CCS
EDUCATION & WELLNESS
THE FOCUS IS ON YOU

Social Services/Community Resource Guide Riverside County

SCAN ME

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FOOD PANTRIES

Lighthouse of Hope Foundation Food Pantry (951)977-6560
Mon 11:30 - 12:30pm
Wednesday and Friday 11:30am-1pm
3rd Saturday: 11:30am-1pm
Doordash delivery available within 10 mile radius
Monday Location: 8791 Philbin Avenue, Riverside,CA 92503
Wednesday, Friday& 3rd Saturday Location : 9085 California Ave, Riverside 92503

Salvation Army Riverside Pantry (951)784-4490
Mon, Wed, Fri 9am-11am 3695 1st St, Riverside

OLPH Food Pantry Tue, Thur, Fri 10-12 noon Drive up service only
Located at Our Lady of Perpetual Help Church
5250 Central Ave, Riverside 92504 (951) 689-8921

The Fruit of Our Hands CURRENTLY CLOSED waiting to move in new building to resume food pantry
Tues 9:30am-11:30am, Wed-Fri 9:30am-11:30am
7000 Indiana Ave, #114, Riverside (951) 289-9808 ***please call, no walk-ins***

Community Settlement Association Mon and Wed 11 am - 12 noon
4366 Bermuda Ave, Riverside 92507 (951) 686-6266
Seniors/Disabled call for assistance with picking up

Arlington Temporary Assistance Mon & Wed 10am-3pm, Tues & Thurs 10am-1pm
10495 Arlington Ave, Suite 1, Riverside (951)689-5620

Arlington Seventh Day Adventist 1st Tuesday 9-11:30am Food and Clothing Distribution
(951) 688-6632
8778 Magnolia Ave, Riverside

Riverside Neighborhood Services: Catholic Charities (951)924-9964
7209 Arlington Ave, Riverside

Community Services@ LaSierra University Church of the Seventh Day Adventists
Food Pantry Plus: 92505 Zipcode:
Wednesdays 8am-10:30 am (Closed on every 3rd Wednesday of the month)
(951)354-7095
4920 Sierra Vista, Riverside

Wesley United Methodist Church 5770 Arlington Ave, Riverside
Fri 9am-10:30am (951) 689-2649
Individuals and families are allowed one time a month, with valid Identification

Janet Goeske Center (951)351-8800
Mon, Th, Fri 8am-6pm, Tues 8am-9pm, Weds 8am-7pm, Sat 9am-5pm
Food pantry bags and hygiene kits available, please call before to check availability

Lutheran Social Services (951)689-7847
4162 Rubidoux, Riverside 92506 Wednesdays 10am-12pm, 12:30-2pm

Central Community Christian Fellowship (951)689-5806
5623 Arlington Ave, Riverside Wednesdays 8am-10am

HOT MEAL SERVED
First Congregational Church -Project Food Wednesdays 5:30pm-6:30pm
To-go plates available upon request
3504 Mission Inn Ave, Riverside

Calvary Presbyterian Church Sundays 4pm – 5:30pm, Copeland Hall
Special Meals provided during Thanksgiving, Christmas
4495 Magnolia Ave, Riverside 92501 (951) 686-0761

OUTREACH SERVICES
TruEvolution (951)888-1346
Services for **LGBTQ+** individuals as well as population at large
Including housing, case management, wraparound services, free, confidential HIV testing, behavioral health
4175 Brockton Avenue, Riverside 92501

Foothill AIDS Project (951) 742-7660

City of Riverside Homeless Outreach (951) 826-2200

SHELTERS

Salvation Army Riverside Corps- *Call at 10am to check for beds* (951)318-1329
You must be at least 18 years old and experiencing homelessness.
Must pass Meagan's Law/background check
3695 1st St, Riverside, 92501

Path of Life Community Shelter (951) 683 -4101
*waiting list, call at 10am to be put on list
(includes outdoor kennels for pets)
2840 Hulen Place, Riverside, CA 92507

Corona Harrison Shelter/Navigation Center (951)739-4949
35 bed shelter offers medical and dental care, mental health and substance abuse services, it allows pets to stay and helps residents search for permanent housing

420 W. Harrison St, Corona

Mercy House (714)836-7188 ext 208

Programs provided: Emergency shelter, outreach, and permanent housing.

