# October 13th Foundations Class: The Life of Jesus

## Jesus, Our Savior

- 1. What does Jesus save us from?
  - a. He saves us from the penalty of sin, power of darkness (Satan), and death.
    - i. Sin Romans 6:23
    - ii. Power of Darkness/Satan Acts 26:16a,18
    - iii. Death 1 Corinthians 15:55-57
- 2. How does Jesus save us?
  - a. By dying on the cross, appeasing God's wrath
    - i. Colossians 2:14 Nailed to the cross
    - ii. Romans 5:8-10 Christ died for us, justifying us and reconciling us to God
    - iii. 1 John 2:1-2 He is our atoning sacrifice, appeasing God's wrath.
- 3. Could only Jesus be our Savior? Yes. But why?
  - a. Because only Jesus was a human who lived a perfect life, disarmed the power of darkness, and conquered death.
    - i. Our Savior had to be human Hebrews 2:14-18
    - ii. Our Savior has to live a perfect life 2 Corinthians 5:21, Hebrews 4:15
    - iii. Our Savior had to disarm darkness Colossians 2:15
    - iv. Our Savior had to conquer Death Revelation 1:18
- 4. How does God want us to respond?
  - a. Repent and believe
    - i. Acts 20:21 they are two sides of the same coin
    - ii. Matthew 4:17 Jesus says repent
    - iii. John 6:29 Jesus says believe
    - iv. Acts 10:42-43 Peter says belief and repentance go together
    - v. Romans 10:9-10 Paul says repent and believe

# Reflect and share with your group:

- 1. A friend comes to you who is not a believer and says that with everything going on in the world, they've been thinking a lot about God and a higher power. How would you share the good news of the gospel with them?
- 2. A believing friend comes to you feeling rejected by some in their community, because those in their community take offense that your friend believes that it is only through Jesus that there is eternal life. How would you encourage your friend in the truth that only Jesus could be their savior and why it's important that only Jesus can fulfill that role?

3. What take-aways do you have from Tommy's teaching?

## Jesus, Our Sanctifier

#### **Sanctification:**

The process of being made holy and righteous (into His image), through the death and resurrection of Jesus. This is an ongoing, lifelong journey.

#### **Scripture References:**

1 Corinthians 6:11b 2 Corinthians 5:17 John 17:11-19

#### There are two main parts to sanctification:

1. Positional Sanctification: God separates believers, at the time of their conversion, as holy vessels. He views them as perfectly righteous because of their faith in Jesus who bore their sins.

Hebrews 10:10, 14

1 Corinthians 1:2, 5-6

2. Progressive sanctification: The lifelong process of the Holy Spirit's work in transforming the believer into the image and likeness of Christ. This includes producing the fruit of the Spirit in character development and behavior.

2 Corinthians 3:18

Philippians 1:9-11

# Reflect and share with your group:

- 1. Where has Jesus, through the work of the Holy Spirit, been working in your heart and life currently? Who in your life can you share this with? (Make a list of non-believers, seekers, and believers)
- 2. A new believer is sharing with you that they feel inadequate because you seem to "have it all together". How would you share the ongoing process of sanctification with them using your own personal experience above?
- 3. What take-aways do you have from Barbara's teaching?

# Stations: Jesus, Our Healer

For <u>ONE</u> station, answer the following questions individually: If you are online, your online host will give you which station to review. Note any areas where you need help.

- 1. What from this passage showed you who Jesus is: His character and His heart? Is there anything in the way of receiving this truth about Jesus as healer freshly?
- 2. What was the main concept shared about who Jesus is from your station? Was the messaging clear and easy to understand?
- 3. How would you share the insight and impact from this passage with someone in your life?
  - a. Choose someone who could be encouraged from hearing this particular passage.
  - b. What insight and impact from your own life would be beneficial for them to hear?
  - c. How would Jesus call them to respond?

## Now work with your group to complete the following tasks:

1. Your group will be given <u>ONE</u> station listed below to discuss together.

Station #1: Jesus' Healing is Unyielding, Luke 6:6-11

Station #2: Saying Yes to the Healing of Jesus, *John 5:2-9* 

Station #3: Jesus as Healer, James 5:16 and Matthew 9:2

Station #4: Healing Everyone Who Touched Him, Matthew 14:34-36

Station #5: Jesus as the Healer, *Matthew 8:1-3* 

Station #6: The Power of Faith and Abundant Grace, Mark 10:46-52

- 2. Someone you know who is not a believer shares that they have a need for healing.
- 3. As a group, talk through how you would share with them the following:
  - a. That Jesus is Healer, and all He asks of them is to believe in Him.
  - b. The passage used on your handout.
- 4. Choose another passage from the gospels that shares the love of Jesus in the way that He desires to heal those He encounters. How would you share this passage with that person as well?
- 5. The person you are speaking to is receptive to the good news that you have shared with them. How would you lead them to profess their faith in Jesus? How would you then proceed to pray for them, that they would experience the healing that Jesus offers them?

