

RHMS Middle School Flexible Learning by Grade Level

CUSD schools will close from March 16 - April 10th due to concerns associated with the COVID-19 virus. We wanted to make resources available for families so that the learning can continue at home during this time. Below please find a suggested schedule to establish a routine with your child/children and suggested instructional activities that you can ask your child to do throughout this week. We will provide you with additional resources on a weekly basis. *Las escuelas de CUSD cerrarán del 16 de marzo al 10 de abril debido a preocupaciones relacionadas con el virus COVID. Queríamos poner recursos a disposición de las familias para que el aprendizaje pueda continuar en casa durante este tiempo. A continuación, encuentre un horario sugerido para establecer una rutina con su hijo / hijos y actividades instructivas sugeridas que puede pedirle a su hijo que haga durante esta semana. Le proporcionaremos recursos adicionales semanalmente.*

Dates: 3/18-3/20

6th Grade Sample Schedule		Links/Resources
8:30 - 9:00	Math	<ul style="list-style-type: none"> ● Khan Academy (watch first) ● Sign into and save progress on IXL: FF.2 Rectangles and Squares ● Sign into and save progress on IXL: FF.5 Quadrilaterals
9:00 - 9:30	Science	<ul style="list-style-type: none"> ● MosaMack: Climate Change and Ecological Footprint: The Solve, The Make and Engineering
Break		
9:45 - 10:15	ELA	<ul style="list-style-type: none"> ● Quill ● Independent Reading from a book at home or Epic code:csq0870 ● Post one Level 5 Summary of your reading on Seesaw for the week. Level 5 for reference
10:15 - 10:45	Social Studies	<ul style="list-style-type: none"> ● Newsela Article ● Write a level 5 summary ● Study.com and quiz ● Greek Gods/Goddesses ● Choose a God/Goddess to study
Break		
11:00 - 11:30	PE	<ul style="list-style-type: none"> ● Yoga ● 10 Minute Cardio ● Full Body Workout

11:30 - 12:00	Elective	<ul style="list-style-type: none"> ● Typing.com ● Nitrotype.com ● Music: Practice selected pieces of music for 30 minutes. Record yourself and share with a teacher or friend. ● Music: Go to Sight Reading Factory from your Google Classroom. ● Intro 2 STEAM: Period 3 code: 2jzcljn ● Intro 2 STEAM: Period 4 code: xgjsvhm ● Intro to Spanish: Period 3 code: ci3rtxi ● Intro to Spanish: Period 4 code: yc2wdmt
Lunch		
1:00 - 1:30	Profiles of a Graduate	<ul style="list-style-type: none"> ● Write a reflection about what it feels like to be living in Shelter in Place and share it with someone. ● Call a friend or loved one for ten minutes. ● Write emails or letters to a friend or loved one. ● Video Perseverance
1:30 - 2:30	Technology-Free Hour	<ul style="list-style-type: none"> ● Puzzles, coloring, cooking, drawing ● Bike, walk, run, walk the dog, etc.
2:30 - 3:00	Household Help	<ul style="list-style-type: none"> ● Determine how you can support your family at this time... doing dishes, laundry, dusting, cleaning, creating grocery lists, or caring for younger siblings or elderly family members.