Project TOUCH (951) 677-9661
https://projecttouchonline.com
Emergency housing (21 day) program, Transitional housing (approx. 12-month program), resource referral center, food program, etc. Housing options for single parents, individuals, and families.* Require copy of marriage license to house couples together. *Screening required for individuals with severe mental illness.
No after hours line -application process is by phone during business hours M-Th 9am-4pm, F 9am-3pm
Shared housing model. Potential clients can visit website for video overview of program.
Locations: Murrieta, Wildomar, Lake Elsinore, Menifee, Temecula
Emergency Housing: Call (951) 677-9661

Family Shelters

Family Promise of Riverside (951) 266-9158
Assisting families in danger of becoming homeless or those that are already facing homelessness
Mon-Fri 8am-5pm

Path of Life Family Shelter (951) 462-9822
Families only
2530 3rd St, Riverside, CA, 92507

Empowerment Village *(formerly known as Rancho Damacitas Community of Mission Hope)*
https://www.missionhope.com/empowerment-village
Need to present a source of income. No pets allowed.
No childcare on campus and any visitation has to be off campus
Empowerment Village exists to help single moms believe that life change is possible.
Services: Housing, Education, Financial and Career advancement, Parenting, Holistic Wellness, Leadership
Call (951) 444- 1404 Email: info@cmoh.net
Address: 41760 Rider Way, Temecula, CA 92592

TRANSITIONAL HOUSING
Helping Hearts California through IEHP (800)440-4347 Mon-Th 7a-7p, Fri 7a-5p

90 limit transitional housing for disabled 18+. 2-3 day turnaround for services after referral. No case management services through them, will attempt to help place client in room and board. No hospice services available but have hospice services they can refer client to.
400 lb weight limit, no clients on oxygen, no Gtubes. Drug and alcohol testing. No 5150. Case by case basis regarding arrest record.

Starting Over (Transitional housing Services) (951) 898-0862
for individuals facing homelessness and struggling with mental illness and post-incarceration
startingoverinc.org

ROOM & BOARD

Joy Homes **https://joyhomesshelter.com/** (909)328-9503

Starts $1400 per month.Shared housing, 2 people/room. Women/Men separate housing
Assists many different populations including recently incarcerated, disabled, seniors, sober living. No credit check, security deposit equal to first month's rent. One location in Hemet currently, locations in San Bernardino and Riverside opening end of September 2023

HOUSING

Fair Housing Council of Riverside County
assists residents with housing issues including problems with landlord, discrimination, and housing disputes
Email: fhcrc@fairhousing.net
3933 Mission Inn Ave., Suite Riv (951) 682-6581

No Place Like Home
Thru HomeConnect & RUHS, Permanent Supportive Housing for 55+ with SMI and under 55 with SMI, Chronically Homeless. Need SMI Disability Verification, Age 55+, Chronic Homelessness Verification (application NPLH-PBV completed), within city of Riverside & be in county's Clarity system w/Clarity ID. ($2700 income limit)
Call HomeConnect if client is not in county system to begin process of application otherwise email John Horn @Jo.Horn@ruhealth.org or Homeconnect@ruhealth with client's Clarity ID
Contact John Horn, HHOPE Program (951)715-5050 with questions.

Riverside County DPSS -Families who receive CALWORKS and have children
-help with housing outreach and placement, utility assistance, rental assistance, security deposits, moving costs, credit repair, and case management

Home Connect through Riverside University Health System
(800) 498-8847
(anyone experiencing homelessness or at risk of losing their home)

Referral-based services -client needs an email contact to receive information, if no client email, contact Anita Muñoz about creating a client email for client to receive referrals and information

Lutheran Social Services - Riverside Area Office (951)689-7847
4162 Rubidoux Ave, Riverside, CA 92506
Certified HUD sponsored counseling agency providing free or low cost advice on buying a home, renting, default, foreclosure avoidance, credit issues or reverse mortgages.
***Permanent Supportive/Rapid Re-Housing** – Combines low-barrier affordable housing, health care, and supportive services to help individuals and families lead more stable lives.*

Joy Homes **https://joyhomesshelter.com/** (909)328-9503

Starts $1400 per month.Shared housing, 2 people/room. Women/Men separate housing Assists many different populations including recently incarcerated, disabled, seniors, sober living. No credit check, security deposit equal to first month's rent. One location in Hemet currently, locations in San Bernardino and Riverside opening end of September 2023

HOMELESS YOUTH

Operation Safe House
(11-17 years old)
9685 Hayes St. (24 hours) (951) 351-4418

Operation SafeHouse
4509 & 4539 Main St, Riverside 92501 (951) 369-4921
Transitional Living Program
(18-21 years old)

Young Adult Emergency Services
4509 & 4539 Main St, Riverside 92501 (951) 515-6155
Through Operation SafeHouse (ages 18-24)

What's Up SafeHouse Textline
(844) 204-0880 *text to chat with a licensed, trained counselor for support*
7am-11pm, 365 days a year

Extended Foster Care/Kin-GAP/Independent Living Program through Riverside County
Current/former foster care youth eligible for services/resources that lead to self-sufficiency and independence as they transition from foster care to adulthood
(951) 358-6748

RENT ASSISTANCE

Housing Authority of Riverside County (1 time)
5555 Arlington Ave
(951) 351-0700
ALL PROJECT-BASED VOUCHERS: Apply online : https://harivco.org/
*Must be completed online annually: Mandatory Annual Registration between October-December to be maintain active status on the list.