# Station 1: Jesus' Healing is Unyielding

### **Luke 6:6-11**

On another Sabbath, he entered the synagogue and was teaching, and a man was there whose right hand was withered. And the scribes and the Pharisees watched him, to see whether he would heal on the Sabbath, so that they might find a reason to accuse him. But he knew their thoughts, and he said to the man with the withered hand, "Come and stand here." And he rose and stood there. And Jesus said to them, "I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?" And after looking around at them all he said to him, "Stretch out your hand." And he did so, and his hand was restored. But they were filled with fury and discussed with one another what they might do to Jesus.

### **Insight:**

During this time, there were many rules and regulations about working on the Sabbath, which included when it was allowed to heal someone. The authorities on these laws, the Pharisees, showed up to Jesus' teachings to see if He would break the rules in order to get Him in trouble. And in the face of both breaking the law and angering the Pharisees, Jesus chooses to heal the man anyways.

# **Impact:**

I'm drawn to this passage because it shows how Jesus does not let circumstances stop His ability to heal others. When He has the choice of doing good and healing the man, or instead taking a step back and avoiding the anger of the Pharisees, Jesus doesn't think twice. This shows me how He will heal in the face of any circumstance or opposition.

## **Call to Action:**

How often do we give ourselves a reason to avoid reaching out to someone, either for our own illnesses and pain or because we see someone else's? Even when that reason is real, Jesus' love and ability to heal is above any reason, any circumstance, any opposition. Don't be stopped. Instead, turn to Him and ask for healing in any situation.

# Station 2: Saying Yes to the Healing of Jesus

## John 5:2-9

"Now there is in Jerusalem by the Sheep Gate a pool, in Aramaic called Bethesda, which has five roofed colonnades. In these lay a multitude of invalids - blind, lame, and paralyzed. One man was there who had been an invalid for thirty-eight years. When Jesus saw him lying there and knew that he had already been there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no one to put me into the pool when the water is stirred up, and while I am going another steps down before me." Jesus said to him, "Get up, take up your bed, and walk." And at once the man was healed, and he took up his bed and walked."

## **Insight:**

The man at the pool of Bethesda had been there a long long time. You can hear the discouragement and frustration in his reply to Jesus regarding his efforts to get into the stirred water. How desolate a place to be. He had no apparent way out and no hope for his situation to change. He was stuck. Then...there...was...Jesus... Jesus saw him and his discouraging situation. He asks "do you want to be healed?" The man's answer was telling. He had been trying for years, but was alone in his efforts. Jesus offered him hope and a way out. He lovingly heals his physical body but also his heart too. He is not alone, he does have hope and Jesus loved him.

# **Impact:**

I have been impacted by Jesus asking me the same question. Not audibly, but when asking for healing of fear and anxiety, and for feeling unseen and alone, He provided a way out by reconnecting me with a friend who became my spiritual mentor. I said yes to the question and took my first step into freedom by seeking out and participating in retreats offered to me along with study programs. But most of all, seeking His face through it all was what changed my life. My "yes" to His invitation has changed my life powerfully. I'm so grateful.

#### **Call to Action:**

Recently I heard someone say... "God can't heal what He can't touch, not because He's not powerful enough, but because He desires our hearts to be open." He desires us to choose Him and His healing power. Where is He asking you to say yes to Him? He's waiting for you.

# Station 3: Jesus as Healer

#### **James 5:16**

"Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working."

#### Matthew 9:2

"And behold, some people brought to him a paralytic, lying on a bed. And when Jesus saw their faith, he said to the paralytic, "Take heart, my son; your sins are forgiven."

### **Insight:**

After going through deliverance last year, many of us were able to experience and see, first hand, how healing can come through Jesus. Leading up to the course, we first completed the workbook, which gave us a step-by-step method to prepare ourselves and our hearts for healing. We had first to confess our sins and then pray for one another in order to have healing begin. Many of us experienced not only healing but also witnessed healing in others as well.

