



# **Social Services/Community Resource Guide Riverside County**



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**FOOD PANTRIES**

**Lighthouse of Hope Foundation Food Pantry** (951)977-6560  
 Mon 11:30 - 12:30pm  
 Wednesday and Friday 11:30am-1pm  
 3rd Saturday: 11:30am-1pm

*Doordash delivery available within 10 mile radius*

Monday Location: 8791 Philbin Avenue, Riverside, CA 92503

Wednesday, Friday & 3rd Saturday Location : 9085 California Ave, Riverside 92503

**Salvation Army Riverside Pantry** (951)784-4490  
 Mon, Wed, Fri 9am-11am 3695 1<sup>st</sup> St, Riverside

**OLPH Food Pantry** Tue, Thur, Fri 10-12 noon Drive up service only  
*Located at Our Lady of Perpetual Help Church*  
 5250 Central Ave, Riverside 92504 (951) 689-8921

**The Fruit of Our Hands** **CURRENTLY CLOSED** waiting to move in new building to resume food pantry

Tues 9:30am-11:30am, Wed-Fri 9:30am-11:30am

7000 Indiana Ave, #114, Riverside (951) 289-9808 *please call, no walk-ins*

**Community Settlement Association** Mon and Wed 11 am - 12 noon  
 4366 Bermuda Ave, Riverside 92507 (951) 686-6266  
*Seniors/Disabled call for assistance with picking up*

**Arlington Temporary Assistance** Mon & Wed 10am-3pm, Tues & Thurs 10am-1pm  
 10495 Arlington Ave, Suite 1, Riverside (951)689-5620

**Arlington Seventh Day Adventist** 1st Tuesday 9-11:30am Food and Clothing Distribution  
 (951) 688-6632  
 8778 Magnolia Ave, Riverside

**Riverside Neighborhood Services: Catholic Charities** (951)924-9964  
 7209 Arlington Ave, Riverside

**Community Services@ LaSierra University Church of the Seventh Day Adventists**  
 Food Pantry Plus: 92505 Zipcode:  
 Wednesdays 8am-10:30 am (Closed on every 3rd Wednesday of the month)  
 (951)354-7095  
 4920 Sierra Vista, Riverside

**Wesley United Methodist Church** 5770 Arlington Ave, Riverside  
 Fri 9am-10:30am (951) 689-2649  
*Individuals and families are allowed one time a month, with valid Identification*

**Janet Goeske Center** (951)351-8800  
 Mon, Th, Fri 8am-6pm, Tues 8am-9pm, Weds 8am-7pm, Sat 9am-5pm  
*Food pantry bags and hygiene kits available, please call before to check availability*

**Lutheran Social Services** (951)689-7847  
 4162 Rubidoux, Riverside 92506 Wednesdays 10am-12pm, 12:30-2pm

**Central Community Christian Fellowship** (951)689-5806  
 5623 Arlington Ave, Riverside Wednesdays 8am-10am

### **HOT MEAL SERVED**

**First Congregational Church -Project Food** Wednesdays 5:30pm-6:30pm  
 To-go plates available upon request  
 3504 Mission Inn Ave, Riverside

**Calvary Presbyterian Church** Sundays 4pm – 5:30pm, Copeland Hall  
*Special Meals provided during Thanksgiving, Christmas*  
 4495 Magnolia Ave, Riverside 92501 (951) 686-0761

### **OUTREACH SERVICES**

**TruEvolution** (951)888-1346  
 Services for **LGBTQ+** individuals as well as population at large  
 Including housing, case management, wraparound services, free, confidential HIV testing,  
 behavioral health  
 4175 Brockton Avenue, Riverside 92501

**Foothill AIDS Project** (951) 742-7660

**City of Riverside Homeless Outreach** (951) 826-2200

### **SHELTERS**

**Salvation Army Riverside Corps- Call at 10am to check for beds** (951)318-1329  
*You must be at least 18 years old and experiencing homelessness.  
 Must pass Meagan's Law/background check*  
 3695 1st St, Riverside, 92501

**Path of Life Community Shelter** (951) 683 -4101  
 \*waiting list, call at 10am to be put on list  
*(includes outdoor kennels for pets)*  
 2840 Hulen Place, Riverside, CA 92507

**Corona Harrison Shelter/Navigation Center** (951)739-4949  
*35 bed shelter offers medical and dental care, mental health and substance abuse services, it  
 allows pets to stay and helps residents search for permanent housing*

420 W. Harrison St, Corona

Mercy House (714)836-7188 ext 208

Programs provided: Emergency shelter, outreach, and permanent housing.

**Project TOUCH** (951) 677-9661

<https://projecttouchonline.com>

Emergency housing (21 day) program, Transitional housing (approx. 12-month program), resource referral center, food program, etc. Housing options for single parents, individuals, and families.\* Require copy of marriage license to house couples together. \*Screening required for individuals with severe mental illness.

\*\*No after hours line -application process is by phone during business hours M-Th

9am-4pm, F 9am-3pm\*\*

Shared housing model. Potential clients can visit website for video overview of program.