Lutheran Social Services 3772 Taft St (951) 689-7847
Rental Assistance: Only available for 1 month.
Criteria need to be currently employed , income must be under $3500.
Must be able to provide a bank statement and pay stub.

Catholic Charities (951) 328-1575

DOMESTIC VIOLENCE
Domestic Violence* Countywide (800) 339-7233 -
Riverside (951) 683-0829
Nationwide Text Text START to 88788
Nationwide TTY (800)787-3224
CA Domestic Violence Advocates and Shelters website
https://www.womenslaw.org/find-help/ca/advocates-and-shelters

The Sheepfold (Women & Children) (877) 743-3736 -
Sheepfold (877)743-3736, (714)237-1444
Six-month transitional shelter for homeless or abused women with children with a goal to help residents gain employment and establish them in their own apartment, ready for independent living -boys can be no older than 12

Alternatives to Domestic Violence
https://www.alternativestodomesticviolence.org/
Services: Education, shelter, counseling
Emergency Lines: (951) 683-0829 (800)339-7233
(951) 425-8900 Email: info@alternativestodv.org

Hope House
https://familyassist.org/programs/hope-house/
Services: shelter for clients w/children and pets, transitional housing, supportive services to help clients make healthy decisions for themselves, notary services offered.
24-Hour hotline (760)949-4357

National Center for Victims of Crime
https://victimconnect.org/
Services: Emotional Support, Information, Referrals, Helps find local resources for financial support and legal services
(855)484-2846

SAFE Families Justice Center
https://safefjc.org/
Free Services to connect you with community partners to reach safety, become educated about domestic violence, next steps, and your rights
Email: info@safefamiliesca.org
Locations:

Riverside Center
3900 Orange St.
Riverside, CA 92501
(951) 955-6100

Temecula Center
28910 Pujol St.
Temecula, CA 92590
(951) 587-3900

Indio Center
County Law Building 82-
995 Highway 111, Ste. 103,Indio, CA 92201
(760) 863-8363

Empowerment Village *(formerly known as Rancho Damacitas Community of Mission Hope)*
https://www.missionhope.com/empowerment-village
Need to present a source of income. No pets allowed.
No childcare on campus and any visitation has to be off campus
Empowerment Village exists to help single moms believe that life change is possible.
Services: Housing, Education, Financial and Career advancement, Parenting, Holistic Wellness, Leadership
Call (951) 444- 1404 Email: info@cmoh.net
Address: 41760 Rider Way, Temecula, CA 92592

Option House
https://www.optionhouseinc.com/emergency-shelter
Services: DV Emergency Shelter, Education, Restraining Orders: DV and Gun Violence
Crisis Line: (909) 381-3471 Address: 813 North D Street, Ste. A San Bernardino, CA 92401
Office: (909).383-1602
Email: info@optionhouseinc.com

VETERANS

Loma Linda Veterans Services		(800)741-8387 x6085
Loma Linda VA		(909)825-7084
U.S. Vets	15105 6th St., Moreno Valley	(951) 877-3943
National Homeless Veteran Helpline		(877)424-3838 (24/7)
Veterans Crisis Line		(800)273-8255 (press 0)

Housing Assistance Programs available in the area 800-952-5626

RECOVERY & SUBSTANCE USE

Harms Reduction Services -Mobile Services
Provides free syringes, sharps disposal, nalaxone, sharps containers, harm reduction supplies, educational and referral information
Can Call or Text: (951)445-0983
Sunday zip codes 92501, 92507
Tuesday zip codes 92503, 92504, 92505, 92506
Thursday zip codes 92509, 91752

24 Hour Detox Referral (800) 499-3008
Behavioral Health referrals
Narcotics Anonymous (800) 397-2333
Dual Diagnosis Program (951) 343-9485
Alcoholics Anonymous (909) 825-4700
Salvation Army Rehab for Men (951) 940-5790
24201 Orange Ave, Perris
6 month to 1 year Christian work program for men with drug/alcohol problem utilizing NA and AA programs. Will do pick up from location.

Whiteside Manor
Drug and Alcohol Rehab Center
2743 Orange St. Monday - Friday 9 a.m. - 5 p.m. (800) 300-7326

MFI Recovery
5870 Arlington Ave., Monday - Thursday 8 a.m. - 9 p.m.; Friday 8 a.m. - 5 p.m.
(800) 923-5634
If you have a Riverside County Medical plan please call (951) 683-6596 for an assessment.