RHMS Middle School Flexible Learning by Grade Level

Dates: 3/18-3/20

7th Grade Sample Schedule		Links/Resources
8:30 - 9:00	Math	<ul style="list-style-type: none"> ● Go to your math teacher's GoogleClassroom page for videos, examples and assignments. ● IXL: DD.1 Probability of Simple Events ● IXL: DD.2 Probability of simple events and opposite events
9:00 - 9:30	Science	<ul style="list-style-type: none"> ● Unit 4 HMH: Lesson Opener in Notebooks ● Unit 4 HMH: Explore/Explain 1 and 2 ● Science Google Classroom if links don't work
Break		
9:45 - 10:15	ELA	<ul style="list-style-type: none"> ● Newsela Article with Level 3 designs
10:15 - 10:45	Social Studies	<ul style="list-style-type: none"> ● Footbinding Lesson: Podcast and Questions
Break		
11:00 - 11:30	PE	<ul style="list-style-type: none"> ● Post a video of or send your heart rate doing <ul style="list-style-type: none"> ○ Track and Field Unit ○ Yoga ○ 10 Minute Cardio ○ Full Body Workout
11:30 - 12:00	Elective	<ul style="list-style-type: none"> ● Typing.com ● Nitrotype.com ● Music: Practice selected pieces of music for 30 minutes. Record yourself and share with a teacher or friend. ● Music: Go to Sight Reading Factory from your Google Classroom. ● STEAM I: Period 2 code: 6cgnppb ● STEAM I: Period 5 code: cuxiitu ● Spanish I: Period 5 code: kfj37b5 ● Spanish I: Period 6 code: yv4cbpy
Lunch		
1:00 - 1:30	Profiles of a Graduate	<ul style="list-style-type: none"> ● Write a reflection about what it feels like to be living in Shelter in Place and share it with someone.

		<ul style="list-style-type: none">● Call a friend or loved one for ten minutes.● Write emails or letters to a friend or loved one.● Video Perseverance
1:30 - 2:30	Technology-Free Hour	<ul style="list-style-type: none">● Puzzles, coloring, cooking, drawing● Bike, walk, run, walk the dog, etc.
2:30 - 3:00	Household Help	<ul style="list-style-type: none">● Determine how you can support your family at this time... doing dishes, laundry, dusting, cleaning, creating grocery lists, or caring for younger siblings or elderly family members.

RHMS Middle School Flexible Learning by Grade Level

Dates: 3/18-3/20

8th Grade Sample Schedule		Links/Resources
8:30 - 9:00	Math 8	<ul style="list-style-type: none"> ● my.hrw.com 12.1 Online Lesson and Personal Math Trainer ● IXL: Perimeter ● IXL: Hypotenuse ● IXL: Pythagorean Theorem ● my.hrw.com 12.2 Online Lesson and Personal Math Trainer
	CAP 8	<ul style="list-style-type: none"> ● CPM Book: Chap. 7 - please check Google Classroom or Ms. Ericsson's Webpage for assignments
9:00 - 9:30	Science	<ul style="list-style-type: none"> ● HMH Unit 2: Lesson 4: Gravity Affects All Matter in the Universe ● Unit 2, Lesson 4: Opener, Explore/Explain Lesson 1 and 2
Break		
9:45 - 10:15	ELA	<ul style="list-style-type: none"> ● Newsela: Inmate Voting Rights ● Argument Design Map ● Independent Reading
10:15 - 10:45	Social Studies	<ul style="list-style-type: none"> ● Daily Journal ● Newsela: Coronavirus ● Youtube Video: Coronavirus
Break		
11:00 - 11:30	PE	<ul style="list-style-type: none"> ● Post a video of or send your heart rate doing <ul style="list-style-type: none"> ○ Track and Field Unit ○ Yoga ○ 10 Minute Cardio ○ Full Body Workout
11:30 - 12:00	Elective	<ul style="list-style-type: none"> ● STEAM I Period 2 code: t6qcork ● STEAM I Period 5 code: dgcjw8 ● Music: Practice selected pieces of music for 30 minutes. Record yourself and share with a teacher or friend.

		<ul style="list-style-type: none"> ● Music: Go to Sight Reading Factory from your Google Classroom. ● Spanish II: Period 1 code: 7ggbjef ● Spanish I: Period 5 code: kfj37b5 ● Spanish I: Period 6 code: yv4cbpy
Lunch		
1:00 - 1:30	Profiles of a Graduate	<ul style="list-style-type: none"> ● Write a reflection about what it feels like to be living in Shelter in Place and share it with someone. ● Call a friend or loved one for ten minutes. ● Write emails or letters to a friend or loved one. ● Video Perseverance
1:30 - 2:30	Technology-Free Hour	<ul style="list-style-type: none"> ● Puzzles, coloring, cooking, drawing ● Bike, walk, run, walk the dog, etc.
2:30 - 3:00	Household Help	<ul style="list-style-type: none"> ● Determine how you can support your family at this time... doing dishes, laundry, dusting, cleaning, creating grocery lists, or caring for younger siblings or elderly family members.