## **Impact:**

Experiencing and watching breakthrough healing is life changing. For those of us who were able to participate in being healed and witnessed Jesus healing others, it was incredible to experience. After the spiritual healing was done, physical healing could also begin, but not before. Without the confession of sins, however, healing cannot begin at all.

## **Call to Action:**

If you have not yet experienced deliverance, do so! Additionally, encourage others in our groups to do so too. Continue to pray for healing for those in our groups, and start/continue praise reports and prayer requests. Track them and share them in an app like Whatsapp, so that group members who cannot make meetings can also join in this confession and prayer.

# **Station 4: Healing Everyone Who Touched Him**

## **Matthew 14:34-36**

"And when they had crossed over, they came to land at Gennesaret. And when the men of that place recognized him, they sent around to all that region and brought to him all who were sick and implored him that they might only touch the fringe of his garment. And as many as touched it were made well."

### **Insight:**

The men in Gennesaret recognized Jesus as a healer, and they brought all of their sick family members and friends to Him. It is interesting to note that these people believed that Jesus's healing power was so strong that it was only necessary to touch the fringe of His garment in order to receive healing. Their faith in the power of Jesus to heal resulted in the healing of everyone who touched Jesus's garment.

# **Impact:**

The truth that Jesus healed EVERYONE who touched His garment gives me boldness and eagerness to go to Jesus to ask for healing. It also inspires me to bring others to Jesus so that they can be healed as well.

#### **Call to Action:**

This passage reminds us that Jesus doesn't require us to have huge amounts of faith or heroic actions in order to receive His divine healing and love. He simply wants us to desire to get near Him and to "touch the fringe of His garment." More than that, He welcomes us with open arms and invites us to touch not just the fringe of His garment, but to come closer and to touch His nail-pierced hands and to receive His loving embrace. He invites us to repent and to receive the forgiveness that He so freely offers and the love and divine healing that He has for every one of us.

# Station 5: Jesus as the Healer

#### **Matthew 8:1-3**

"When he came down from the mountain, great crowds followed him. And behold, a leper came to him and knelt before him, saying, 'Lord, if you will, you can make me clean.' And Jesus stretched out his hand and touched him, saying, 'I will; be clean.' And immediately his leprosy was cleansed. And Jesus said to him, 'See that you say nothing to anyone, but go, show yourself to the priest and offer the gift that Moses commanded, for a proof to them."

### **Insight:**

*The Leper's Faith:* The leper's plea, "Lord, if you are willing, you can make me clean," is not a lack of faith, but an example of strong faith. The leper knew and believed Jesus could heal him, but he wasn't sure that Jesus would heal him. His faith shows his complete trust in Christ's willingness to show grace and mercy.

Jesus' Willingness to Heal: Jesus' loving and direct response, "I am willing; be cleansed," shows His willingness to show mercy and to heal those who seek Him. How many of us call Jesus "Lord" but fail to practice our faith by believing in Him. When we fail to practice our faith in this way, it shows a faith that is weaker than the leper's. Jesus has power over all diseases and is compassionate to those who are suffering. This fulfills the prophecy of the suffering servant from Isaiah 53, who would bear the sins of the world. Jesus is pure and holy; rather than being defiled by the lepers and His touch makes the leper clean.

*Fulfillment of the Law:* By touching and healing the leper, Jesus demonstrated His fulfillment of the Law, including the ceremonial laws pertaining to lepers.

# **Impact:**

God is willing! We need only to ask and believe. I struggle, as I believe in my mind, but it doesn't always reach my heart. The fear of Jesus not answering somehow keeps me from asking the One who loves me more than I could ever comprehend.

# **Jesus Calling:**

Lord Jesus, I ask that you would forgive me for my unbelief and for entertaining the fear that You won't hear me, heal me, and restore me. I lay this down at your feet. I choose to believe and trust you. I receive Your great love for me and ask that You would give me Your

heart to love others as You love me. Amen!

# Station 6: The Power of Faith and Abundant Grace

#### Mark 10:46-52

"And they came to Jericho. And as he was leaving Jericho with his disciples and a great crowd, Bartimaeus, a blind beggar, the son of Timaeus, was sitting by the roadside. And when he heard that it was Jesus of Nazareth, he began to cry out and say, 'Jesus, Son of David, have mercy on me!' And many rebuked him, telling him to be silent. But he cried out all the more, 'Son of David, have mercy on me!' And Jesus stopped and said, 'Call him.' And they called the blind man, saying to him, 'Take heart. Get up; he is calling you.' And throwing off his cloak, he sprang up and came to Jesus. And Jesus said to him, 'What do you want me to do for you?' And the blind man said to him, 'Rabbi, let me recover my sight.' And Jesus said to him, 'Go your way; your faith has made you well.' And immediately he recovered his sight and followed him on the way."