RUHS SAPT START Program
Riverside University Health System Substance Abuse Prevention Treatment
3525 Presley Avenue Riverside, Ca 92507 (951) 782-2400 (800)499-3008

RUHS Substance Abuse Mon - Sat 8am - 5pm
2085 Rustin Ave. #3, Riverside 92507 (951) 955-2105 (951)778-3500

A Peace of Mind Sober Living Riverside (909)731-8667
Call first to make an assessment
apeaceofmind2010@yahoo.com

SENIOR ADULT SERVICES
Riverside County Office on Aging (951)867-3895
California Office on Aging* (800) 510-2020

Goeske Center - Free Hot Meals and Food Box Distribution (951)351-8800

Lunch served Mon - Fri at 12:15am - *Please come in at 12:15am to sign in and fill out an application*
must complete CA state form to qualify and call in 24 hours prior to pre-order meals

Senior Food Box Distribution
2nd Friday of each month at 10am - Please bring an ID and a proof of address
line forms beforehand

Volunteers Of America Southwest California -Cambridge Gardens Apartments (for Seniors Age 62+) -Section 8 housing *waitlist currently closed* 4/2025 - still closed
Riverside, CA 92503
951-352-7701

Wellness & Recovery Clinic for Mature Adults & S.M.A.R.T of Western Region Specialty Multidisciplinary Aggressive Response Teams (S.M.A.R.T)
-provide outreach and engagement to the at-risk population for homelessness, institutionalization and abuse evaluating for mental illness and issues of aging.
2085 Rustin Ave, Riverside 92507
Phone #: (951) 509-2400
TTY #: (800) 915-5512

<u>HOTLINES & REFERRALS</u>
Call the hotline for specific information. Have a pen and paper ready to take notes. Be calm and patient as the operator helps you.
Dial 211 or (800) 464-1123 • 24 Hours, 7 Days a Week Community Connect
Information and Referral resources: Housing, Shelter, Food, Medical & Mental Healthcare, Legal Help and other community services throughout Riverside County.

Riverside Police Non-Emergency	(951) 354-2007
Adult Protective Services	(800) 491-7123
Riverside Area Rape Crisis Center	(951) 686-7273
National Sexual Assault Hotline	(800)656-HOPE (4673)
Missing Persons (Salvation Army)	(800) 698-7728
Department of Public Health	(951) 358-5000
Child Abuse Hotline	(800) 442-4918

Child Help (800) 422-4453 **Nationwide**
-*Exists to meet the physical, emotional, educational and spiritual needs of abused, neglected and at-risk children. They focus their efforts on advocacy, intervention, treatment, prevention, family resilience and community outreach.*

Crisis Text Line
Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

Text "HOME" to 741741

National Domestic Violence Hotline

https://www.thehotline.org

General resource for safety planning, housing, and additional resources.

Call:1-800-799-SAFE *Chat Now* *Text*

1-800-799-3224 *https://www.thehotline.org* *"START" to 88788*

MENTAL HEALTH

Telecare Mental Health Urgent Care/Stabilization Unit

can help with case management and housing if client lets them know about factors affecting their life and mental health enough times (acc. to Starting Over Inc.)

9890 County Farm Road, Building #2, Riverside 92503

(951) 509-2499

National Suicide Prevention Hotline 24/7 988 (951) 686-4357

Chat https://988lifeline.org/

https://www.samhsa.gov/find-help/988

24/7 Mental Health Urgent CARES line

Riverside: (951) 509-2499

Perris: (951) 349-4195

CARES Referral Line, Riverside County (800) 499-3008

(COMMUNITY ACCESS, REFERRAL, EVALUATION, AND SUPPORT)

Must call this number to be connected to mental health services in Riverside County

Riverside County Mental Health

Blaine Street Adult Clinic

If you are not a client yet, must call CARES Referral Line

769 Blaine Street, Suite B Riverside, CA 92507

Phone: (951) 358-4705

Riverside County Mental Health, Children's Treatment Services

Children's Treatment Services (CTS)

If your child is not a client yet, must call CARES Referral Line

3125 Myers St, Riverside 92503 (951) 358-4840

The Lehman Center - Children's Campus

3075 Myers St, Riverside (951) 358-4625

Jefferson Wellness Center 2085 Rustin Ave. #3, Riverside 92507

If you are not a client yet, must call CARES Referral Line

Monday - Thursday 8 a.m. - 5:30 p.m.; Fridays 8 a.m. - 4:30 p.m (951) 955-8000

Provides intensive wellness and recovery-based services for previously un-served or underserved individuals who carry a serious mental health diagnosis and who are also homeless, at risk of homelessness, and/or have experienced numerous psychiatric hospitalizations or incarcerations related to their mental health disorder.
Outpatient services only

Central Counseling Services (951)778-0230
& CCS Education and Wellness (951) 742-7435
Mental Health services 6840 Indiana Ave, #275, Riverside

Renewing Hope Strategies (951)465-3664
www.renewing-hope.org
Low to no-cost psychotherapy services, 2 locations in Riverside +Murrieta, Hemet, Yucaipa

YOUTH
Homeless Youth Hotline (800) 551-1300

Operation SafeHouse (800) 561-6944
Children aged 11-17 years old
Provides emergency shelter, intervention and outreach services to runaway, homeless or other youth (Aged 11-17 years old) in crisis.

