Emotion	Feelings
Joy	Joy: enables the person to experience many positive and pleasurable feelings, such as excitement, amusement, gratification, satisfaction, optimism, etc. Her main purpose is to ensure the well-being and happiness of her person.
Sadness	Sadness: enables the person to experience many hurtful, painful feelings that could make one teary eyed, such as sorrow, grief, distress, remorse, disappointment, etc. Her main purpose is to relieve one's emotional pain, while also providing a distress signal to those around them and showing empathy for others.
Fear	Fear : enables the person to experience any and all primal feelings of fight-or-flight, such as wariness, apprehension, fright, terror, etc. His main purpose is to ensure one's safety and raise awareness of potential dangers. <i>May overlap with Anxiety.</i>



Disgust



Disgust: enables the person to experience any or all feelings of dislike, such as revolt, aversion, judgment, disdain, etc. Her main purpose is to ensure one is not "poisoned", being it physically or socially, in this way being critical about one's desires and shaping their taste.

Anger

Anger: enables the person to experience any or all intense fiery feelings of irritation, annoyance, rage, resentment, indignation, hostility, aggression, etc. His main purpose is to ensure one's rights are taken into consideration when they are threatened, in this way keeping things "fair" for the individual.



Anxiety



Anxiety: enables the person to experience any and all unpleasant feelings of tension, restlessness, worry, nervousness, guilt, etc. Her main purpose is to raise awareness to any potential scenario that may be prejudicial to one's well-being and eliciting one to diffuse and fix a mistake or problem or even before whichever one happens. *May overlap with Fear*.

Envy



Envy: enables the person to experience and all feelings of desire towards anything or anyone they find interesting, such as covetousness, craving, yearning, aspiration, emulation, adoration, admiration, etc. Her main purpose is to let one know what they want and/or desire.

Embarrassment

Embarrassment: enables the person to feel any and all feelings of self-consciousness and feeling ashamed, such as discomfort, humiliation, mortification, modesty, etc. His main purpose is to suppress any undesirable and/or unacceptable behavior, keep one humble and to



act as an appeasement gesture for said behavior.



Ennui: enables the person to any and all feelings of apathy and or indifference towards anything or anyone, such as listlessness, disinterest, aloofness, etc. Her main purpose is to allow the person to stray away from high stress or unnecessary situations, and to "keep it cool" to hide their true feelings.

Nostalgia

Nostalgia: enables the person to experience any and all sentimental, longing, warm, and affectionate feelings for the past. Her main purpose is to allow one person to reminisce on past and significant experiences and, in this way, remember the warmth and happiness they have felt, reconnect with their values or see them in another perspective.

