### **Coaching Cycle Reflection**

A Cycle is the collaborative process of identifying the focus and then synthesizing what is necessary to accomplish it.

### Pre-Plan

- What was your relationship with the teacher like when you started the cycle?
- Did you gather enough information to help narrow the focus?
  - What evidence (student data, conversations, observations, etc.) did you use to help the teacher narrow the focus?
- How did I prepare for the conversation with the teacher?
  - Did I plan to introduce the coaching cycle?
  - Did I preplan how I will keep myself and the teacher focused? (Tool kit, reflection tools)
  - O Did I anticipate the teacher's responses? (use the <u>components</u> page as a reference)

### **Coaching Tips:**

- Remember benevolence: You are a professional. The teacher that you are working with is a professional.
- Know the teacher's schedule. When are they with students? When are they available to talk?

## 1. Duration

- Are the dates filled in? Did I look at my calendar? The teacher's calendar? (anticipate school breaks, teacher/coach schedule)
- Was this a sufficient amount of time? Refer to the review.
- Did we stick to the dates? If we didn't, why not?

## 2. Narrow the Focus

- Did you use the evidence collected in the pre-plan to set the area of focus on the 5 foundational teaching skill(s)?
- How did you apply the evidence to **narrow the focus** even further for the teacher?
- How were the coaching techniques used to support and communicate the focus with the teacher?

### **Coaching Tips:**

- Move forward confidently with the info you have gained, but be ready to shift if your initial thoughts are incorrect.

# Relevant to the Teacher

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- Is the information focused on the area of support? How did you filter what the teacher was saying within your notes?
- Is this relevant to the teacher's voice?
- How were the coaching techniques used to support and communicate with the teacher?
- How did you organize the information and narrow the teacher challenges?
- Did you take a break here? If so, did you review/clarify your notes with the teacher? When you met again, did you refresh the conversation by reviewing your notes?

### **Coaching Tips:**

- Use key words/phrases that honor the teacher's voice, but support the language of instructional strategies. (use the <u>components</u> page as a reference)
- Listen and process the teacher's words into language that will create a progression.

# 4. Learning Progression

### A learning progression is a typical path to follow OR sequence of learning. A learning progression should:

- o connect to the overall focus and include primary content. (use the components page as a reference)
- be systematic.
- be clear for the teachers. How do you know that the language was clear?
- o impact student learning in a positive way. Did you include success criteria for students?
- o include what a teacher will be able to do at the end of this plan. In what ways were you able to challenge the teacher?
- Did the progression go in-depth enough to have 4-6 weeks of coaching?
- Could you replicate the progression in a different situation?

### **Coaching Tips:**

- What if I didn't write enough notes to create a progression? Solution could be to recall the conversation and write it down. Review changes with the teacher. "I really want to clarify.... So I can customize this plan to meet your needs." (Be mindful of time)
- Brainstorm coaching activities that can accomplish the goals. Make a plan, but be flexible if your initial thoughts don't match the teacher's thoughts.

### Time & Intensity 5

- How did the time and intensity of coaching support the teacher in meeting the success criteria?
- What adjustments would you make to time and intensity for the next coaching plan?

6. First Interaction

How did you transition from establishing the cycle (Steps 1-6) to working the cycle?

### Which coaching interaction did you do to support the teacher based on the learning progression?

# Working the Cycle

- **APPLICATION** Evidence of Implementation **LEARN** - Improve Instruction ■ Plan Collaboratively Observation
  - Peer Observation
  - Co-Teach Video Analysis Professional Learning

#### For each interaction:

- Did you keep the day and time you set? Why or why not?
- Did you and the teacher come prepared for each meeting?
- Did you communicate each person's responsibility for each meeting? How did you balance the responsibilities for the teacher and the coach?
- Was the assignment appropriate for the goal of the teacher?
- Was there an opportunity for application?
- How were you able to meet the teacher where they were at?
- How did our coaching interactions provide for a gradual release of responsibility for the teacher?
- Was one interaction more impactful than others? Why?

### Review the Cycle

- Did I review the cycle with the teacher within the time frame that was established in the cycle? Why or why not?
- Were there any challenges or missed opportunities during the coaching cycle?
- What are some next steps for your coaching (in a broad sense) as a result of this cycle?
  - How will you support the teacher in maintaining the progress made in this cycle?