California Youth Crisis Line (800) 843-5200 Call or text
Nationwide line that provides crisis intervention counseling and resource referrals to service providers in the caller's local community

Inspire Life Skills (951)316-0011

INSPIRE equips youth by helping students pursue higher education with the support they need for a smooth transition into adulthood. Our mission is to break the cycle of abuse and poverty through stable housing, education, training, and mentorship of foster and homeless youth

Riverside Unified School District (951) 352-1200
Riverside Unified *early childhood* (951) 352-8290
Alvord Unified School District (951) 509-5000

Wylie Center *Early childhood services* (951) 683-5193

Job Corps (800) 733-5627
Free residential education and job training program for young adults ages 16–24. Connect to skills and education

Youth Opportunity Center *(ages 14-22)*

-Dedicated to the empowerment and advancement of Riverside youth through the promotion of social and personal development. The center focuses on providing youth ages 14 - 22 with the skills necessary to succeed in their communities.
2060 University Ave (951) 826-2272
Mon-Thurs 12pm- 8pm, Fri 12pm-6pm

California Family Life Center Rubidoux Youth Opportunity Center *(ages 16-24)*
(951) 683-9622
5656 Mission Blvd, Riverside Mon-Thurs 12pm-8pm, Fri 12pm-6pm

LEGAL AIDE

Public Defenders Office (951) 955-6000
Probation Action Team (951) 715-3497
Corrections & Parole Division (951) 782-4808
Victim & Witness Services (951) 955-5400
Inland Counties Legal Association (951) 368-2555

Riverside County Legal Aid Clinic (951)682-7968
Provides legal aid for residents of Riverside County. Consults for various topics including but not limited to: evictions, restraining orders, divorce, and guardianship. Financial assistance is available.
https://riversidelegalaid.org/
Riverside Office: (951) 682-7968 4129 Main Street Ste. 101 Riverside, CA 92501
Indio Office: (760) 347-9456 45561 Oasis Street Ste. 101 Indio, CA 9201
Eviction Prevention & Rental Assistance Program via Legal Aid Clinic (951) 888-2039

IELLA Legal Aid Project (951) 369-3009

Family Court (951) 777-3147

IMMIGRATION RESOURCES

Immigration Legal Resource Center
"Working with and educating immigrants, community organizations, and the legal sector to help build a democratic society that values diversity and the rights of all people."
https://www.ilrc.org/
This is specifically for resources and they do not provide legal services.
Red Cards - The ILRC's Red Cards help people assert their rights and defend themselves in many situations, such as when ICE agents go to a home. (To find the art for the Red Cards follow the link above, click on community resource tab, then click Red Cards box)

National Immigration Legal Services Directory
Welcome to the National Immigration Legal Services Directory. Use the options below to search for immigration legal services providers by state, county, or detention facility. Only nonprofit organizations that provide free or low-cost immigration legal services are included

in this directory. If you have questions, please see our list of frequently asked questions or email us at **directory@immigrationadvocates.org**
https://www.immigrationadvocates.org/nonprofit/legaldirectory/ (To find legal services)

The American Immigration Lawyer Association
A website strictly for finding an immigration lawyer.
https://ailalawyer.com/

Inland Coalition for Immigrant Justice (951) 665-8782

PUBLIC ASSISTANCE
DPSS Assistance Programs 11060 Magnolia Ave (877) 410-8827
Monday - Thursday 7:30am- 5:30pm and Friday 8am- 5pm

Social Security 10000 Magnolia, Riverside
Mondays, Tuesday, Thursday, & Friday 9am – 3pm Wednesday 9am – 12pm
Local office (866) 931-4495
Nationwide (800) 772-1213

Medicare
(800) 633-4227

WIC (Supplemental Nutrition Program) (800) 472-2321
Women, Infants, and Children (ages up to 5 years)

CLOTHING
Salvation Army (951) 784-3571
3695 First St Monday through Friday 8:30am - 4:30pm Closed 12 – 1pm

Lutheran Social Services 3772 Taft St (951) 689-7847

Arlington Temporary Services 10495 Arlington Ave, Suite 1, Riverside 92505
(951) 689-5620
Mon, Tues, and Thursday 10am-1pm