Locations: Murrieta, Wildomar, Lake Elsinore, Menifee, Temecula

Emergency Housing: Call (951) 677-9661

### **Family Shelters**

**Family Promise of Riverside** (951) 266-9158

*Assisting families in danger of becoming homeless or those that are already facing homelessness*

Mon-Fri 8am-5pm

**Path of Life Family Shelter** (951) 462-9822

*Families only*

2530 3<sup>rd</sup> St, Riverside, CA, 92507

**Empowerment Village** *(formerly known as Rancho Damacitas Community of Mission Hope)*

<https://www.missionhope.com/empowerment-village>

Need to present a source of income. No pets allowed.

No childcare on campus and any visitation has to be off campus

Empowerment Village exists to help single moms believe that life change is possible.

Services: Housing, Education, Financial and Career advancement, Parenting, Holistic Wellness, Leadership

Call (951) 444- 1404                      Email: [info@cmoh.net](mailto:info@cmoh.net)

Address: 41760 Rider Way, Temecula, CA 92592

### **TRANSITIONAL HOUSING**

**Helping Hearts California**

**through IEHP** (800)440-4347

Mon-Th 7a-7p, Fri 7a-5p

90 limit transitional housing for disabled 18+. 2-3 day turnaround for services after referral. No case management services through them, will attempt to help place client in room and board. No hospice services available but have hospice services they can refer client to.  
400 lb weight limit, no clients on oxygen, no Gtubes. Drug and alcohol testing. No 5150. Case by case basis regarding arrest record.

**Starting Over (Transitional housing Services) (951) 898-0862**

*for individuals facing homelessness and struggling with mental illness and post-incarceration*  
***startingoverinc.org***

**ROOM & BOARD**

**Joy Homes**    <https://joyhomesshelter.com/>    (909)328-9503

Starts \$1400 per month. Shared housing, 2 people/room. Women/Men separate housing  
Assists many different populations including recently incarcerated, disabled, seniors, sober living. No credit check, security deposit equal to first month's rent. One location in Hemet currently, locations in San Bernardino and Riverside opening end of September 2023

**HOUSING**

**Fair Housing Council of Riverside County**

*assists residents with housing issues including problems with landlord, discrimination, and housing disputes*

*Email: fhcrc@fairhousing.net*

3933 Mission Inn Ave., Suite Riv    (951) 682-6581

**No Place Like Home**

Thru HomeConnect & RUHS, Permanent Supportive Housing for 55+ with SMI and under 55 with SMI, Chronically Homeless. Need SMI Disability Verification, Age 55+, Chronic Homelessness Verification (application NPLH-PBV completed), within city of Riverside & be in county's Clarity system w/Clarity ID. (\$2700 income limit)

Call HomeConnect if client is not in county system to begin process of application otherwise email John Horn @[Jo.Horn@ruhealth.org](mailto:Jo.Horn@ruhealth.org) or Homeconnect@ruhealth with client's Clarity ID  
Contact John Horn, HHOPE Program (951)715-5050 with questions.

**Riverside County DPSS -Families who receive CALWORKS and have children**

-help with housing outreach and placement, utility assistance, rental assistance, security deposits, moving costs, credit repair, and case management

**Home Connect through Riverside University Health System**

(800) 498-8847

*(anyone experiencing homelessness or at risk of losing their home)*

*Referral-based services -client needs an email contact to receive information, if no client email, contact Anita Muñoz about creating a client email for client to receive referrals and information*

**Lutheran Social Services - Riverside Area Office** (951)689-7847

4162 Rubidoux Ave, Riverside, CA 92506

*Certified HUD sponsored counseling agency providing free or low cost advice on buying a home, renting, default, foreclosure avoidance, credit issues or reverse mortgages.*

***Permanent Supportive/Rapid Re-Housing*** – Combines low-barrier affordable housing, health care, and supportive services to help individuals and families lead more stable lives.

**Joy Homes** <https://joyhomesshelter.com/> (909)328-9503

Starts \$1400 per month. Shared housing, 2 people/room. Women/Men separate housing  
Assists many different populations including recently incarcerated, disabled, seniors, sober living. No credit check, security deposit equal to first month's rent. One location in Hemet currently, locations in San Bernardino and Riverside opening end of September 2023

**HOMELESS YOUTH**

**Operation Safe House**

(11-17 years old)

9685 Hayes St. (24 hours) (951) 351-4418

**Operation SafeHouse**

4509 & 4539 Main St, Riverside 92501 (951) 369-4921

*Transitional Living Program*

(18-21 years old)

**Young Adult Emergency Services**

4509 & 4539 Main St, Riverside 92501 (951) 515-6155

*Through Operation SafeHouse (ages 18-24)*

**What's Up SafeHouse Textline**

(844) 204-0880 *text to chat with a licensed, trained counselor for support*

7am-11pm, 365 days a year

**Extended Foster Care/Kin-GAP/Independent Living Program through Riverside County**

Current/former foster care youth eligible for services/resources that lead to self-sufficiency and independence as they transition from foster care to adulthood

(951) 358-6748

**RENT ASSISTANCE**

**Housing Authority of Riverside County (1 time)**

5555 Arlington Ave

(951) 351-0700

ALL PROJECT-BASED VOUCHERS: Apply online : <https://harivco.org/>

\*Must be completed online annually: Mandatory Annual Registration between October-December to be maintain active status on the list.

