

PROGRAMME

An Introduction to Photodermatology 2024

MONDAY 16th September 2024 – Robens Suite, 29th Floor, Tower Wing, Guy's Hospital

9.00-9.30 Registration & Coffee

ULTRAVIOLET LIGHT & SKIN: BASIC CONCEPTS

9.30-9.35 Welcome and Introductory Remarks

9.35-10.20 Introduction to Light Including Ultraviolet Radiation

10.20-11.00 What does Ultraviolet Radiation and
Phototoxic Mechanism in the Skin?

11.00-11.30 MORNING COFFEE

11.30-12.15 Photoageing and Photocarcinogenesis

AN INTRODUCTION TO PHOTODERMATOSES

12.15-13.45 Topical Photodynamic therapy: Principles & Practice

12.45-13.30 Introduction to the Photodermatoses

13:30-14:30 LUNCH

CHEMICAL AND DRUG PHOTSENSITIVITY

14.30-15.10 Drug-induced Photosensitivity

15:10-15:30 Phytophotodermatitis

15.30-16:00 AFTERNOON TEA

16:00-16.30 Phototesting in Clinical Practice

TUESDAY 17th September 2024 – Robens Suite, 29th Floor, Tower Wing, Guy's Hospital

9.00-9.30 Registration & Coffee

PHOTOPROTECTION

9.30-9.50 Revision Quiz/Discussion from Day 1

9.50–10.20 Photoprotection 1: a practical approach

10.20–11.00 Photoprotection 2: Sunscreens; photoprotection in real life

11.00 – 11.30 MORNING COFFEE

PHOTODERMATOSES

11.30-12.00 Polymorphic light eruption

12:00-12:20 Actinic Prurigo

12.20-13.20 LUNCH

13:20-13:40 Hydroa vacciniforme

13.40-14.00 Solar Urticaria

14.00- 14:45 Photoaggravated Dermatoses

14.45 -15.15 AFTERNOON TEA

15:15-16:15 Chronic Actinic Dermatitis including contact allergy in photosensitivity and Photoallergic contact dermatitis

WEDNESDAY 18th September 2024 – Robens Suite, 29th Floor, Tower Wing, Guy's Hospital

9.00-9.30 Registration & Coffee

PHOTODERMATOSES

9:30-10:00 Lupus, connective tissue diseases and photosensitivity

10:00-10:20 Thalidomide and its use in treating photosensitivity

PHOTOTHERAPY

10:20-11:00 Introduction to Phototherapy

11:00-11.30 MORNING COFFEE

11:30-11:50 The role of Physics in providing Phototherapy

11:50-12:20 Narrow Band UVB Phototherapy

12:20-12:50 PUVA Phototherapy

12:50-13:45 LUNCH

13:45-14:05 UVA-1 Phototherapy

14:05-14.40 Adverse effects of phototherapy Q&A

14.40 –14:55 The role of the Phototherapy Nurse

14:55 – 15:20 Setting up Home Phototherapy

15:20-15:35 AFTERNOON TEA

Dowling Phototherapy Unit – Bermondsey Wing, Ground Floor, Guy's Hospital

15:45-17:15 Phototesting, Phototherapy & PDT Demonstrations

THURSDAY 19th September 2024 – Robens Suite, 29th Floor, Tower Wing, Guy's Hospital

09.00-9.30 Registration & Coffee

9.30 -10.00 Revision Quiz/Discussion from Days 2 and 3

THE PHOTOGENODERMATOSES

10.00 – 11.00 Xeroderma Pigmentosum & the DNA Repair Disorders

11.00-11.30 MORNING COFFEE

THE PORPHYRIAS

11.30-12.00 Understanding the Porphyrrias

12.00-12.30 Managing Patients with Porphyria

12.30-13.00 Revision Quiz/Discussion from Day 4

13.00-14.00 LUNCH

CLINICAL CASE SCENARIOS – Dermatology Outpatients, 3rd Floor Southwark Wing, Guy's Hospital

14.00-15.00 Clinical Case Discussions 1-5

15.00 -15.30 AFTERNOON TEA

15.30-16.30 Clinical Case Discussions 6-10