Community Settlement House 4366 Bermuda Ave. (951) 686-6266
Call ahead to see if ahead to see if there are clothes available

Calvary Presbyterian Church 4495 Magnolia Ave. Clothes Closet, Sunday 4pm-6pm
Sometimes has interview appropriate clothing (951) 686-0761
depending on donations

Wesley United Methodist Church 5770 Arlington Ave, Riverside
Sunday mornings 7:30am-9am (951) 689-2649

HEALTHCARE

Neighborhood Healthcare Eastside Health Center 1970 University Ave, Riverside
Sliding fee scale for those without insurance, Accepts MediCal, IEHP, Molina and most insurance
Wide range of services including dental and behavioral health
Mon - Fri 7:30am – 5pm (951) 213-3450

Planned Parenthood (888) 743-7526
3772 Tibbets St., Riverside 92506 planned.org
****ask about Family Pact*** -low income program for reproductive-related services

DENTAL CARE

Loma Linda University School of Dentistry Student Clinic
11092 Anderson St., Loma Linda, CA (909) 558-4222
offers a variety of dental services at reduced cost provided by the university's dental students supervised by experienced, licensed staff. Call for additional information.

RIVERSIDE COUNTY CLINICS

University Community Health Center 2933 University Ave. , Riverside
Sliding fee scale for those without insurance
Monday - Friday 8am-5pm (951) 224-8220 **Medical**, (951) 224-8230 **Dental**

Jurupa Family Care Center 8876 Mission Blvd. Jurupa Valley, CA, 92509
Sliding fee scale for those without insurance
Monday - Friday 7:30am - 5pm (951) 360-8795

Riverside Neighborhood Health Center 7140 Indiana Ave., Riverside (951) 358-6000
Mon&Tues 7:30am-5pm, Wed-Fri 7:30am-7:30pm, Sat 8:30am-7:30pm

Rubidoux Family Care Center 5256 Mission Blvd., Riverside
Mon-Fri 7:30am-5pm (951) 955-0840 **Medical**, (951) 720-9553 **Dental**

Arlanza Family Health Center 8856 Arlington Ave, Riverside
Mon-Fri 8am-5pm, closed 12-1 for lunch (951) 710-3970

FREE CLINICS

First Congregational Church 3504 Mission Inn Ave.
Free medical and dental clinic. Psychiatric care available
Every other Wednesday at 5:30pm (951) 867-7742

Lestonnac Free Clinics
Please bring a valid ID
Jurupa Valley:
3980 Opal St, Jurupa Valley CA 92509
Hours: 2nd & 4th Sat 9am-12pm, Walk-in Clinic

Riverside:
7025 Brockton Ave, Riverside 92506
Hours 1st, 3rd, & 5th Sat 9am-12pm, Walk-in Clinic

San Bernardino:
401 E 21st St, San Bernardino 92404
(909) 881-4800
Hours Mon, Tues, Sat 9am-5pm, Thur & Fri 12pm-7pm

SHOWERS
Tuesdays & Thursdays. 8:30am-11:30am, 1-3pm
Salvation Army (951) 784-4490
3695 1st St, Riverside 92501

1st and 3rd Tuesdays 9am – 12pm need to call back
Seventh-Day Adventist Church - Community Services
Shower trailers with hygiene products in church parking lot
4491 Kansas Ave, Riverside (951) 682-9810

Sundays 7:30 a.m. - 9 a.m.
Wesley United Methodist Church (Early sign-in, space limited)
5770 Arlington Ave (951) 689-2649 -phone not working

3rd & 5th Sunday of the month, 2pm-5pm *located in the lower parking lot*
Calvary Presbyterian Church
4495 Magnolia Ave, Riverside 92501 (951) 686-0761

TRANSPORTATION/BUS PASSES
Transportation Access Program (through Riv County Office of Aging)
(951)867-3895 or (800)510-2020. Mon, Wed-Fri 8am-5pm, Tues 10am-5pm.

Community Settlement House
4366 Bermuda Av Tuesdays & Thursdays only 8:30 a.m. - 12:30 p.m. (951) 686-6266 x101

Catholic Charities (951) 689-1803
Salvation Army (951) 784-3571

UTILITIES/GAS ASSISTANCE
Salvation Army
3695 First St. Tuesdays & Thursdays only 1 p.m. - 4 p.m. (951) 784-4490

Community Actions Partnership: Catholic Charities
2038 Iowa Ave. B102 Monday & Thursday 8 a.m. - 5 p.m. (800) 999-5584

Wesley United Methodist Church 5770 Arlington Ave, Riverside
Tues, Thurs 8:30am-12pm, 1pm-3pm (951) 689-2649

Community Action Partnership (Riverside County)

CAP administers the Low-Income Home Energy Assistance Program (LIHEAP), which provides utility payment assistance and weatherization services to low-income customers in Riverside County.