**Lutheran Social Services 3772 Taft St (951) 689-7847**

Rental Assistance: Only available for 1 month.

Criteria need to be currently employed , income must be under \$3500.

Must be able to provide a bank statement and pay stub.

**Catholic Charities (951) 328-1575****DOMESTIC VIOLENCE****Domestic Violence\* Countywide (800) 339-7233 -****Riverside (951) 683-0829****Nationwide Text Text START to 88788****Nationwide TTY (800)787-3224****CA Domestic Violence Advocates and Shelters website**<https://www.womenslaw.org/find-help/ca/advocates-and-shelters>**The Sheepfold (Women & Children) (877) 743-3736 -****Sheepfold (877)743-3736, (714)237-1444***Six-month transitional shelter for homeless or abused women with children with a goal to help residents gain employment and establish them in their own apartment, ready for independent living -boys can be no older than 12***Alternatives to Domestic Violence**<https://www.alternativestodomesticviolence.org/>**Services: Education, shelter, counseling****Emergency Lines: (951) 683-0829 (800)339-7233****(951) 425-8900 Email: [info@alternativestodv.org](mailto:info@alternativestodv.org)****Hope House**<https://familyassist.org/programs/hope-house/>**Services: shelter for clients w/children and pets, transitional housing, supportive services to help clients make healthy decisions for themselves, notary services offered.**

24-Hour hotline (760)949-4357

**National Center for Victims of Crime**<https://victimconnect.org/>*Services: Emotional Support, Information, Referrals, Helps find local resources for financial support and legal services***(855)484-2846**

**SAFE Families Justice Center**<https://safefjc.org/>

Free Services to connect you with community partners to reach safety, become educated about domestic violence, next steps, and your rights

Email: [info@safefamiliesca.org](mailto:info@safefamiliesca.org)

**Locations:**

*Riverside Center*

3900 Orange St.  
Riverside, CA 92501  
(951) 955-6100

*Temecula Center*

28910 Pujol St.  
Temecula, CA 92590  
(951) 587-3900

*Indio Center*

County Law Building 82-  
995 Highway 111, Ste. 103, Indio, CA 92201  
(760) 863-8363

**Empowerment Village** (formerly known as Rancho Damacitas Community of Mission Hope)

<https://www.missionhope.com/empowerment-village>

Need to present a source of income. No pets allowed.

No childcare on campus and any visitation has to be off campus

Empowerment Village exists to help single moms believe that life change is possible.

Services: Housing, Education, Financial and Career advancement, Parenting, Holistic Wellness, Leadership

Call (951) 444- 1404      Email: [info@cmoh.net](mailto:info@cmoh.net)

Address: 41760 Rider Way, Temecula, CA 92592

**Option House**

<https://www.optionhouseinc.com/emergency-shelter>

Services: DV Emergency Shelter, Education, Restraining Orders: DV and Gun Violence

Crisis Line: (909) 381-3471    Address: 813 North D Street, Ste. A San Bernardino, CA 92401

Office: (909).383-1602

Email: [info@optionhouseinc.com](mailto:info@optionhouseinc.com)

**VETERANS**

**Loma Linda Veterans Services**      (800)741-8387 x6085

**Loma Linda VA**      (909)825-7084

**U.S. Vets**    15105 6th St., Moreno Valley      (951) 877-3943

**National Homeless Veteran Helpline**      (877)424-3838 (24/7)

**Veterans Crisis Line**      (800)273-8255 (press 0)

Housing Assistance Programs available in the area 800-952-5626

**RECOVERY & SUBSTANCE USE****Harms Reduction Services -Mobile Services**

*Provides free syringes, sharps disposal, nalaxone, sharps containers, harm reduction supplies, educational and referral information*

Can Call or Text: (951)445-0983

Sunday zip codes 92501, 92507

Tuesday zip codes 92503, 92504, 92505, 92506

Thursday zip codes 92509, 91752

**24 Hour Detox Referral (800) 499-3008**

*Behavioral Health referrals*

**Narcotics Anonymous (800) 397-2333**

**Dual Diagnosis Program (951) 343-9485**

**Alcoholics Anonymous (909) 825-4700**

**Salvation Army Rehab for Men (951) 940-5790**

24201 Orange Ave, Perris

6 month to 1 year Christian work program for men with drug/alcohol problem utilizing NA and AA programs. Will do pick up from location.

**Whiteside Manor**

*Drug and Alcohol Rehab Center*

2743 Orange St. Monday - Friday 9 a.m. - 5 p.m. (800) 300-7326

**MFI Recovery**

5870 Arlington Ave., Monday - Thursday 8 a.m. - 9 p.m.; Friday 8 a.m. - 5 p.m.

(800) 923-5634

If you have a Riverside County Medical plan please call (951) 683-6596 for an assessment.

**RUHS SAPT START Program**

*Riverside University Health System Substance Abuse Prevention Treatment*

3525 Presley Avenue Riverside, Ca 92507 (951) 782-2400 (800)499-3008

**RUHS Substance Abuse Mon - Sat 8am - 5pm**

2085 Rustin Ave. #3, Riverside 92507 (951) 955-2105 (951)778-3500

**A Peace of Mind Sober Living Riverside (909)731-8667**

*Call first to make an assessment*

apeaceofmind2010@yahoo.com

**SENIOR ADULT SERVICES**

**Riverside County Office on Aging (951)867-3895**

**California Office on Aging\* (800) 510-2020**

**Goeske Center - Free Hot Meals and Food Box Distribution (951)351-8800**

Lunch served Mon - Fri at 12:15am - *Please come in at 12:15am to sign in and fill out an application*  
**must complete CA state form to qualify and call in 24 hours prior to pre-order meals**

### **Senior Food Box Distribution**

2nd Friday of each month at 10am - Please bring an ID and a proof of address  
*line forms beforehand*

**Volunteers Of America Southwest California -Cambridge Gardens Apartments (for Seniors Age 62+) -Section 8 housing waitlist currently closed 4/2025 - still closed**  
 Riverside, CA 92503  
 951-352-7701

### **Wellness & Recovery Clinic for Mature Adults & S.M.A.R.T of Western Region Specialty Multidisciplinary Aggressive Response Teams (S.M.A.R.T)**

*-provide outreach and engagement to the at-risk population for homelessness, institutionalization and abuse evaluating for mental illness and issues of aging.*

2085 Rustin Ave, Riverside 92507

Phone #: (951) 509-2400

TTY #: (800) 915-5512

### **HOTLINES & REFERRALS**

**Call the hotline for specific information. Have a pen and paper ready to take notes. Be calm and patient as the operator helps you.**

**Dial 211 or (800) 464-1123 • 24 Hours, 7 Days a Week Community Connect**

*Information and Referral resources: Housing, Shelter, Food, Medical & Mental Healthcare, Legal Help and other community services throughout Riverside County.*

<b>Riverside Police Non-Emergency</b>	(951) 354-2007
<b>Adult Protective Services</b>	(800) 491-7123
<b>Riverside Area Rape Crisis Center</b>	(951) 686-7273
<b>National Sexual Assault Hotline</b>	(800)656-HOPE (4673)
<b>Missing Persons (Salvation Army)</b>	(800) 698-7728
<b>Department of Public Health</b>	(951) 358-5000
<b>Child Abuse Hotline</b>	(800) 442-4918

**Child Help** (800) 422-4453 **Nationwide**

*-Exists to meet the physical, emotional, educational and spiritual needs of abused, neglected and at-risk children. They focus their efforts on advocacy, intervention, treatment, prevention, family resilience and community outreach.*

### **Crisis Text Line**

*Crisis Text Line is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.*

Text "HOME" to 741741

**National Domestic Violence Hotline**

<https://www.thehotline.org>

General resource for safety planning, housing, and additional resources.

Call: 1-800-799-SAFE

Chat Now

Text

1-800-799-3224

<https://www.thehotline.org>

"START" to 88788

**MENTAL HEALTH**

**Telecare Mental Health Urgent Care/Stabilization Unit**

can help with case management and housing if client lets them know about factors affecting their life and mental health enough times (acc. to Starting Over Inc.)

9890 County Farm Road, Building #2, Riverside 92503

(951) 509-2499

**National Suicide Prevention Hotline 24/7**

988

(951) 686-4357

Chat <https://988lifeline.org/>

<https://www.samhsa.gov/find-help/988>

**24/7 Mental Health Urgent CARES line**

Riverside: (951) 509-2499

Perris: (951) 349-4195

**CARES Referral Line, Riverside County** (800) 499-3008

(COMMUNITY ACCESS, REFERRAL, EVALUATION, AND SUPPORT)

***Must call this number to be connected to mental health services in Riverside County***

**Riverside County Mental Health**

**Blaine Street Adult Clinic**

***If you are not a client yet, must call CARES Referral Line***

769 Blaine Street, Suite B Riverside, CA 92507

Phone: (951) 358-4705

**Riverside County Mental Health, Children's Treatment Services**

**Children's Treatment Services (CTS)**

***If your child is not a client yet, must call CARES Referral Line***

3125 Myers St, Riverside 92503 (951) 358-4840

**The Lehman Center - Children's Campus**

3075 Myers St, Riverside (951) 358-4625

**Jefferson Wellness Center** 2085 Rustin Ave. #3, Riverside 92507

***If you are not a client yet, must call CARES Referral Line***

Monday - Thursday 8 a.m. - 5:30 p.m.; Fridays 8 a.m. - 4:30 p.m

(951) 955-8000

*Provides intensive wellness and recovery-based services for previously un-served or underserved individuals who carry a serious mental health diagnosis and who are also homeless, at risk of homelessness, and/or have experienced numerous psychiatric hospitalizations or incarcerations related to their mental health disorder.*

***Outpatient services only***

**Central Counseling Services** (951)778-0230  
**& CCS Education and Wellness** (951) 742-7435  
*Mental Health services* 6840 Indiana Ave, #275, Riverside

**Renewing Hope Strategies** (951)465-3664

***www.renewing-hope.org***

*Low to no-cost psychotherapy services, 2 locations in Riverside +Murrieta, Hemet, Yucaipa*

