

## Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

Resources: [Health, Safety and Liability Guidelines](#) & [TD Manual](#)

### Nearest Hospital

**Name:**

**Address:**

**Phone Number:**

**Map Link**

### **Medical Services provided at tournament:**

### **Where will the medical staff be at the event:**

### **How can teams contact the medical staff** (phone, radio)

### **How will event staff communicate weather, emergency & schedule changes to teams**

**Any other relevant information specific to your tournament, if applicable** (Facility specific weather policies)

## **USA Ultimate Weather Policy** (Facility may have their own policy)

You can find all [Health, safety, and liability information here](#)

### For Lightning:

Our [Lightning Policy](#) was updated in 2018. Please review it in its entirety, but the biggest change to the lightning policy is determining when you need to suspend activity and send people to shelter: **If you hear thunder OR your computer or app shows that lightning has struck within 10 miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen, even if you cannot hear thunder.**

### For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#) above. When the Heat Index reaches 100F ([see NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia