

27th Annual Hickman Relays

formerly the Greenville – Spartanburg County Relays

Hosted by: **Byrnes High School**

Saturday February 28th, 2026

Site – Byrnes High School 150 East Main Street Duncan, Sc 29334

Entry Fee – NONE – In exchange for an entry fee, every school is required to provide at least two coaches/adults and enough workers (students or athletes) to run off a field event. Please click on this link to complete the google form for your school's preferences of a field event by **Monday February 23rd**. I will make every attempt to get you the event(s) that you ask for and will do so on a first come/first serve basis. I will assign schools that do not send preferences and then I will send out a list of assignments on Thursday morning. Each school will also be assigned an exchange zone to work throughout the day.

Schools Invited – All schools in South Carolina are invited. Please be aware that non-SCHSL schools may be entered.

Awards – NONE

Entries – **Entry deadline is 11:00 p.m. THURSDAY February 26th**. To register your team and athletes for the Hickman Relays go to www.scrunners.com, select Calendar and then 2023 Outdoor T&F. Find the Hickman Relays and click on the green "Online Entry" box. This will take you to the Meet Page where you will again click on the green "Online Entry" box to register. An instructions and FAQ link will also be on the Meet Page. Do not contact Byrnes High School for online questions. If you cannot find your answer in the FAQ's or instructions on the site, contact John Olson at jolson@milesplit.us. **Do not wait until the last minute to learn how to use the site or try to solve any problems.**

Entry Restrictions

- *Each team may enter up to 2 relays in all field events. Each field relay consists of 3 athletes.
- *Each team may enter up to 3 relays in all NON-laned running events.
- *Each team may enter up to 2 relays in all laned running events.
- *Athletes can only compete in 4 events.
- * You DO NOT need to enter names for the relay running events. Please enter all names for the field events.

Parking – Bus parking will be in our Senior Parking area directly in front of the school. Please do not park buses anywhere else.

Athlete/Coach Track Entrance - Athletes and coaches may enter any gate. Athletes must be in uniform. Coaches not arriving with their team will be required to show a SCHSL pass.

Spectator Entrance - Spectators may park in the Junior lot and Senior lot but not where the buses are parked. Spectators are to use the soccer field entrance and Nixon Field entrance. There will be a \$5 fee for all spectators. Tickets will be sold at both gates.

Other Information

- *Concessions will be available all day.
- *The infield of the track is off limits for any warmups.
- *Athletes can warm up on Nixon Field inside the football stadium. **DO NOT REMOVE HURDLES FROM THE TRACK.**
- *Please stay off the baseball and softball fields.
- *Relay batons will not be provided, please bring enough for all of your teams.
- *Calls will be made prior to each event. All runners must report to the check-in (clerking) area.
- *Three attempts in throws and jumps. No tents in the home stands. Tents can be placed in the stands at Nixon Field or on the grounds at the top of the hill surrounding the stadium.
- *Entrance & Exit to the track will be through the large gate outside of turn one. **NO ONE IS TO JUMP THE GATES THAT ARE LOCKED, ATHLETES WILL BE DISQUALIFIED.**
- *Shot and discus will be in the throwing circle and javelin will be on top of the hill near the shot and discus area.
- *1/4 inch pyramid only size spikes allowed on track. They will be checked!

ORDER OF EVENTS - David Hickman Relays

Coaches please take some time at practice to explain the legs, staying in lanes, breaking, etc. This will save us a lot of time prior to each relay.

PLEASE NOTE - WE WILL BE ON A ROLLING SCHEDULE. This is a suggestive time schedule. All athletes and coaches should pay attention to the PA announcements for the calls to the events. We will send out an updated suggestive schedule once we have determined the number of heats for all of the events.

9:00 Coaches Meeting at Finish Line

8:15-9:20 Track Open for Warm-ups

9:20 Track closes

9:30 Boys Shot, Pole Vault, Long Jump, Javelin Girls to follow completion of boys event
Girls Discus, High Jump, Triple Jump Boys to follow completion of boys event

9:30 Girls Shuttle Hurdle Relay (Hurdles on Girls 100m marks, 30" legs 1 & 3, 33" legs 2 & 4)
Boys Shuttle Hurdle Relay (Hurdles on Boys 110m marks, 36" legs 1 & 3, 39" legs 2 & 4)

9:45 Girls 4x1600m Relay- 3 teams per school
Boys 4x1600m Relay - 3 teams per school

***Please remind all athletes in this race to keep up with their own teammates and the number of laps for each runner. Coaches you are welcome to come to the infield to monitor your runners. The officials cannot keep track of all of the laps and teams!**

10:45 Girls Mile Medley (200, 200, 400, 800, first 2 legs in lanes) - 2 teams per school
Boys Mile Medley (200, 200, 400, 800, first 2 legs in lanes) - 2 teams per school

11:45 Girls 4x100m Relay - 2 teams per school
Boys 4x100m Relay- 2 teams per school

12:45 Girls Distance Medley (1200, 400, 800, 1600) - 3 teams per school
Boys Distance Medley (1200, 400, 800, 1600) - 3 teams per school

1:45 Girls Sprint Medley (100, 100, 200, 400, first 3 legs in lanes) - 2 teams per school
Boys Sprint Medley (100, 100, 200, 400, first 3 legs in lanes) - 2 teams per school

2:30 Girls 4x200m Relay- (lanes entire race) 2 teams per school
Boys 4x200m Relay - (lanes entire race) 2 teams per school

3:10 Girls 4x800m Relay- 3 teams per school
Boys 4x800m Relay - 3 teams per school

3:50 Girls 4x400m Relay- 2 teams per school
Boys 4x400m Relay - 2 teams per school

*Final scores announced

[illegible]

--	--