**YOUTH**

**Homeless Youth Hotline** (800) 551-1300

**Operation SafeHouse** (800) 561-6944

Children aged 11-17 years old

*Provides emergency shelter, intervention and outreach services to runaway, homeless or other youth (Aged 11-17 years old) in crisis.*

**California Youth Crisis Line** (800) 843-5200 Call or text

*Nationwide line that provides crisis intervention counseling and resource referrals to service providers in the caller's local community*

**Inspire Life Skills** (951)316-0011

*INSPIRE equips youth by helping students pursue higher education with the support they need for a smooth transition into adulthood. Our mission is to break the cycle of abuse and poverty through stable housing, education, training, and mentorship of foster and homeless youth*

**Riverside Unified School District** (951) 352-1200

**Riverside Unified** *early childhood* (951) 352-8290

**Alvord Unified School District** (951) 509-5000

**Wylie Center** *Early childhood services* (951) 683-5193

**Job Corps** (800) 733-5627

*Free residential education and job training program for young adults ages 16–24. Connect to skills and education*

**Youth Opportunity Center** *(ages 14-22)*

*-Dedicated to the empowerment and advancement of Riverside youth through the promotion of social and personal development. The center focuses on providing youth ages 14 - 22 with the skills necessary to succeed in their communities.*

2060 University Ave (951) 826-2272  
Mon-Thurs 12pm- 8pm, Fri 12pm-6pm

**California Family Life Center Rubidoux Youth Opportunity Center (ages 16-24)**

(951) 683-9622

5656 Mission Blvd, Riverside Mon-Thurs 12pm-8pm, Fri 12pm-6pm

**LEGAL AIDE**

**Public Defenders Office** (951) 955-6000

**Probation Action Team** (951) 715-3497

**Corrections & Parole Division** (951) 782-4808

**Victim & Witness Services** (951) 955-5400

**Inland Counties Legal Association** (951) 368-2555

**Riverside County Legal Aid Clinic** (951)682-7968

Provides legal aid for residents of Riverside County. Consults for various topics including but not limited to: evictions, restraining orders, divorce, and guardianship. Financial assistance is available.

<https://riversidelegalaid.org/>

**Riverside Office:** (951) 682-7968 4129 Main Street Ste. 101 Riverside, CA 92501

**Indio Office:** (760) 347-9456 45561 Oasis Street Ste. 101 Indio, CA 9201

**Eviction Prevention & Rental Assistance Program via Legal Aid Clinic** (951) 888-2039

**IELLA Legal Aid Project** (951) 369-3009

**Family Court** (951) 777-3147

**IMMIGRATION RESOURCES**

**Immigration Legal Resource Center**

*"Working with and educating immigrants, community organizations, and the legal sector to help build a democratic society that values diversity and the rights of all people."*

<https://www.ilrc.org/>

*This is specifically for resources and they do not provide legal services.*

*Red Cards - The ILRC's Red Cards help people assert their rights and defend themselves in many situations, such as when ICE agents go to a home. (To find the art for the Red Cards follow the link above, click on community resource tab, then click Red Cards box)*

**National Immigration Legal Services Directory**

*Welcome to the National Immigration Legal Services Directory. Use the options below to search for immigration legal services providers by state, county, or detention facility. Only nonprofit organizations that provide free or low-cost immigration legal services are included*

*in this directory. If you have questions, please see our list of frequently asked questions or email us at [directory@immigrationadvocates.org](mailto:directory@immigrationadvocates.org)*

**<https://www.immigrationadvocates.org/nonprofit/legaldirectory/> (To find legal services)**

### **The American Immigration Lawyer Association**

*A website strictly for finding an immigration lawyer.*

**<https://ailalawyer.com/>**

**Inland Coalition for Immigrant Justice** (951) 665-8782

### **PUBLIC ASSISTANCE**

**DPSS Assistance Programs** 11060 Magnolia Ave (877) 410-8827  
Monday - Thursday 7:30am- 5:30pm and Friday 8am- 5pm

**Social Security** 10000 Magnolia, Riverside  
Mondays, Tuesday, Thursday, & Friday 9am – 3pm Wednesday 9am – 12pm  
Local office (866) 931-4495  
Nationwide (800) 772-1213

### **Medicare**

(800) 633-4227

**WIC (Supplemental Nutrition Program)** (800) 472-2321  
Women, Infants, and Children (ages up to 5 years)

### **CLOTHING**

**Salvation Army** (951) 784-3571  
3695 First St Monday through Friday 8:30am - 4:30pm Closed 12 – 1pm

**Lutheran Social Services** 3772 Taft St (951) 689-7847

**Arlington Temporary Services** 10495 Arlington Ave, Suite 1, Riverside 92505  
(951) 689-5620  
Mon, Tues, and Thursday 10am-1pm

**Community Settlement House** 4366 Bermuda Ave. (951) 686-6266  
Call ahead to see if ahead to see if there are clothes available

**Calvary Presbyterian Church** 4495 Magnolia Ave. Clothes Closet, Sunday 4pm-6pm  
*Sometimes has interview appropriate clothing* (951) 686-0761  
*depending on donations*

**Wesley United Methodist Church** 5770 Arlington Ave, Riverside  
Sunday mornings 7:30am-9am (951) 689-2649

**HEALTHCARE**

**Neighborhood Healthcare Eastside Health Center** 1970 University Ave, Riverside  
*Sliding fee scale for those without insurance, Accepts MediCal, IEHP, Molina and most insurance*

*Wide range of services including dental and behavioral health*

Mon - Fri 7:30am – 5pm (951) 213-3450

**Planned Parenthood** (888) 743-7526

3772 Tibbets St., Riverside 92506 [planned.org](http://planned.org)

**\*ask about Family Pact** -low income program for reproductive-related services

**DENTAL CARE**

Loma Linda University School of Dentistry Student Clinic

11092 Anderson St., Loma Linda, CA (909) 558-4222

*offers a variety of dental services at reduced cost provided by the university's dental students supervised by experienced, licensed staff. Call for additional information.*

**RIVERSIDE COUNTY CLINICS**

**University Community Health Center** 2933 University Ave. , Riverside

*Sliding fee scale for those without insurance*

Monday - Friday 8am-5pm (951) 224-8220 **Medical**, (951) 224-8230 **Dental**

**Jurupa Family Care Center** 8876 Mission Blvd. Jurupa Valley, CA, 92509

*Sliding fee scale for those without insurance*

Monday - Friday 7:30am - 5pm (951) 360-8795

**Riverside Neighborhood Health Center** 7140 Indiana Ave., Riverside (951) 358-6000

Mon&Tues 7:30am-5pm, Wed-Fri 7:30am-7:30pm, Sat 8:30am-7:30pm

**Rubidoux Family Care Center** 5256 Mission Blvd., Riverside

Mon-Fri 7:30am-5pm (951) 955-0840 **Medical**, (951) 720-9553 **Dental**

**Arlanza Family Health Center** 8856 Arlington Ave, Riverside

Mon-Fri 8am-5pm, closed 12-1 for lunch (951) 710-3970

**FREE CLINICS**

**First Congregational Church** 3504 Mission Inn Ave.

*Free medical and dental clinic. Psychiatric care available*

Every other Wednesday at 5:30pm (951) 867-7742

**Lestonnac Free Clinics**

Please bring a valid ID

**Jurupa Valley:**

3980 Opal St, Jurupa Valley CA 92509

Hours: 2nd & 4th Sat 9am-12pm, Walk-in Clinic

**Riverside:**

7025 Brockton Ave, Riverside 92506  
Hours 1st, 3rd, & 5th Sat 9am-12pm, Walk-in Clinic

**San Bernardino:**

401 E 21st St, San Bernardino 92404  
(909) 881-4800  
Hours Mon, Tues, Sat 9am-5pm, Thur & Fri 12pm-7pm

**SHOWERS**

Tuesdays & Thursdays. 8:30am-11:30am, 1-3pm  
**Salvation Army** (951) 784-4490  
3695 1<sup>st</sup> St, Riverside 92501

1<sup>st</sup> and 3<sup>rd</sup> Tuesdays 9am – 12pm **need to call back**  
**Seventh-Day Adventist Church - Community Services**  
*Shower trailers with hygiene products in church parking lot*  
4491 Kansas Ave, Riverside (951) 682-9810

Sundays 7:30 a.m. - 9 a.m.  
**Wesley United Methodist Church (Early sign-in, space limited)**  
5770 Arlington Ave (951) 689-2649 **-phone not working**

3<sup>rd</sup> & 5<sup>th</sup> Sunday of the month, 2pm-5pm *located in the lower parking lot*  
**Calvary Presbyterian Church**  
4495 Magnolia Ave, Riverside 92501 (951) 686-0761

**TRANSPORTATION/BUS PASSES**

**Transportation Access Program (through Riv County Office of Aging)**  
(951)867-3895 or (800)510-2020. Mon, Wed-Fri 8am-5pm, Tues 10am-5pm.

**Community Settlement House**

4366 Bermuda Av Tuesdays & Thursdays only 8:30 a.m. - 12:30 p.m. (951) 686-6266 x101

**Catholic Charities** (951) 689-1803  
**Salvation Army** (951) 784-3571

**UTILITIES/GAS ASSISTANCE**

**Salvation Army**  
3695 First St. Tuesdays & Thursdays only 1 p.m. - 4 p.m. (951) 784-4490

**Community Actions Partnership: Catholic Charities**  
2038 Iowa Ave. B102 Monday & Thursday 8 a.m. - 5 p.m. (800) 999-5584

**Wesley United Methodist Church** 5770 Arlington Ave, Riverside  
Tues, Thurs 8:30am-12pm, 1pm-3pm (951) 689-2649

### **Community Action Partnership (Riverside County)**

*CAP administers the Low-Income Home Energy Assistance Program (LIHEAP), which provides utility payment assistance and weatherization services to low-income customers in Riverside County.*

Iowa Ave, Suite B-101, Riverside 92507

(951)955-4900

### **JOB TRAINING**

**Become a Caregiver:** Riverside County In-Home Supportive Services Caregiver Orientation  
888-960-4477

**Register to Become a Caregiver:** Public Authority's In-Home Supportive Services Caregiver Registry - visit [RiversideIHSS.org](http://RiversideIHSS.org) and click on **Become a Caregiver/Provider** to begin the online self-registration process

**Welfare to Work** -CALWORKS clients -contact DPSS worker

**Riverside County Cal-Fresh Employment and Training Program** 1.866.505.9806

**Riverside County Human Resources website** <https://www.rc-hr.com/>

### **California State Job Resource**

[www.CalJOBS.ca.gov](http://www.CalJOBS.ca.gov)

*Find a job, workshop/event, education and training, and more career services*

### **IBEW union -International Brotherhood Electrical Workers**

(951)684-5665 [www.ibew440.org](http://www.ibew440.org)

Position: Apprentice Wireman starts at \$21.00/hr, potential to make \$44.00/hr by year 5 as well as promotions -packages include insurance, pension, and training

### **Goodwill Job Center**

2002 Iowa St. Suite 110

open Mon- Fri 8:30 a.m. - 4:30 p.m. (951) 823-8030 x8001

### **Youth Opportunity Center** (ages 14-22)

2060 University Ave Monday - Thursday 12 p.m. - 8 p.m. & Friday 12 p.m. - 6 p.m.

(951) 826-2272

### **Riverside Opportunity Center**

(951) 530-1132

**Workforce Development Center** 1325 Spruce St., Riverside Monday - Friday 8am - 5pm  
(951) 955-3100

**California Department Rehabilitation** 2010 Iowa Ave., Suite 100, Riverside

*Must have a verified physical or mental disability per doctor's note or Social Security*  
 Monday-Friday 8 a.m. - 5 p.m. (951) 782-6650

**Temporary Employment - TAP** 3450 14th St., Riverside Floor 2  
 Monday - Thursday 7:30 a.m. - 5 p.m. and Friday 7:30 a.m. - 4 p.m. (951) 955-9178

**Starting Over (Employment Services)** (951) 898-0862 startingoverinc.org  
*Provides free assistance with resumes, applications, quality job leads in San Bernardino and Riverside Counties, one on one computer lessons and more*  
 6355 Riverside Ave, Suite 100, Riverside 92506

### **EDUCATION**

**Riverside Adult School** (951) 788-7185  
 6735 Magnolia Ave., Riverside, CA 92506

**Riverside City College** (951) 222-8000  
 4800 Magnolia Avenue  
 Riverside, CA 92506

**Free Application for Student Aid**  
 fafsa.gov

### **PET SUPPLIES**

**Taking It to the Streets with Lori and Shira** (951) 662-0631  
 Jurupa Valley  
*Non-profit providing collars, leashes, treats, toys, blankets and dog food to those in need*

**Mary S. Roberts Pet Adoption Center** (951) 688-4340  
 6165 Industrial Ave, Riverside, CA 92504  
 Pet Food Assistance Program offers free pet food for the dogs and cats of elderly or disabled people living in Riverside County

### **TATTOO REMOVAL SERVICES**

**Loma Linda University Health Tattoo Removal Program** (909) 558-9405  
[injuryprevention@llu.edu](mailto:injuryprevention@llu.edu)  
*free service that requires community service hours from clients*

**Removery** (866)-465-0090  
 Please fill out the form through Removery's website:  
<https://removery.com/services/ink-nitiative/>

10303C Magnolia Ave, Riverside 92505

**Sharen Jeffries, M.D.- New Beginnings: Branding Tattoo Removal** (909)557-2477  
*free service for survivors of trafficking*

Redlands, CA

**Sublime Medical** (951) 222-2212  
*20% discount for removal of tattoos*  
 7095 Indiana Ave, Riverside

## **SOUTH RIVERSIDE COUNTY RESOURCES (Temecula/Murrieta/Hemet/Menifee)**

### **FOOD RESOURCES**

#### **St. Vincent de Paul Temecula**

Food Distribution - Canned food, dried goods, infrequently fruits and veggies  
 Friday's 9:00am - 10:00am - Registration begins at 8:30am  
 41875 C St. Temecula, CA 92592  
 951-587-6752  
[stvincentdepaul@scachurchtemecula.org](mailto:stvincentdepaul@scachurchtemecula.org)

#### **Circle of Care Ministry**

Food Distribution - Canned food, dried goods, infrequently fruits and veggies  
 Tuesdays, Thursdays, Fridays and Saturday 10:45 am to 11:45am  
 Located at Crossroads Church, North Side of the building  
 26090 Ynez Rd Temecula, CA 92590  
 951-973-3582  
<https://circleofcareministries.org/>  
[terri@circleofcareministries.org](mailto:terri@circleofcareministries.org)

#### **Western Eagle Foundation**

*Emergency Food Bags* - filled with staples (canned and dry foods). A form to fill out with number of people in family and family income. Dates and Times are announced on website and social media.

*Customized Food Boxes* - Feeds a family of four two meals per day for a week. \$25 Everyday all day.

*Senior Day* - Discount for seniors every Tuesday.

