

PARMESAN CHICKEN

Mix in large bowl:

- 3 cups flour
- 1 tsp. nutmeg
- 1 tsp. pepper

In 2nd bowl, mix:

- 2 cups dry bread crumbs
- 3 cups grated parmesan cheese

In 3rd bowl, beat 1 1/2 doz. eggs

Coat boneless chicken breast with flour mixture, then dip in egg mixture and then coat with cheese/crumb mixture.

Brown pieces in melted butter flavored shortening.

Place in baking pan and bake at 350 degrees for 30-40 minutes.

SHAKE AND BAKE PARMESAN CHICKEN

Mix in large bowl:

- Shake and Bake mix for chicken
- 3 cups grated parmesan cheese
- Oleo – drizzle over top

Bone chicken breasts if there is enough help.

Dredge chicken breasts in above mix. Bake in 350 degree oven for 30-40 minutes.