

Tips for Creating a Nightly Homework Routine

Consistent where, when, “and then...”	Where	When	“And then...”
	In the same quiet place (in your home, at the library, etc.) with materials ready for use	At the same time nightly, before free time and screen time	Allow for fun play, free time, and/or screen time after homework is completed
Plan ahead	• Use a planner or calendar to create a week-at-a-glance • Look at homework due dates and your family’s after-school commitment schedule to help your child map out when they will complete their assignments throughout the week		
Communicate with school	• Teachers typically provide an estimate on how long homework assignments should take each night. Let your child’s teacher know if they are taking too long – or zooming through! • Reach out to your child’s teacher if assignment due dates or expectations are unclear		
Be the coach, not the teacher	• Don’t do your child’s work for them – kids grow through productive struggle! • Praise your child for their effort on assignments		