

Learning Target: I can implement a complete and effective decision making process that promotes a positive impact.

Assignment directions: Each group will be given a scenario. Together, follow the steps in the decision making model. Each group member will need to fill out and turn in the information below.

1. Define the problem:

2. Explore the alternatives/options & 3. Consider the consequences of using bullet points

Option	Pros	Cons
A.		
B.		
C.		
D.		

4. Identify your values regarding this topic (what is most important to you) and explain why:

5. Decide and create an action plan

- What is your decision?
- Reflect on WHY you made the decision you did...
- What steps could you take to follow through with your decision? Bullet points are fine.

6. Evaluate-- How would you go about measuring the success of your choice? What would you be looking for or use to determine if it was a good choice?

DECISION-MAKING SCENARIOS

Directions: Read your scenario and follow the steps of the DECIDE process to aid in your decision-making process if you were in this situation.

SCENARIO 1: Your parents are going to be out of town for the weekend. Your friends are encouraging you to have people over and you think it is a good idea. Although you only planned on having a small group of people over, word has gotten out that you are having a party. More people start showing up and they have brought their own alcohol. Although you are having a good time, things are starting to get a bit out of control.

SCENARIO 2: You are concerned about a friend and think they may have an eating disorder. At lunch, they rarely eat. One day after eating they got up to go to the bathroom. You followed them and as you entered the bathroom you heard them vomiting. When you tried to talk to them to let them know you were concerned, they said they weren't feeling well. You're pretty sure there is more to it.

SCENARIO 3: Your friends are bullying someone at school and through social media. In grade school, you used to be friends with the person that is being bullied. You want to stand up to your friends because you feel bad, but you realize that they will probably not take it very well.

SCENARIO 4: You're an athlete who has agreed to a code of conduct contract stating you will not use tobacco, alcohol or drugs. You go to a party on the weekend and when you get there you realize that some people are drinking etc. You know you could get in trouble just by being there, even if you choose not to drink. However, you did not drive and your ride really doesn't want to leave.

SCENARIO 5: You have a big project due that you have put off until the last minute. You were planning on working on it all day on Sunday because it is due Monday. You just got started on it when your friend calls you to tell you they won free tickets to see your favorite band. If you want to go you have to leave in an hour. You know you won't get home till midnight or so and even if you stayed up all night you'd still not finish your project.

SCENARIO 6: Your friend's significant other just broke up with them and they are really upset. They have been having a hard time with some family issues as well. You are concerned about how they have been acting. They have been withdrawn and depressed and you are worried they may be having thoughts of suicide.

SCENARIO 7: Growing up you always felt a little different. In high school you are certain that you are Gay/Lesbian/Transgender and you are considering coming out to your best friend and/or parents. You are afraid and uncertain about how they will take the news.