

HYDRATE-THEE

JuiceThee: 16oz-\$7 / 24oz - \$10 / 32oz - \$15 -some items may be changed due to availabilities

WINTER WONDERLAND: Daily Tea Blend, mixed greens, apples, ginger, lime, celery, cayenne

H302: berries, apple, grape, lemon, dandelion, guava, red cabbage

DR. BEET: beet, turmeric, ginger, berries, apple

RESET: lime, orange, kiwi, grapes, pineapple, cucumber, apple, dandelion tea

GUT BUSTER: pineapple, cayenne, turmeric, peppercorn, lime, ginger, fulvic minerals, magnesium water, triphala

FALL FAT BLASTER: Pineapple, Cucumber, apple, ginger, turmeric, lime, daily tea blend

SmooThee: 16oz-\$5 / 24oz - \$7 / 32oz - \$10

WINTER DETOX: greens, key lime, dandelion, beets, ginger & berries blend

RESTORE: mineral water, pineapple, peach, turmeric, burdock, sea moss, ginger, apple, & key lime JUST BURN: beet, keylime, green tea, NRG, pre workout, pineapple, peaches, dash of cayenne

WARRIOR: daily herbal detox blend, nuts, berries, charcoal, cacao & grapes

EXOTIC: dragonfruit, banana, mango, peach, pineapple, sweet potato,, dandelion, carrot, grapefruit, & key lime

SmuiceThee: 16oz-\$6 / 24oz - \$8 / 32oz - \$11

BOOSTED: Beets, lemon, burdock, apple, pineapple, peach,

ALKALOVE: Berry blend, key lime, grapes, avocado seed, probiotic, mineral water, & daily juice blend

TROPICAL LOVE: dragonfruit, kiwi, berries, grape, kale, & green juice

H302: infused healing elixirs 160Z - \$3 / 240Z - \$4 / 320Z - \$5 / 1.5L - \$8 SPA WATER / SOUR SOP WATER / FRUIT WATER / CITRUS WATER / HERBAL WATER

HERBAL TEAS: 200z HOT / 240z COLD TEA: \$3 - ADD HERBS \$.50 ea.

*check out herbal menu

ENERGY BOOSTERS: past flavors available - \$7 - 32oz cup / \$10 - 1.5L bottle

Fall flavors available - new menu dropping soon

+ \$2.00 - add sea moss & burdock root

HEALING MOCKTAILS: you don't need to go to the bar to get a good cocktail, get one of our concoctions

BRAZILIAN CITRUS AID: LIME & LEMON W/ PLANT MILK. - WATERMELON BERRY LEMONAID - HERBAL LEMONAID - MANGO MARGARITA -

PINEAPPLE MINT MOJITO - FRUIT PUNCH: FRUIT BLEND - GRAPEFUL: GRAPES, BERRIES, SPARKLING WATER

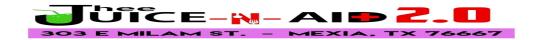
SEA MOSS: 16oz - \$25 / 32oz - \$50

SEA MOSS INFUSED DRINKS: 16oz - \$7 / 24oz - \$9

BABY FOOD: 4oz - \$4 / 8oz - \$8 / 16oz - \$10

PLANT MILK: 1.5L - \$4 (ALL NATURAL, NO ADDITIVES)

- OAT, ALMOND, WALNUT, PECAN, HORCHATA, RICE, GOLDEN



FOOD THEE

GRAB & GO:

Parfaits: 16oz cups - Oats / Chia - \$5

EnergE bites: 4 for \$5 / 10 for \$10 - oat, hemp, chia, cinnamon, olive oil, pumpkin seeds nut butter, berry, dark chocolate, protein rich bites filled with

nutrients and energy (Limited Availability)

FRUIT SALAD: Mixed fruit (add tajin, cayenne, chamoy, yogurt, or honey)

HEALING SALADS: ingredients differ due to availability. - Sm. \$5 / Lg. \$8

GARDEN OF EDEN: mixed greens, apples, berries, grapes, walnuts, cucumbers, feta, & Garlic Olive Oil

ROOTED: milked greens, root veggies, berries, craisins, fresh peppers & apple topped with our signature super spice and lemon garlic dressing.

CESAR SALAD: Mixed Greens, Feta, Parmesan, Croutons and cesar dressing WHATEVER; allow me to make you whatever God puts on my mind to create.

