

SOCIAL MEDIA KIT

Week of November 26

Arizona

Twitter

No one should have to worry that their drinking water isn't safe—but over a third of Arizonans are served by a water system with at least one EPA violation. This is a critical issue for Arizona, and I'm proud to fight for safe water for all of us.

Facebook

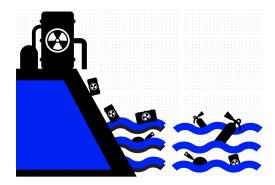
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Instagram

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Graphic:







Twitter

Every Mainer deserves safe water—but too many people have good reason to worry that their drinking water is contaminated. I'm proud to make sure Maine's water is safe for all of us.

Facebook

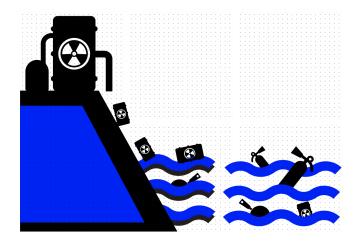
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Graphic:







Twitter

In Michigan, PFAS and other chemicals endanger our lakes and drinking water. It's not just Flint, and it's not just lead. I'm proud to work to ensure Michigan's water is safe for all of us.

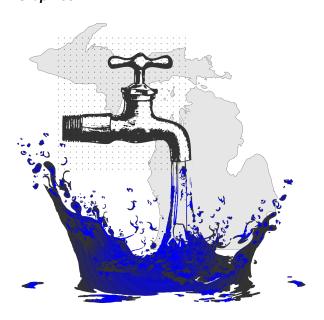
Facebook

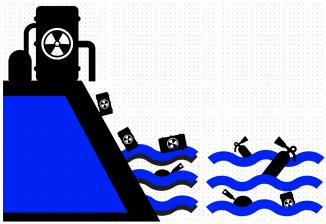
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Graphics:







Twitter

Across my district, people tell me they're concerned about PFAS, lead and other chemicals contaminating their water. I'm proud to work to ensure New Hampshire's water is safe for all of us.

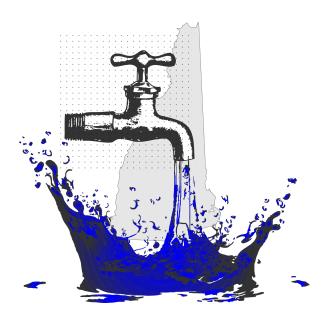
Facebook

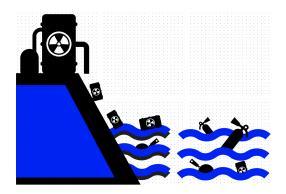
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Graphics:







North Carolina

Twitter

In NC, PFAS, coal ash and other chemicals endanger our drinking water. It's GenX – and so much more. I'm committed to making sure that the companies poisoning our water are held accountable—and that our drinking water is safe for all of us.

Facebook

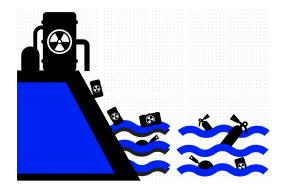
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Graphics:







Week of October 15

Arizona

Twitter

The opioid crisis is a health care crisis. To treat this epidemic, we need to ensure every Arizonan has access to robust, affordable and research-backed health care.

Facebook

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Instagram

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Twitter

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Facebook

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Instagram

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Twitter

Almost three times as many Michiganders died from opioid overdoses in 2017 as in 2012. The opioid crisis is a health care crisis. To treat this epidemic, we need to ensure every Michigander has access to robust, affordable and research-backed health care.

Facebook

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Twitter

New Hampshire has the second highest rate of deaths by opioid overdose in the country. The opioid crisis is a health care crisis. To treat this epidemic, we need to ensure every Granite Stater has access to robust, affordable and research-backed health care.

Facebook

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North Carolina

Twitter

Opioid deaths have more than doubled since 2013 in North Carolina. The opioid crisis is a health care crisis. To treat this epidemic, we need to ensure every North Carolinian has access to robust, affordable and research-backed health care.

Medicaid expansion-specific NC tweet:

Opioid deaths have more than doubled since 2013 in North Carolina. We need to address the opioid crisis as what it is: A crisis in access to effective and affordable health care. That means expanding Medicaid and increasing funding in NC for mental health care and drug treatment.