40940 County Center Dr., Temecula, CA 92590  
 951-695-7206  
[cindyrutland@gmail.com](mailto:cindyrutland@gmail.com)

#### **Temecula-Murrieta Community Pantry**

Food Pantry and Personal Items to homeless and low-income families.  
 Mon/Wed/Fri 8:30am-12:00pm

28922 Pujol St. Temecula, CA 92590  
951-676-8022

### **Community Mission of Hope**

Food Pick up Hours: Mon-Fri 10:00am-12:00pm  
Prayer and Listening Ear if needed: Mon-Fri 10:00am-12:00pm  
41760 Rider Way, Temecula, CA 92590  
951-444-1404 [info@cmoh.net](mailto:info@cmoh.net)

### **Senior Citizen's Center**

The Senior Citizens Service Center and Food Bank gives food to seniors, families, pets and those in need.

Hours: Mon - Fri, 8am - 11am  
41538 Eastman Dr. Murrieta, CA - 92562  
951-600-9557

## **SHELTERS**

### **Project TOUCH**

<https://projecttouchonline.com>

Emergency housing (21 day) program, Transitional housing (approx. 12-month program), resource referral center, food program, etc. Housing options for single parents, individuals, and families.

Call: (951) 677-9661

Locations: Murrieta, Wildomar, Lake Elsinore, Menifee, Temecula

### **Rancho Damacitas Community Mission of Hope**

<https://cmoh.net/empowerment-village/>

Empowerment Village exists to help single moms believe that life change is possible.

Services: Housing, Education, Financial and Career advancement, Parenting, Holistic Wellness, Leadership

Call (951) 444- 1404                      Email: [info@cmoh.net](mailto:info@cmoh.net)

Address:            41760 Rider Way, Temecula, CA 92592

### **Option House**

<https://www.optionhouseinc.com/emergency-shelter>

Services: DV Emergency Shelter, Education

Crisis Line: (909) 381-3471

Office: (909) 359-2367

Email: [info@optionhouseinc.com](mailto:info@optionhouseinc.com)

Address: 813 North D Street, Ste. A  
San Bernardino, CA 92401

**Alternatives to Domestic Violence**

<https://www.alternativestodesticviolence.org/>

Services: Education, shelter, counseling

Emergency Lines: (951) 683-0829 Toll Free: 1-800-339-7233

Call: (951) 425-8900 Email: [info@alternativestodv.org](mailto:info@alternativestodv.org)

**National Center for Victims of Crime**

<https://victimconnect.org/>

Domestic Violence is a crime. Services: Emotional Support, Information, Referrals, Helps find local resources for financial support and legal services.

Call 1-855-484-2846

**SAFE Families Justice Center**

<https://safefjc.org/>

Free Services to connect you with community partners to reach safety, become educated about domestic violence, next steps, and your rights.

Email: [info@safefamiliesca.org](mailto:info@safefamiliesca.org)

Locations:

*Temecula Center*

28910 Pujol St.

Temecula, CA 92590

(951) 587-3900

*Murrieta Center*

30045 Technology Drive Ste. 101

Murrieta, CA 92563

(951) 304-5680

**FREE OR INCOME BASED MEDICAL CLINICS**

**Neighborhood Healthcare** clinics operate under a SLIDING SCALE model. This means that it MAY NOT be free depending on your income. You will be required to prove financial need in order to receive free services or services at a reduced cost.

31720 Temecula Pkwy, Temecula, CA 92592

833-867-4642

Monday-Friday 8am-5pm

Services at this location include:

Primary Care, Behavioral Health, Women's Health, Lab Services, Prenatal

41840 Enterprise Cir N., Temecula, CA 92590

951-225-6400

Monday-Friday 7:30am-11:15am; 12:15pm-4:30pm

Services at this location include: Primary Care, Behavioral Health, Women's Health, Podiatry, Lab Services, Prenatal, Pediatrics, Chiropractic, Acupuncture, Diabetic Eye Exams (Retinal Screening)

41715 Winchester Rd., Temecula, CA 92590  
951-694-9449  
24-Hour Urgent Care

26926 Cherry Hills Blvd, Menifee, CA 92586  
951-225-6400

Monday-Friday 8am-11:45am; 12:45pm-5pm

Services at this location include:

Primary Care, Behavioral Health, Women's Health, Lab Services, Prenatal, Pediatrics, Chiropractic, Diabetic Eye Exams (Retinal Screening)

907 Devonshire Ave, Hemet, CA 92543  
951-216-6100

Monday-Friday 8am-12pm; 1pm-5pm

Services at this location include:

Primary Care, Behavioral Health, Dental Care, Women's Health, Lab Services

## **JOB TRAINING**

**Partners Personnel -** (951) 691-1008

<https://www.partnerspersonnel.com/>

39040 Sky Canyon Dr. Unity B-5 (105), Murrieta, CA 92563

[murrieta@partnerspersonnel.com](mailto:murrieta@partnerspersonnel.com)

Job Search

**AppleOne Job Center -** (951) 296-5430

<https://www.appleone.com/>

41923 Second Street Suite 202 Temecula, CA 92590

[temecula-ca@appleone.com](mailto:temecula-ca@appleone.com)

**Care-Rite Vocational Services-** (951) 719 3377

Help intellectually disabled individuals with job training and independent living.

<https://careritevoc.com/>

40880 County Center Dr. Suite K Temecula, CA 92591