Iowa Ave, Suite B-101, Riverside 92507 (951)955-4900

JOB TRAINING

Become a Caregiver: Riverside County In-Home Supportive Services Caregiver Orientation 888-960-4477

Register to Become a Caregiver: Public Authority's In-Home Supportive Services Caregiver Registry - visit RiversideIHSS.org and click on **Become a Caregiver/Provider** to begin the online self-registration process

Welfare to Work -CALWORKS clients -contact DPSS worker
Riverside County Cal-Fresh Employment and Training Program 1.866.505.9806
Riverside County Human Resources website https://www.rc-hr.com/

California State Job Resource
www.CalJOBS.ca.gov
Find a job, workshop/event, education and training, and more career services

IBEW union -International Brotherhood Electrical Workers
(951)684-5665 www.ibew440.org
Position: Apprentice Wireman starts at $21.00/hr, potential to make $44.00/hr by year 5 as well as promotions -packages include insurance, pension, and training

Goodwill Job Center
2002 Iowa St. Suite 110
open Mon- Fri 8:30 a.m. - 4:30 p.m. (951) 823-8030 x8001

Youth Opportunity Center (ages 14-22)
2060 University Ave Monday - Thursday 12 p.m. - 8 p.m. & Friday 12 p.m. - 6 p.m.
(951) 826-2272

Riverside Opportunity Center (951) 530-1132

Workforce Development Center 1325 Spruce St., Riverside Monday - Friday 8am - 5pm
(951) 955-3100

California Department Rehabilitation 2010 Iowa Ave., Suite 100, Riverside

Must have a verified physical or mental disability per doctor's note or Social Security
Monday-Friday 8 a.m. - 5 p.m. (951) 782-6650

Temporary Employment - TAP 3450 14th St., Riverside Floor 2
Monday - Thursday 7:30 a.m. - 5 p.m. and Friday 7:30 a.m. - 4 p.m. (951) 955-9178

Starting Over (Employment Services) (951) 898-0862 startingoverinc.org
Provides free assistance with resumes, 6355 Riverside Ave, Suite 100, Riverside 92506
applications, quality job leads in San Bernardino
and Riverside Counties, one on one computer lessons
and more

EDUCATION

Riverside Adult School (951) 788-7185
6735 Magnolia Ave., Riverside, CA 92506

Riverside City College (951) 222-8000
4800 Magnolia Avenue
Riverside, CA 92506

Free Application for Student Aid
fafsa.gov

PET SUPPLIES

Taking It to the Streets with Lori and Shira (951) 662-0631
Jurupa Valley
Non-profit providing collars, leashes, treats, toys, blankets and dog food to those in need

Mary S. Roberts Pet Adoption Center (951) 688-4340
6165 Industrial Ave, Riverside, CA 92504
Pet Food Assistance Program offers free pet food for the dogs and cats of elderly or disabled people living in Riverside County

TATTOO REMOVAL SERVICES

Loma Linda University Health Tattoo Removal Program (909) 558-9405
injuryprevention@llu.edu
free service that requires community service hours from clients

Removery (866)-465-0090
Please fill out the form through Removery's website:
https://removery.com/services/ink-nitiative/

10303C Magnolia Ave, Riverside 92505

Sharen Jeffries, M.D.- New Beginnings: Branding Tattoo Removal (909)557-2477
free service for survivors of trafficking

Redlands, CA

Sublime Medical (951) 222-2212
20% discount for removal of tattoos
7095 Indiana Ave, Riverside

SOUTH RIVERSIDE COUNTY RESOURCES (Temecula/Murrieta/Hemet/Menifee)

FOOD RESOURCES

St. Vincent de Paul Temecula
Food Distribution - Canned food, dried goods, infrequently fruits and veggies
Friday's 9:00am - 10:00am - Registration begins at 8:30am
41875 C St. Temecula, CA 92592
951-587-6752
stvincentdepaul@scachurchtemecula.org

Circle of Care Ministry
Food Distribution - Canned food, dried goods, infrequently fruits and veggies
Tuesdays, Thursdays, Fridays and Saturday 10:45 am to 11:45am
Located at Crossroads Church, North Side of the building
26090 Ynez Rd Temecula, CA 92590
951-973-3582
https://circleofcareministries.org/
terri@circleofcareministries.org

Western Eagle Foundation
Emergency Food Bags - filled with staples (canned and dry foods). A form to fill out with number of people in family and family income. Dates and Times are announced on website and social media.
Customized Food Boxes - Feeds a family of four two meals per day for a week. $25 Everyday all day.
Senior Day - Discount for seniors every Tuesday.
40940 County Center Dr., Temecula, CA 92590
951-695-7206
cindyrutland@gmail.com