Facebook

Opioid deaths have more than doubled since 2013 in North Carolina. The opioid crisis is a health care crisis. To treat this epidemic, we need to ensure every North Carolinian has access to robust, affordable and research-backed health care.

Instagram

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Week of October 1

Arizona

Twitter

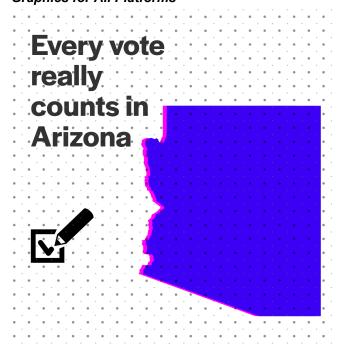
There are many things about our state that make me proud to be an Arizonan. One is that because of our nonpartisan #redistricting, voters choose their politicians—and not the other way around. We can't let Arizona slip back.

Facebook

There are many things about our state that make me proud to run for/serve in public office here. One is that because of our nonpartisan redistricting, voters choose their politicians—and not the other way around. Gerrymandering is a massive threat to our democracy; Arizona's leading the way forward and people across the country are using us as a model. We can't let our state slip back.

Instagram

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Gerrymandering means that politicians get to pick their voters—and common sense says they shouldn't be able to do that. Arizona and California have shown that nonpartisan redistricting can work. We should follow their lead and make sure that every vote really counts in Maine.

Twitter

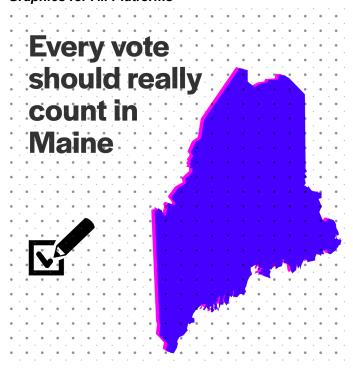
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Twitter

Option 1:

I'm so proud of my fellow Michiganders campaigning for Proposition 2. Partisan #gerrymandering has caused a major crisis of democracy in our state.

Option 2:

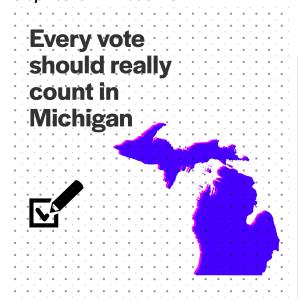
In 2016, gerrymandering protected the Michigan State House majority. They won 46.9% of the vote statewide—but hold 57% of the seats. Partisan #gerrymandering undermines our votes.

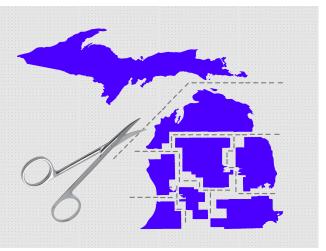
Facebook

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Twitter

New Hampshire has some of the worst gerrymandering in the country. In 2016, because of gerrymandering, the current majority won 52% of the vote—but almost 60% of the state senate seats. Politicians shouldn't be able to pick their voters in New Hampshire.

Facebook

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Instagram

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North Carolina

Twitter

Option 1:

North Carolina's #gerrymandering has again and again and again been declared unconstitutional. The majority-drawn districts look wrong, and they don't represent how people actually vote: In 2016, the current majority won 52.7% of the vote—but 61% of state house seats.

Option 2:

To make our state work as a democracy again, we need to end the practice of politicians picking their voters.

Facebook

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Week of September 24

Arizona

Twitter

Option 1:

Student loan debt is a major problem in Arizona: We're right in the middle of the pack nationally with 16% of Arizonans holding some debt, and owing a median of \$15,992. But unlike in school, our goal should be to lead from the bottom of the pack!

Option 2:

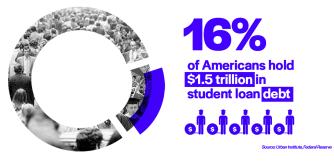
It's time to do something about student loan debt and make sure every Arizonan has the opportunity to pursue higher education without the fear of constricting debt.

