

The Effects of Alcohol

Write a reflective paragraph based on the discussion you had with your group. The questions were: Why do you think people drink alcohol? Without discussing specific people, what behaviours have you seen from people who have consumed too much alcohol that you find disturbing? Do you think the legal drinking age should be 19? What about at home with your parents?

I think people drink alcohol because it's offered at a lot of parties and they want to fit in and have fun with their friends. They also drink it to seem cool; if they see others around them drinking, they might feel left out and feel obligated to drink as well. Also once people start, they most likely can't stop because they've been drinking so much over the years and it has become addicting.

Some behaviors I've seen from people who drink a lot are insane! People have become very rude and childish. They say what's on their mind and they don't care. They also get quite physical and rough with people who may or may not be bugging them. It's easy to get on their nerves. They also can be quite slurry with their words and in some cases can spit everywhere!!!

I think the legal drinking age should be 19 because you are an adult and not a young kid. It is less likely to affect your life school wise because some people might not go to college or university. I think that a drinking age is a drinking age and that even if you're at home with your parents you shouldn't do it. Things can still get out of hand.