



Empowered Equestrian Camp “ What to Expect”

Our address is 994 Parsons Road. Please park perpendicular to the fence along the creek. We will meet in the courtyard area behind the barn each morning. Please stay out of the barn until the staff members arrive.

What to wear:

Please have campers dress in long riding pants or athletic wear (leggings are ok, jeans tend to rub and get hot) and a sleeved shirt. Tank tops are not allowed. They also need to have a closed toed, hard-soled shoe with a heel. Please also pack a bathing suit, a towel, and one extra change of clothes.

What to bring:

Please be sure to pack a bagged lunch (campers will have access to a refrigerator for items that need to be kept cold), snacks, sunscreen, and a refillable water bottle. I have a water cooler in the aisle in the barn so they can refill them throughout the day. I also recommend handheld fans, cool towels, etc. to help with the heat, especially if your child is prone to overheating. **BE SURE TO LABEL ALL ITEMS WITH YOUR CHILD’S NAME.**

Afternoon Pickup:

Campers must be picked up promptly at 3:00PM unless arrangements have been made for after hours care.

Monday Schedule

9:00-9:15 - Arrival and check-in

9:15 -10:00 - MANDATORY session: Barn safety rules and safe horse handling (Parents encouraged to stay and listen if able)

10:00-10:15 - Snack

10:15-11:15 – Session: grooming and tacking up

11:15-12:15 – Riding lessons - Introduction

12:15-12:45 - Lunch

12:45-1:00 - Clean up/change into bathing suits

1:00-2:00 - Bareback games

2:00-3:00 - Barn chores and camper pickup

Tuesday/Wednesday/ Thursday Schedule*

9:00-10:00 - Arrival and information session:

10:00-10:15 - Snack

10:15-12:15 - Riding lesson

12:15-12:45p - Lunch

12:45-1:00 - Clean up/change into bathing suits

1:00-2:00 - Bareback games

2:00-3:00 - Barn chores and camper pickup

*Thursday we will do a cookout and horse movie on my back porch at the house so we supply hot dogs/buns/condiments and ask parents to coordinate the other items (dessert, chips, drinks, etc.). We will discuss this more on day 1 of camp.

“Homework”-

Tuesday-

Review AQHA parts of the horse diagram

Wednesday-

Bring a picture of your favorite horse breed and discipline (e.g. showjumping, barrel racing, dressage, etc.)

Bring any costume items for “pony parade” on Thursday

Friday Schedule

9:00 - Arrival

9:15-12:15 - Horse spa day, show prep overview, trailering overview

12:15-12:45 - Lunch

1:00-2:30 - Horse “show”

2:30-3:00 - Barn chores and camper pickup

Friday is our horse “show”. Each camper will determine a few things they want to show off (both mounted and unmounted) on their final day.

Parents and family members are welcome to attend. No flash photography is allowed. Please wear closed toed shoes! Please note if weather is too hot the time of the “show” is subject to change to morning after drop off.