

Types of Motives

3 categories

1. Primary Motives (Biological or Innate)	2. Stimulus Motives (not necessarily for survival) •
3. Secondary Motives (learned motives)	

Hunger:

Hypoglycemia

Liver affects hunger-How?

Hypothalamus:

Lateral Hypothalamus

Para-ventricular Hypothalamus

Brain Mechanisms:

Lateral Hypothalamus

Ventro-Medial Hypothalamus

Glucagon like peptide 1

Set Point

Leptin-

Taste Aversion

Summary:

Write a synthesis paragraph explaining how all of these mechanisms should be understood. (In other words, what do we learn about eating motivation from these mechanisms?)