## **Insight:**

Bartimaeus' eyesight was restored because of his faith. His boldness to even ask, believing that Jesus could do this for him, is the very thing that caused one who saw nothing but darkness to now see the light and colorful world in which we live. While the world surrounding him was spurring nothing but discouragement by rebuking him and telling him to shut his mouth, he did not stay silent. He was persistent, and God met him there. In addition, the Lord did not offer him healing alone but inspired new life, displaying exceedingly abundant grace. After being told to go on his way, the man chose to follow Jesus instead and thus, was fully restored.

# **Impact:**

This passage impacts me in many different ways. It shows me how perfect God's timing is and of course, the power of faith. Jesus was leaving. He was on His way out of Jericho with a great crowd surrounding Him. One would think this is the easiest way to be overlooked and missed. But the Lord sees you, hears you, and wants to heal you. Now, it is safe to assume Bartimaeus was blind for a very long time and yet the passage says the Lord recovered his sight "immediately". When the time is right, the Lord will make it happen with quickness, even when the odds look stacked against you and there seems to be no way out. The impossible is God's chance to work a miracle. Furthermore, the Lord cares. He did not hear the man calling and simply said "be healed" while walking away. He took the time to speak to the man asking what he wanted, even though He already knew. This shows me our Lord loves us and truly wants to hear from us.

## **Call to Action:**

Rise. Don't be discouraged, for the Lord is still in the business of doing miracles. Even as many pass you by (i.e., doctors, therapists, etc.), "take heart", "get up", as the passage says. Do not be dismayed or stay weary. Trust in the Maker of Heaven and Earth and have faith that the Lord is healer. When it looks like God has forgotten you or time is taking too long, remember all things are possible if you believe in the one who can. Ask persistently because He opens the door to those who knock (and who knocks on a door a single time when you want it to be opened...) and ask boldly because you believe He can and will.

# Jesus, Our Coming King

Jesus has spoken that He will return again when all nations hear of His good news (Matt. 24:14). When He does, the culmination of the work He has fulfilled as Savior, Sanctifier, and Healer will be experienced in its fullness.

- 1) Jesus as Savior
  - a) Death, sin, and Satan are removed once and for all. (Rev. 19:11-21; Rev. 20:10)
- 2) Jesus as Sanctifier
  - a) Because there is no more sin, we will be completely whole. (Rev. 21:5-7)
  - b) We will experience the fullness of the relationship with the Trinity. (Rev. 21:3; Rev. 22:3-4)
- 3) Jesus as Healer
  - a) There will be no more suffering, death, or illness. (Rev. 21:4)

#### What Does This Mean for Us Now?

- Jesus has already won the battle. We must claim His prize and stand firm in His truth. (1 Cor. 16:13)
- When we are in a spiritual battle against Satan, we can stand firm in Jesus. (Eph. 6)
- When we are experiencing affliction, we can have joy and peace. (James 1:2-4; Phil. 4:4-7)

#### What This Means for Our Mission and Purpose:

- There are two realities for those who believe and don't believe in Jesus.
  - a. Believers will experience the wedding banquet and feast, the fulfillment of all of the work that Jesus has accomplished on the cross and in His resurrection. (Rev. 21)
  - b. Non-believers will have a different reality, one that results in ultimate separation from God and His perfect kingdom. (Rev. 20:11-14, Rev. 21:8)
- Jesus gave His disciples a commission (Matt. 28:19): to make disciples of all nations, so that all will have the opportunity to join Him at the wedding banquet.

# Reflect and share with your group:

- 1. How would you describe the hope that you have in Jesus through this present suffering, because of the promise of what He will bring in His second coming? Who needs to hear this encouragement in your life currently?
- 2. A new believer is struggling with the truth that some of their non-believing family members may not attend the banquet of the wedding feast. The tension that they are wrestling with is the truth of what the love of God means and looks like. How could you use Matthew 24:14 to share about the love of God? Additionally, how would you use the great commission from Matthew 28:19 to share that He is sending the newer believer and others to share the good news with their non-believing family members?
- 3. What take-aways do you have from Michelle's teaching?