

1-Day Rebellion™ Accessibility FAQ

For In-Person and Virtual Participants

 GLOBAL TIME ZONE GUIDE - 1 Day Rebellion

In-Person Accessibility at Belfast Castle:

Please note that information regarding the accessibility of Belfast Castle has been provided either directly by Belfast Castle or sourced from their accessibility documents and webpages. We cannot be held responsible or liable for any lack of this information or incorrect information. We encourage you to contact Belfast Castle directly if you have any specific accessibility queries, or contact us, and we will help you find out the information as best as we can. We are not responsible for any accessibility or lack of accessibility offered by Belfast Castle itself.

Belfast Castle offers several clear and accessible features for visitors, which are detailed on its official website. The venue is an Autism Impact Award Champion and is accredited for the JAM (Just a Minute) Card, ensuring that staff are trained to assist visitors with a range of needs.

Internal accessibility features

- Automatic doors: Automatic doors are installed at the main entrance for easy entry into the castle.
- Public lift: A lift provides access between the ground floor, the basement (for the visitor centre, coffee shop, and gardens), and the first floor (for function rooms and the bridal suite).
- Wheelchair access: The interior of the castle is fully wheelchair accessible.
- Accessible toilets: The venue has accessible toilets on both the basement and ground floor levels.
- Sensory packs: Visitors can borrow free sensory packs, which include fidget toys and ear defenders, from the customer service desk on the ground floor.
- Assistance dogs: Guide and assistance dogs are permitted inside the castle.

External accessibility features

- Free parking: On-site parking is free and includes designated Blue Badge and parent-and-child bays near the entrance.
- Accessible cafe seating: An outdoor, dog-friendly seating area is available at the Tavern Coffee Shop.
- Variable path accessibility: While the castle grounds and some accessible paths exist, visitors with mobility issues should be aware

that many walking trails within the wider Cave Hill Country Park are natural, steep, and uneven.

Here is Belfast Castle's Accessibility guide on: [AccessAble](#)

And you can read more on this [Belfast Castle Webpage](#).

Q: What sensory supports are available?

Free sensory kits (including earplugs and fidgets) are available at the Accessibility Desk.

Q: How do I communicate my boundaries?

- At check-in, choose from our consent indicators:
- "No Photos Please"
- "No Hugs Please"
- "Happy to Hug"
- There are additional communication cards you get from the Accessibility Desk
- There is an Accessibility Support Person

Q: What networking options suit different needs?

- Quiet Chats- Low-pressure, gentle conversations in the virtual spaces in-between events at in the showcase rooms.
- Active Chats - More energetic socialising can be undertaken at the live event before the show and at the VIP after the show.

Q: Can I bring a support person?

A: Yes! Support persons/personal assistants attend free of charge. Simply let us know at the door that you have a support person with you.

Q: Is accessible parking available?

A: Yes. Free on-site parking includes Blue Badge and parent/baby spaces. No booking required. The car park is open-air with level surfaces. Please review the Belfast Castle website to gain more insight.

<https://www.belfastcity.gov.uk/BelfastCastle/Contact-us/Visitor-accessibility-facilities>

Q: Are emergency procedures accessible?

A: Belfast Castle has:

- Visual fire alarms in addition to audible alarms
- Trained staff to assist with evacuation
- Accessible evacuation routes clearly marked
- Staff briefed on assisting attendees with various disabilities

Belfast Castle's Accessibility Team will provide evacuation assistance as needed. Please let us know at registration if you may need evacuation support.

Q: Will food accommodate dietary needs and allergies?

A: Please indicate any dietary needs to the staff at the VIP if you have any restrictions or allergies. As food is provided by Belfast Castle, and the dietary offerings will depend on what their menu offers and kitchen practices. There will be gluten / dairy-free / nut-free biscuits also provided.

VIRTUAL ATTENDANCE

Q: How do I join online?

A: You'll receive links in your confirmation email. Choose between:

- GoBrunch - Immersive platform for creative rooms (use browser captions)
- Zoom - Accessibility-focused platform with built-in captions and interpreters

Switch between platforms anytime!

Q: What accessibility features are available online?

A: Zoom:

- Automated captions and live transcripts

- BSL interpreters for selected sessions (marked in schedule)

GoBrunch:

- Use Chrome/Edge browser's live caption feature
- Visit our low-stimulation Quiet Chat room or Forest Calm

Q: Can I participate without video or audio?

A: Absolutely! Cameras and mics are optional. Use chat or Q&A to participate - moderators will read your contributions aloud.

Q: Are materials screen-reader friendly?

A: We have gathered as many of the sessions' materials are provided in plain Word document format for optimal accessibility.

Q: Will sessions be recorded?

A: We can't guarantee recordings due to the event's scale or for any replays to be shared. We encourage live participation to experience the full energy and connection of the day. If recordings become available, all registrants will be notified.

SESSIONS AND CONTENT

Q: How long are sessions?

A: Most run 35-45 minutes with breaks between to prevent fatigue.

Q: How are questions handled?

A: Submit typed questions in the chat, enter a support room for 1-1 support or enter the Zoom space for additional support.

Q: Are there any content warnings I need to be aware of?

A: Yes. We'll do our best to provide advance warnings for potentially triggering content; however, be aware that all panels will have real conversations that may have triggering elements. The mental health and #WhereWeBelong Let's Talk... sessions are likely to cover sensitive topics. We cannot be reason

Q: Which sessions have BSL interpreters?

A: Selected sessions will feature BSL interpretation. These will be clearly marked in the final schedule.

Q: Can I get large print materials?

A: Yes. We'll provide large print versions of participant materials wherever possible.

Here are the Virtual Tour Booking times. Each one of the below showcase spaces will have a screenshare or images of the showcase space being

described, and someone will go through the space and describe what is in it. The virtual tour will take place in the Zoom room being used for accessibility support - not GoBrunch.

Fashion Showcase

Art Showcase

WE ROAR Magazine™ Room

BrunchHacker Turning World Room (slow spinning world that may cause seizures or irritate vertigo)

Global Business Plaza Room

The Colour of Beautiful Film Installation

Franki's Fund Creativity & Mental Health & Illness Installation

CONSENT & COMMUNICATION

Q: Do I have to be on camera in virtual sessions?

A: No. Cameras are entirely optional.

Q: Can I opt out of being photographed or hugged?

A: Yes. Use the consent stickers/lanyards to show your preferences.

Always ask before hugging, photographing, or tagging others. You may be included in the filming at the live event as the whole event is being filmed live AND streamed virtually.

Q: Will social media sharing be consent-based?

A: Yes. We ask everyone to get clear consent before posting photos or tagging other attendees online.

PREPARING FOR THE EVENT

Q: How should I prepare?

A: Here are some suggestions:

- Review all event information and access details
- Choose your priority sessions
- Email support@ourrebelworld.com with specific access needs
- Set up captions in your browser/Zoom
- Book a virtual tour or ask for tour assistance

Q: What should I bring?

A: Whatever supports your comfort - medications, fidgets, noise-cancelling headphones, mobility aids. Your needs matter.

Q: When should I arrive?

A: Doors open 3:30pm GMT for a 4pm start. Arrive early if you'd like extra time to orient yourself.

SUPPORT & CONTACT

Q: Where do I find help in-person?

A: Visit the Accessibility Desk at registration or approach any staff member.

Q: Where do I find help online?

A:

- GoBrunch: Click "Support Room"
- Zoom: Join the live support room

Q: Who do I contact with questions?

A: Email support@ourrebelworld.com for accessibility queries or 1DR@ourrebelworld.com for general information.

Q: Can I provide feedback?

A: Please do! You'll receive a simple feedback form post-event. Your insights shape future events.

ADDITIONAL INFORMATION

Q: What if I need to take medication during the event?

A: You're welcome to take medication whenever needed. The Quiet Room provides a private space if required. If you need refrigeration for medication, please contact us in advance.

Q: What COVID-19 precautions are in place?

A: We respect individual choices around COVID safety:

- Masks available at registration
- Hand sanitizer stations throughout
- Option to maintain physical distance
- Respect for others' masking choices
- Good ventilation in venue spaces

Q: Can I leave and re-enter the venue?

A: Yes. Your wristband allows unlimited re-entry throughout the day. Take breaks whenever you need them.

Q: Is there somewhere to store mobility equipment?

A: Yes. Secure storage is available near the Accessibility Desk for any equipment you don't need to keep with you during sessions.

Q: What if I have a medical emergency or panic attack?

A: Trained first aiders are on-site throughout the event. The Accessibility Team can provide immediate support and access to quiet spaces. In

emergencies, we'll coordinate with local medical services while respecting your privacy and choices.

QUICK CHECKLIST FOR ATTENDEES

Before the Event:

- ✓ Register any access needs or support person
- ✓ Note dietary requirements
- ✓ Set up browser captions
- ✓ Review the schedule and plan breaks
- ✓ Contact us with any questions

At the Event:

- ✓ Choose your consent indicators
- ✓ Grab a sensory kit if needed
- ✓ Note Quiet Room/Lounge locations
- ✓ Save your platform links
- ✓ Ask for help anytime

A FINAL WORD

1-Day Rebellion™ isn't just about access—it's about belonging.

If you've ever felt excluded, overlooked, or overwhelmed at events, we're doing things differently. No performing. No pretending. Just show up as you are.

You belong here.