Facebook

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Twitter

Option 1:

Student loan debt is a major problem in Maine: An above-average 19% of Mainers hold some debt, and we owe a median of \$16,701. But with the challenge of overwhelming student loan debt comes an opportunity for Maine to lead. We need to do more to make sure all Mainers can pursue higher education without being overburdened by debt. #mepolitics

Option 2:

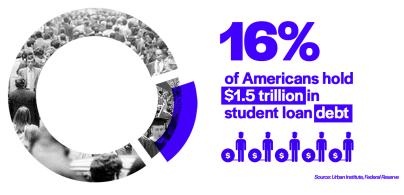
As the federal government steps back from protecting borrowers, we should lead by passing a student loan borrowers bill of rights and protect Mainers from predatory servicers.

Facebook

Student loan debt is a major problem in Maine: An above-average 19% of Mainers hold some debt, and they/we owe a median of \$16,701. But with the challenge of overwhelming student loan debt comes an opportunity for Maine to lead. We need to do more to make sure all Mainers can pursue higher education without being overburdened by debt.

Instagram

Student loan debt is a major problem in Maine. But with the challenge of overwhelming student loan debt comes an opportunity for us to lead. We need to do more to grow Maine's economy and to make sure all Mainers can pursue higher education without being overburdened by debt.





Twitter

Option 1:

Student loan debt is a major problem in Michigan: An above-average 18% of Michiganders owe a median of \$17,246. And Michiganders of color are especially burdened—31% who hold debt are in collection, well above the national average (18%).

Option 2:

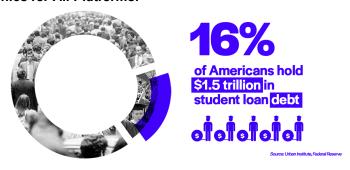
We need a state legislature that will do more to make sure that Michiganders can pursue an education without being burdened by debt the rest of their lives. #MIPolitics

Facebook

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Twitter

- 1. Student loan debt is a huge problem in New Hampshire: A well above-average 20% of all Granite Staters owe more than the national median of \$18,777. That much debt makes it hard to people to graduate and scares too many away from college or technical degrees.
- 2. All Granite Staters deserve the chance to pursue higher education and live free of constricting debt.

Facebook

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North Carolina

Twitter

- 1. Student loan debt is a huge problem in North Carolina: 15% of all North Carolinians owe a median of \$17,573. That much debt makes it hard to people to graduate and scares too many aware from pursuing higher ed.
- 2. If we want the NC community college and university system to lead the country, we need to take steps to make sure that all North Carolinians can get a great public education without fear that debt will haunt them the rest of their lives.
- 3. That's why I support a borrowers bill of rights that will protect people from predatory lenders.

Facebook

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Week of September 17

Arizona

Twitter

I'm proud to be running with an incredible slate of teachers here in Arizona. We need to make sure our kids have the resources to succeed—that's why it's #TimeForaTeacher

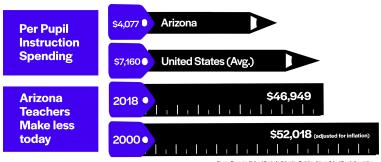
Facebook

Since the start of school, we've already seen so many of the problems that come when we don't invest in our kids: School buses without air conditioning, thousands of substitute teachers, and teachers having to spend their own money to make sure their students have the basics. That's why I'm proud to be part of a movement for teachers and running with an incredible slate of educators here in Arizona. We need to make sure our kids have the resources to succeed—that's why it's #TimeForaTeacher.

Instagram

Text:

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Twitter

Option 1:

Only about 40% of 3-4 year olds in Maine are in pre-k. We need to make sure that young Mainers have access to great early childhood education.

Option 2:

It's key to Maine's economic future—both to educate a new generation, but also to attract young people to raise their families here. We need to make sure that every child in Maine has a shot to succeed. #mepolitics

Facebook

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Twitter

Option 1:

Michigan schools have been gutted so badly that school districts are facing major teacher shortages at the beginning of this school year.

Option 2:

Teachers are paying out of their own pockets for classroom necessities. And students' proficiency scores are plummeting.

Option 3:

We have to fight for Michigan schools and teachers to the have resources for Michigan children to succeed. #MIPolitics

Facebook

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Twitter

Earlier this year, our governor attempted to take funds away from public schools. We need a new majority in the #NHSenate and #NHHouse that will stand up for all New Hampshire's kids and make sure they have the resources they need to succeed.

Facebook

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