Resource Guide: Contact Burn Education

In the Valley, Burns Aren't Just from Flames: Protect Yourself from Contact Burns

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Welcome

Welcome to the Valleywise Health Contact Burn Resource Guide—an information toolkit designed to raise awareness, educate communities and help prevent contact burns, particularly during Arizona's extreme summer heat.

Developed by the expert team at the **Diane & Bruce Halle Arizona Burn Center** at Valleywise Health, this guide is available for open use by our partners and media.

What's Included in the Resource Guide

We encourage you to **download, share, and distribute** the following materials to help educate and protect our community:

- **Educational Flyers**
- **Social Media Infographics**
- **Visuals: Arizona Burn Center**

Usage Guidelines

These materials are provided **free of charge** to support public education and community outreach.

To maintain the quality and integrity of the information:

- **Do not alter** the content in any way.
  - This includes removing or changing the **Valleywise Health logo**
  - Modifying or omitting attribution to the **Diane & Bruce Halle Arizona Burn Center**
- Content must remain intact to ensure **medical accuracy** and preserve **brand credibility**

Stay Connected with Valleywise Health

If it's easier, you're always welcome to share the content that we're posting. You can find the our official channels here:

- **Facebook**: @valleywisehealth
- **LinkedIn**: @valleywisehealth
- **Instagram**: @valleywise_az

All posts will be available in **English and Spanish** to ensure accessibility across the Valley.

Even Small Burns Can Be Deeper Than They Appear

Raising awareness is one of the most effective ways to prevent serious injuries. By sharing these materials—whether it's a flyer at your workplace, a post on social media, or a visual in a safety training—you're helping protect lives.

Contact burns happen quickly, but they are highly preventable with the right education. Start the conversation. Share the message. **Help protect your community.**

Need Help or Have Questions?

If you have questions about how to use the materials or want to request additional support or interviews with a burn physician, please contact:

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Learn More

Visit **www.valleywisehealth.org/burn** to learn how Valleywise Health is keeping Arizona communities safe and informed.

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