opportunities this week to see God and represent Him!

Evening Prayer Guide

Each night during the fast, we will gather on zoom to Sabbath together for a short period of time. This should be a time of enjoying God's creation in peace and fellowship with Him. In our evening gatherings, we will center the idea of "**Sabbath with our Family at Home.**" We will end each night with communion. In this way, we will celebrate Jesus, our Rest.

1. If possible, create a peaceful atmosphere at home. You can play instrumental worship music, play a white noise machine, light candles or dim the lights, etc. Invite God's presence into this space and time.
2. Pray a prayer or sing a song of praise and thanksgiving for the day.
3. Read and pray through the scriptures related to *Jesus, the Lord of the Sabbath*

Isaiah 56:1-2

1 Thus says the Lord:

"Keep justice, and do righteousness,
for soon my salvation will come,
and my righteousness be revealed.

2 Blessed is the man who does this,
and the son of man who holds it fast,
who keeps the Sabbath, not profaning it,
and keeps his hand from doing any evil."

Matthew 12:1-14

At that time Jesus went through the grainfields on the Sabbath. His disciples were hungry, and they began to pluck heads of grain and to eat. 2 But when the Pharisees saw it, they said to him, "Look, your disciples are doing what is not lawful to do on the Sabbath." 3 He said to them, "Have you not read what David did when he was hungry, and those who were with him: 4 how he entered the house of God and ate the bread of the Presence, which it was not lawful for him to eat nor for those who were with him, but only for the priests? 5 Or have you not read in the Law how on the Sabbath the priests in the temple profane the Sabbath and are guiltless? 6 I tell you, something greater than the temple is here. 7 And if you had known what this means, 'I desire mercy, and not sacrifice,' you would not have condemned the guiltless. 8 For the Son of Man is lord of the Sabbath."

Matthew 11:25-28

25 At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; 26 yes, Father, for such was your gracious will.[a] 27 All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. 28 Come to me, all who labor and are heavy laden, and I will give you rest.

4. Take communion as a family

You will need: Bread, juice or wine, Scripture



John 6:53-58

Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. For my flesh is real food and my blood is real drink. Whoever eats my flesh and drinks my blood remains in me, and I in them. **Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of Me.** This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever."

Communion Prayer:

Lord, you are our Rest! You are our tabernacle in the wilderness of life. You are the appointed one, whose death and resurrection made way for our reconciliation to God. You are our all-sufficient rest from sin. Thank you Jesus for your body, broken for me, and for your blood, shed for me.

Each time I take communion, Lord, I want to recommit my life, my heart, my thoughts, my everything to You. Lord, examine my heart and reveal to me if I have any unrepented-of sin; any unconfessed sin. (Pause, Listen, and Repent and confess, then pick up your elements).

Then take one piece of bread or cracker and eat it.
After that, take a sip of grape juice.

Thank you Jesus for Your sacrifice; for forgiving our sins; for saving us. Take a moment to thank him for anything else that comes to mind!

Good night, Jesus. Good night family. Please join us for intercession at 6:30 am and share your prayers, creations, and reflections on <https://padlet.com/detroitchurch/enterhisrest> during each day of the fast.