

TDSB ECPP Care and Treatment Intermediate

(Grades 7-8) Programs

2024-2025

*ECPP provides education and treatment during the school day. The treatment varies depending on the needs of the child.

Aptus Treatment Centre	This elementary Day Treatment Program supports children and youth ages 4 to 14 years of age who are experiencing significant chronic mental health challenges and other complex needs affecting their adjustment at home, school and in the community. Individualized treatment plans are developed for each child and are implemented by treatment staff. There is a clinical director and referrals can be made for behaviour therapy and occupational therapy (OT). Treatment may include movement related to sensory integration, Snoezelen, and play therapy.
Humber River Hospital	This Treatment Program offers a continuum of service for students ranging from in-patient to community-based outpatient and supports students ages 6-14 with psychotic disorders, mood/anxiety disorders, obsessive/compulsive disorder and concurrent disorders. This program serves as a transition from an inpatient setting to a community setting. It also assists students in formulating a plan for managing their mental health issues in the community utilizing a multidisciplinary team approach that includes community support. There are two classrooms with a ratio of 6-8 children in each class: 2 staff members (one trained therapist and one TDSB teacher). Many other therapeutic staff are available as this is a hospital setting.
Jerome D. Diamond Adolescent Centre (JDD) Jewish Family and Child Services	This Day Treatment Program supports children in grades 6-8 who are experiencing significant complex emotional challenges which are affecting their adjustment at home, school and in the community. The program includes academic programming as well as social/emotional, behavioural and mental health treatment in a small school setting. Counselling support services are available. Art therapy, chess, social skills and zones of regulation are among the treatment approaches offered to youth and families. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB

	teacher).
Lumenus Lawrence Heights	This Day Treatment Program supports children in grades 4 – 8 with significant complex social/emotional, mental health or behavioural challenges. Lumenus treatment/educational program is designed to assess, identify and effectively treat underlying mental health disorders that may be present. Treatment services offer assessment and intensive milieu treatment for complex mental health issues. Lumenus uses trauma-informed practices. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
Lumenus (Rise Up)	This Day Treatment Program provides intensive intervention for children in grades 4-8 with a diagnosis of Fetal Alcohol Spectrum Disorder. Lumenus treatment/educational program is designed to assess, identify and effectively treat underlying mental health disorders that may be present. The overall goal of treatment is to stabilize the children and transition them to a less intrusive setting. This program includes a classroom setting with a ratio of 5 children: 1 staff member (one trained therapist and one TDSB teacher).
Lumenus (Kenton Campus)	This Day Treatment Program supports elementary students, ages 12 - 14 who are identified with a mild intellectual disability and significant emotional, behavioural or/and mental health issues and/or Autism and live in the City of Toronto. This program focuses on supporting students in developing social, emotional, and academic and life skills. This program includes a classroom setting with a ratio of 6 children: 3 staff members (two Child and Youth Workers and one TDSB teacher).
Lumenus Lawrence Heights	This Day Treatment Program supports elementary students, ages 12 - 14 who have been identified with a developmental disability and autism who also exhibit significant emotional, behavioural or/and mental health issues and live in the City of Toronto. This program provides students with a therapeutic approach as well as an academic component and assists in developing their social, emotional, academic and life skills. This program includes a classroom setting with a ratio of 5 children: 3 staff members (two Child and Youth Workers and one TDSB teacher).
SickKids Centre for	This Day Treatment Program supports children and youth who

Community Mental Health (CCMH) (Dellcrest Campus)	are 5 to 14 years of age and are experiencing significant mental health challenges that affect their adjustment at home, school and in the community. Therapeutic milieu; Trauma Informed Lens; Clinical Assessments during service; Specialized psychiatric or psychological assessments; Case coordination and management; Family therapy; Parenting training; Parent groups; Individual therapy for the child or youth; Various types of group therapy. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
SickKids (Intractable Epilepsy)	This Day Treatment Program offers children ages 7 to 13 multidisciplinary assessment, psychosocial support, and academic interventions to maximize learning and achievement. The diagnostic goals are to understand how Epilepsy or surgery for Epilepsy impacts cognitive and social-emotional well-being. Treatment goals are to assist students with their personal learning challenges, build self- confidence/resilience, and strengthen self-advocacy about epilepsy and learning needs. This program includes a classroom setting with a ratio of 6 children: 3 staff members (one trained therapist, one educational assistant and one TDSB teacher).
SickKids (Medical Wards)	These educational programs are for students at the elementary level who may have a chronic illness, such as kidney failure, heart disease, cystic fibrosis, cancer, or an acute injury or trauma, such as burns, transplants and head injuries. Referrals are made by medical personnel with parental approval, and students are taught at bedside, in intensive care, and occasionally in groups. Instruction is usually one-on-one with a TDSB teacher.
Strides Toronto (Donview Campus)	This Day Treatment Program uses a multi-disciplinary approach for youth in grades 7-8 with emotional/social/behavioural/mental health/substance abuse difficulties. Treatment goals are identified and addressed through goal setting and individualized treatment plans. Individual, group and family therapy is included and considered an integral part of the program. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
Strides Toronto (Henry Hudson Campus)	This Scarborough Day Treatment Program uses a multi-disciplinary approach for youth in grades 7-8 with emotional/social/behavioural/mental health/substance abuse

	difficulties. Treatment goals are identified and addressed through goal setting and individualized treatment plans. Individual, group and family therapy is included and considered an integral part of the program. This program includes a classroom setting with a ratio of 6 children: 2 staff members (one trained therapist and one TDSB teacher).
Youthdale Treatment Centre (Crisis)	This In-Patient Treatment Program offers stabilization, assessment and treatment for children ages 4 - 13 with intensive psychiatric needs. The treatment goal is to address safety and treatment needs of children who place themselves/others at significant risk. As children heal, a transitional program is also available.
Youthdale Treatment Centre (Jesse Ketchum Campus)	This Day Treatment Program supports children who are 11 to 14 years of age and are experiencing significant mental health challenges affecting their adjustment at home, school and in the community. A multidisciplinary team offers a needs assessment, stabilization of presenting difficulties, ongoing treatment for complex emotional, social, behavioural, mental health and academic needs, progressive integration and supportive transitions back to the next school setting. Therapy groups and individual supervision is offered. This program includes a classroom setting with a ratio of 8 children: 2.5 staff members (one fulltime and one part-time trained therapist and one TDSB teacher).