

OIS DEIB NEWSLETTER-

May 2023

Hello students, teachers, and parents, and thank you for reading the first edition of the DEIB newsletter. DEIB is a team that is committed to the cause of celebrating and expanding diversity, equity, inclusion, and belonging in the OIS community.

What to watch for AANHPI Month

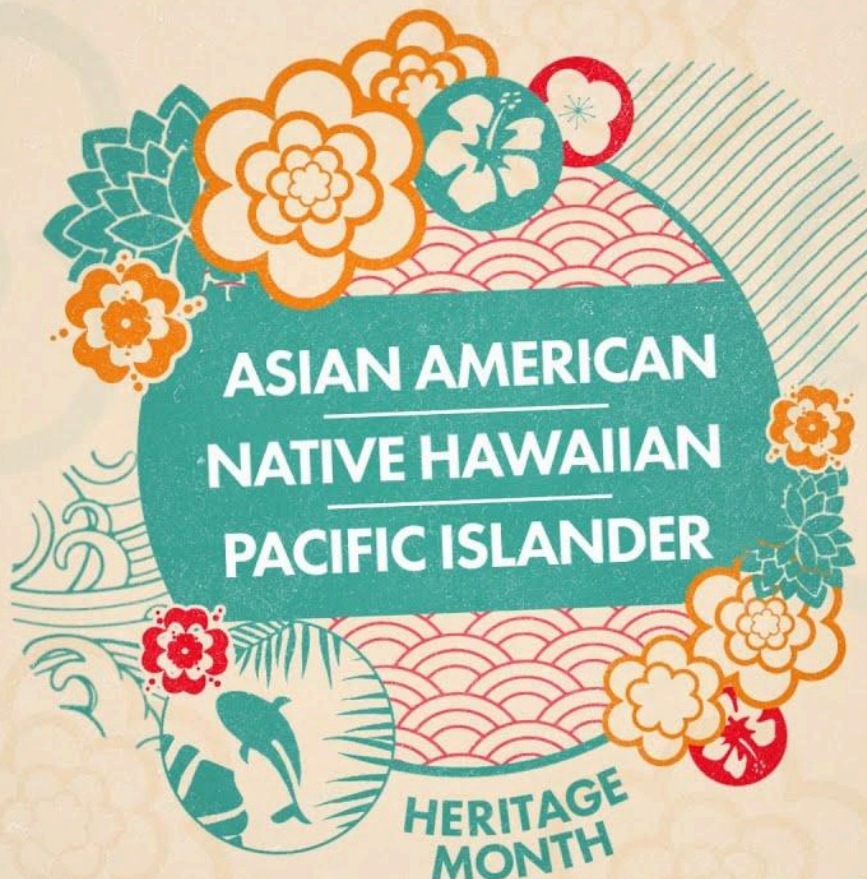
▶ **Is Ube Being Stolen from the Philippines?**

▶ **Are You “AAPI” or “Asian American”? It's Complicated. | A People's History of Asian America (This is a must watch)**

▶ **Why Do We Celebrate Asian Pacific American Heritage Month?**

▶ **ASIAN | How You See Me**

▶ **TP+ Ep 5: What makes us Pacific Islanders?**





Be Anti-Racist

- Be an upStander, not a byStander. Racism is NOT a joke!
- Spread the meSSage: Everyone is important and everyone matters. When we work together, we can bring about change.
- Don't judge people just because of where they're from or their skin color. There is so much more to people than just their appearance.
- Celebrate everyone for being them!

Celebrating AANHPI Heritage Month

We're celebrating one of our favorite months this May: AANHPI (Asian American Native Hawaiian Pacific Islander) Heritage Month! We're honoring the heritage of everyone here of Asian and Pacific Islander descent by sharing some of the customs and traditions of people of Asian nations and islands in the Pacific.



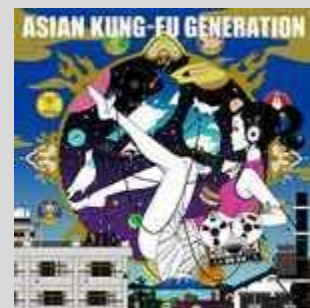
Daing na Bangus - Kawaling Pinoy

Food of the Month

The food of the month is Bangus, which translates to milkfish in English. It is from parts of the Philippine archipelago. The dish is usually eaten with rice because of its salty seasoning.

Musical Artist of the Month

Asian Kung-Fu Generation (AKG) is a J-punk/alt rock band that was popular in the late 90's and 2000's. One of their most famous albums is *Soul-Fa*, featured right.



AANHPI Recipes:

31 Delicious Recipes to Make to Celebrate AANHPI Month
Asian Pacific American Heritage Month Recipes - Tasty
Six Food Recipes to Celebrate AANHPI Month



Person of the Month: Alexandra Huynh

2021 National Youth Poet Laureate Alexandra Huynh is a 20 year-old Vietnamese poet from Sacramento, California. She has been writing poetry since elementary school and before being National Youth Poet Laureate. She was also the Sacramento Youth Poet Laureate and is also a Western Regional Ambassador.



Books of the Month: Crazy Rich Asians and Front Desk

Crazy Rich Asians is a 2013 dramatic, romantic comedy novel by Kevin Kwan. It is about a woman with a very rich boyfriend, and her trying to impress her mother-in-law. Kwan stated that his intention in writing the novel was to "Introduce a contemporary Asia to a North American audience". He claimed the novel was loosely based on his own childhood in Singapore. The novel became a bestseller and was followed by two sequels, China Rich Girlfriend in 2015 and Rich People Problems in 2017. A film adaptation of the novel was released on August 15, 2018. The franchise currently has 3 books and the sequel is assumed to release this year or the next one.



Crazy Rich Asians - Wikipedia

★★FOR MATURE AUDIENCE. ASK PARENTS/GUARDIANS FOR PERMISSION BEFORE READING★★

Front Desk is the first book in a series by Kelly Yang. In the book, 10-year-old Mia is dealing with the change and responsibility that comes with being an immigrant to the US. Her family struggles to run a motel and find their place in their new country while Mia hides her longing to be a writer in fear of her mom shutting it down.



Are you going anywhere this summer?



