

CONFERENCE SCHEDULE

EAST: MAY 15, 2019

TIME	EVENT		ORDER	QUALIFIER
8:30	2000m Steeplechase	Final	OG (1 Heat)	Top 8
8:45	2000m Steeplechase	Final	OB (1 Heat)	Top 8
9:00	Sprint Hurdles (Blocks Allowed)	Timed Finals	MG, JG 80m SG, MB, JB 100m SB 110m	Top 8
9:30	100m (No Blocks)	Semis	MG, MB, JG, JB, SG, SB	Top 16 Time
10:20	1500m	Finals	MG, MB, JG, JB, SG, SB	Top 8
11:30	400m (No Blocks)	Finals	MG, MB, JG, JB, SG, SB	Top 8
12:20	100m (Blocks Allowed)	Seeded Finals	MG, MB, JG, JB, SG, SB, BG, BM, AG, AB, IDG, IDB, Perseverance	Top 8
1:00	Distance Hurdles (No Blocks)	Timed Finals	SB, JB, MB, SG, JG, MG	Top 8
1:30	200m (Note Order) (No Blocks)	Semis	MB, MG, JB, JG, SB, SG	Top 16 Time
2:30	800m (Waterfall Starts)	Finals	MG, MB, JG, JB, SG, SB, BG, BB, AG, AB, IDG, IDB	Top 8
3:15	3000m	Finals	MG, MB	Top 8
3:45	200m (Blocks Allowed)	Seeded Finals	MG, MB, JG, JB, SG, SB, WG, WB	Top 8
4:20	3000m	Finals	JG, JB	Top 8
4:40	4 x 100 Relays (Blocks)	Finals	SG, SB, JG, JB, MG, MB	Top 8
5:05	3000m	Finals	SG, SB	Top 8
5:25	4 x 400 Relays	Finals	OG, OB	Top 8

NOTE: Track Events may run up to 30 minutes ahead of time.

FIELD EVENTS

	LADIES			MEN		
Time	Midget	Junior	Senior	Midget	Junior	Senior
9:00	Javelin	High Jump	Discus	Triple Jump	Shot	Long Jump
10:20	Long Jump	Javelin	High Jump	Discus	Triple Jump	Shot
11:40	Shot	Long Jump	Javelin	High Jump	Discus	Triple Jump
1:00	Triple Jump	Shot	Long Jump	Javelin	High Jump	Discus
2:20	Discus	Triple Jump	Shot	Long Jump	Javelin	High Jump
3:40	High Jump	Discus	Triple Jump	Shot	Long Jump	Javelin
NOTE: Pole Vault Will NOT Be a Part of the Conference Meets.						