GP Letter Template for Severe ME

The GP/doctor letter is more effective if written by the GP directly, but you can show them the wording which contains language associated with ME. Please edit to refer to your particular needs.

To Whom It May Concern,

I am writing in support of [Patient Name] in relation to their application for social housing and medical priority consideration.

[Patient Name] has been diagnosed with Myalgic Encephalomyelitis (ME). Their condition is currently classified as severe.

Severe ME is a complex neurological illness that causes profound exhaustion, cognitive dysfunction, hypersensitivity to sensory stimuli, and significant limitations in physical functioning. In this case, the patient experiences marked functional impairment and requires a stable and low-stimulus environment to prevent deterioration in their condition.

Unstable housing, shared accommodation, or environments with frequent noise and disturbance can trigger significant relapses in severe ME. Such relapses may result in prolonged or permanent worsening of symptoms.

For medical reasons, it is strongly recommended that [Patient Name] have access to stable, self-contained accommodation with minimal environmental stressors.

Emergency or communal accommodation would be medically unsuitable for their condition.

Stable housing is therefore an important part of managing this illness and preventing further deterioration in health.

Please consider this letter as medical and disability support for prioritisation of their housing application.

Yours sincerely,

[GP Name]

[Practice Name]

[Contact Details]