VITALITHEE BOWLS: \$10 (Acai/Smoothie bowls)

THIS SEASON: A creation w/ local seasonal fresh and healthy ingredients topped with honey, nuts, seeds, and fruit

RECOVERY: Protein and vitamin rich aiming to help with muscle recovery after a workout.

BERRY BLAST: berry based bowl topped w/ berries and more WHATEVER: Let me make you whatever comes to mind

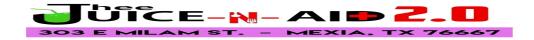
DAILY SOUP SPECIAL: \$10 -Thursday & Friday (comes with a sandwich or salad or drink) after 11/2 BONE / VEGAN HERBAL BROTH (48 HR TURNAROUND): 32 oz - \$10 - 1 GALLON - \$35

DO YOU WANT THE MOST POWERFUL CONCOCTION I CAN CREATE RIGHT NOW?

ASK FOR THE HOLY GRAIL!

HOLY GRAIL JUICE - 24oz - \$15 - HOLY GRAIL SMOOTHEE - 24oz - \$10 - HOLY GRAIL SMUICE - 24oz - \$10 HOLY GRAIL SEA MOSS - 16oz - \$30 - HOLY GRAIL ENERGY BOOSTER - 32oz - \$10 - HOLY GRAIL OIL - \$10

These products are created with the most beneficial ingredients and a plethora or enhancements to create the most powerful drink, meal, pills, or product I can with the ingredients I have on hand.



AID-THEE

SERVICES: (BOOK APPOINTMENT BY TEXTING 972-32-JUICE)

BECOME A PATIENT: INITIAL VISIT - \$100 - COMES W/ INDIVIDUALIZED PROTOCOL - \$30 EACH APPT. AFTER

WELLNESS COACHING: \$50 - 1 HR SESSION + 15 - \$25 - 30 MN SESSIONS

CONSULTATION: \$25 - 30 MIN

SPIRITUAL CLEANSING: \$20 - PERSON / \$75 - HOME - INTUITIVE SESSION: \$44 - 1 HR - INTUITIVE REIKI: \$77 - 1 HR

REIKI: \$44 - 30 MIN - WOMB THERAPY: \$55 - 30 MIN - LIFE COACH SESION: \$75 (1HR SESSION) OR \$35 FOLLOW UP SESSION

JUICE CLEANSE - \$25/DAY - FAT BLASTER GALLON TEA - \$20 - DETOX FLUSH GALLON TEA - \$20 MEAL PREP REGIMENS - (NO MEAT) - ADD \$10 FOR MEAT

1 daily item + herbal concoction = \$60

2 daily item + herbal concoction = \$90

- 3 daily items + herbal concoction = \$125

REGIMEN BINDER - \$125 - BLOODTYPE TEST - \$30 - GENOTYPE TEST - \$50 - PERSONALITY TEST- \$25

PERSONALIZED PRODUCTS: these products are created just for you, next to the product is the turnaround time. Price depends on specifics.

JUICES (30 min - 24 hrs) - TINCTURES (6-8weeks)- DECOCTIONS (1-24hrs)- SMOOTHIES (instant)- WATER (instant) - PILLS (7 days)
TEA BLENDS (7 days) - HERBAL BLENDS (instant - 7 days) - BATH BLENDS (instant - 7 days) - OIL BLENDS (3-7 days)- SPICES (24 hrs)

- JEWELRY (7 days) - SUPPOSITORIES (5 days) & MORE

MERCH & PRODUCTS: AVAILABLE TO ORDER 6/1/23 * items are made to order and shipped or available for store pick up

SHIRT: (ys - al) \$20 / (axl - 5xl) \$25

TUMBLERS: 30oz - \$50 / 20oz - \$30 (logo & your name (25% off when you bring to refill)

GARLIC OLIVE OIL: 16oz - \$10 / 32oz - \$15

SPICES: \$8 & UP LOOSE TEAS: \$10



HERBAL APOTHECARY:

We are super excited to add dried herbs that can be bought by the ounce, as a tea blend, or steeped in some tea. We also have tinctures, elixirs, oxymels, tonics, salves, soaps, and whatever else God tells us to create.

We can get any herb in powder or pill or herb form for you, even if we do not have in store.

Below is a list of the herbs currently available to purchase by the ounce, in a tea, in a blend, in a decoction, or we can create a personalized product for you!

Herbs: