



Gary Soffer, MD, is an Assistant Professor at Yale School of Medicine specializing in Pediatric Allergy/Immunology and Integrative Medicine. He earned a degree in Human Development at Cornell University and his medical degree at Tel Aviv University. He completed pediatrics training and a fellowship in allergy and immunology at Children's Hospital at Montefiore, followed by a second fellowship in Integrative Medicine at the University of Arizona.

He is nationally recognized for his work on the cross-section of integrative medicine, with allergy and immunology. Dr. Soffer's research primarily focuses on food allergies, health equity, and integrative medicine. He has worked closely with several organizations including Stone Barns and Blue Hill, as well as Gather New Haven's Farm Based Wellness Initiative to teach medical trainees the importance of agriculture in human health. Most recently, he was a featured speaker at the Rodale Organic Farms Regenerative Healthcare Conference.

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