Temecula-Murrieta Community Pantry
Food Pantry and Personal Items to homeless and low-income families.
Mon/Wed/Fri 8:30am-12:00pm

28922 Pujol St. Temecula, CA 92590
951-676-8022

Community Mission of Hope
Food Pick up Hours: Mon-Fri 10:00am-12:00pm
Prayer and Listening Ear if needed: Mon-Fri 10:00am-12:00pm
41760 Rider Way, Temecula, CA 92590
951-444-1404 info@cmoh.net

Senior Citizen's Center
The Senior Citizens Service Center and Food Bank gives food to seniors, families, pets and those in need.
Hours: Hours: Mon - Fri, 8am - 11am
41538 Eastman Dr. Murrieta, CA - 92562
951-600-9557

SHELTERS

Project TOUCH
https://projecttouchonline.com
Emergency housing (21 day) program, Transitional housing (approx. 12-month program), resource referral center, food program, etc. Housing options for single parents, individuals, and families.
Call: (951) 677-9661
Locations: Murrieta, Wildomar, Lake Elsinore, Menifee, Temecula

Rancho Damacitas Community Mission of Hope
https://cmoh.net/empowerment-village/
Empowerment Village exists to help single moms believe that life change is possible.
Services: Housing, Education, Financial and Career advancement, Parenting, Holistic Wellness, Leadership
Call (951) 444- 1404 Email: info@cmoh.net
Address: 41760 Rider Way, Temecula, CA 92592

Option House
https://www.optionhouseinc.com/emergency-shelter
Services: DV Emergency Shelter, Education
Crisis Line: (909) 381-3471 Address: 813 North D Street, Ste. A
Office: (909) 359-2367 San Bernardino, CA 92401
Email: info@optionhouseinc.com

Alternatives to Domestic Violence
https://www.alternativestodomesticviolence.org/
Services: Education, shelter, counseling
Emergency Lines: (951) 683-0829 Toll Free: 1-800-339-7233
Call: (951) 425-8900 Email: info@alternativestodv.org

National Center for Victims of Crime
https://victimconnect.org/
Domestic Violence is a crime. Services: Emotional Support, Information, Referrals, Helps find local resources for financial support and legal services.
Call 1-855-484-2846

SAFE Families Justice Center
https://safefjc.org/
Free Services to connect you with community partners to reach safety, become educated about domestic violence, next steps, and your rights.
Email: info@safefamiliesca.org
Locations:

Temecula Center	*Murrieta Center*
28910 Pujol St.	30045 Technology Drive Ste. 101
Temecula, CA 92590	Murrieta, CA 92563
(951) 587-3900	(951) 304-5680

FREE OR INCOME BASED MEDICAL CLINICS

Neighborhood Healthcare clinics operate under a SLIDING SCALE model. This means that it MAY NOT be free depending on your income.You will be required to prove financial need in order to receive free services or services at a reduced cost.

31720 Temecula Pkwy, Temecula, CA 92592
833-867-4642
Monday-Friday 8am-5pm
Services at this location include:
Primary Care, Behavioral Health, Women's Health, Lab Services, Prenatal

41840 Enterprise Cir N., Temecula, CA 92590
951-225-6400
Monday-Friday 7:30am-11:15am; 12:15pm-4:30pm

Services at this location include: Primary Care, Behavioral Health, Women's Health, Podiatry, Lab Services, Prenatal, Pediatrics, Chiropractic, Acupuncture, Diabetic Eye Exams (Retinal Screening)

41715 Winchester Rd., Temecula, CA 92590
951-694-9449
24-Hour Urgent Care

26926 Cherry Hills Blvd, Menifee, CA 92586
951-225-6400
Monday-Friday 8am-11:45am; 12:45pm-5pm
Services at this location include:
Primary Care, Behavioral Health, Women's Health, Lab Services, Prenatal, Pediatrics, Chiropractic, Diabetic Eye Exams (Retinal Screening)

907 Devonshire Ave, Hemet, CA 92543
951-216-6100
Monday-Friday 8am-12pm; 1pm-5pm
Services at this location include:
Primary Care, Behavioral Health, Dental Care, Women's Health, Lab Services

JOB TRAINING

Partners Personnel - (951) 691-1008
https://www.partnerspersonnel.com/
39040 Sky Canyon Dr. Unity B-5 (105), Murrieta, CA 92563
murrieta@partnerspersonnel.com
Job Search

AppleOne Job Center - (951) 296-5430
https://www.appleone.com/
41923 Second Street Suite 202 Temecula, CA 92590
temecula-ca@appleone.com

Care-Rite Vocational Services- (951) 719 3377
Help intellectually disabled individuals with job training and independent living.
https://careritevoc.com/
40880 County Center Dr. Suite K Temecula, CA 92591