

## **Guest House Facilities Information**

**ICSA Workshop - April 27-29, 2018**

### **What are guest rooms like, and what amenities are offered?**

Guest House was built as a country inn and offers beautiful and comfortable accommodations while maintaining the atmosphere of a retreat center. Most of our spacious bedrooms have one queen bed and one twin bed in them. Each guest bedroom has its own full bathroom. Every room has its own thermostat where you can control your own heating or air conditioning.

In your bedroom you will find a comfortable bed, a set of towels, a clock, bar soap, and a disposable cup. Extra blankets and pillows are available in each closet. There are no televisions or telephones in guest bedrooms. Hair dryers and irons are available in the Guest Amenities Closet located to the right of the Elevator on the 1st Floor.

Guest House is a smoke-free facility. We have two outdoor smoking areas with receptacles for cigarettes. We have a small store where you may purchase a limited number of toiletry items, bottled water, candy, snacks, writing journals, water bottles and coffee mugs. Payment may be made with check or cash.

### **What should I bring?**

You should bring toiletries such as shampoo, toothbrush and toothpaste, and shaving items. If you plan to enjoy the outdoors, sunscreen, insect repellent, sturdy shoes, and a hat are advisable.

### **What accommodations are available for disabled individuals?**

Guest House is wheelchair accessible, and the dining room and one of our meeting rooms are located on the first floor. We have elevator service to other residential floors. We also have several bathrooms with wheelchair-accessible toilets and safety handles in the bathtub.

### **What are meals like and how are they served?**

Please let your coordinator know your food preferences and any serious medical dietary restrictions or allergies.

Dinner entrees offered are: Meat Entrees, or Vegetarian Entrees. Meals are served buffet style. Guest House prides itself on the quality and creativity of our meal offerings. Tea and coffee are available all day in the dining room.

**I have special dietary needs. Can you accommodate them?**

The kitchen will make every effort to meet your needs and preferences. A refrigerator and microwave are available in the Sun Room for guest use 24 hours a day if you need to bring special food items or medicines.

**Does Guest House have wireless internet access?**

Yes, free high-speed wireless internet is available throughout the building.

**How can I travel from the train station or airport to Guest House?**

The Old Saybrook train station, 20 minutes from Guest House, is served by Metro North from Grand Central terminal in New York to New Haven, and on to Old Saybrook via Shore Line East. Old Saybrook also is served by Amtrak from Boston and New York. (Travel from New York is much less expensive via Metro North.) Taxi and private car services are available from the train station to Guest House, but you must make arrangements in advance. For service from the Old Saybrook train station, we recommend calling Car-Mac at least one hour in advance: 860-388-2842. For travel from the nearest airport in Windsor Locks (Hartford) is Bradley International Airport; There are a couple of car services companies Guest House suggests:

- Hesham Taxi Service 860-690-1612; call for pricing
- Accent Limousine. The owner, Larry, prefers to be emailed in advance with the guest's name, time of arrival and flight name & number. [accentlimousine@cox.net](mailto:accentlimousine@cox.net) 860-529-0400.

**What are the grounds like?**

Guest House is situated on 17 wooded acres. Its tree-shaded, three-tiered deck overlooks a small pond. Also on its property is a walking Labyrinth accessed from the back lawn area. Public lakes and beach are nearby. Keep in mind that this is tick country; use of insect repellent while engaging in outdoor activities is advised.

**What attractions are there in the local area?** The nearby town of Chester is a charming New England town featuring several fine restaurants, art galleries, and boutiques. In addition to lakes, salt-water swimming and miles of hiking trails, Chester is near the town of Mystic with its world-famous aquarium and world-class boutique shopping. Gillette Castle, an early 20th-century mansion built in the style of a medieval castle, is a popular local attraction. The Front Desk staff will be able to provide more information or suggestions for travel in the surrounding area.