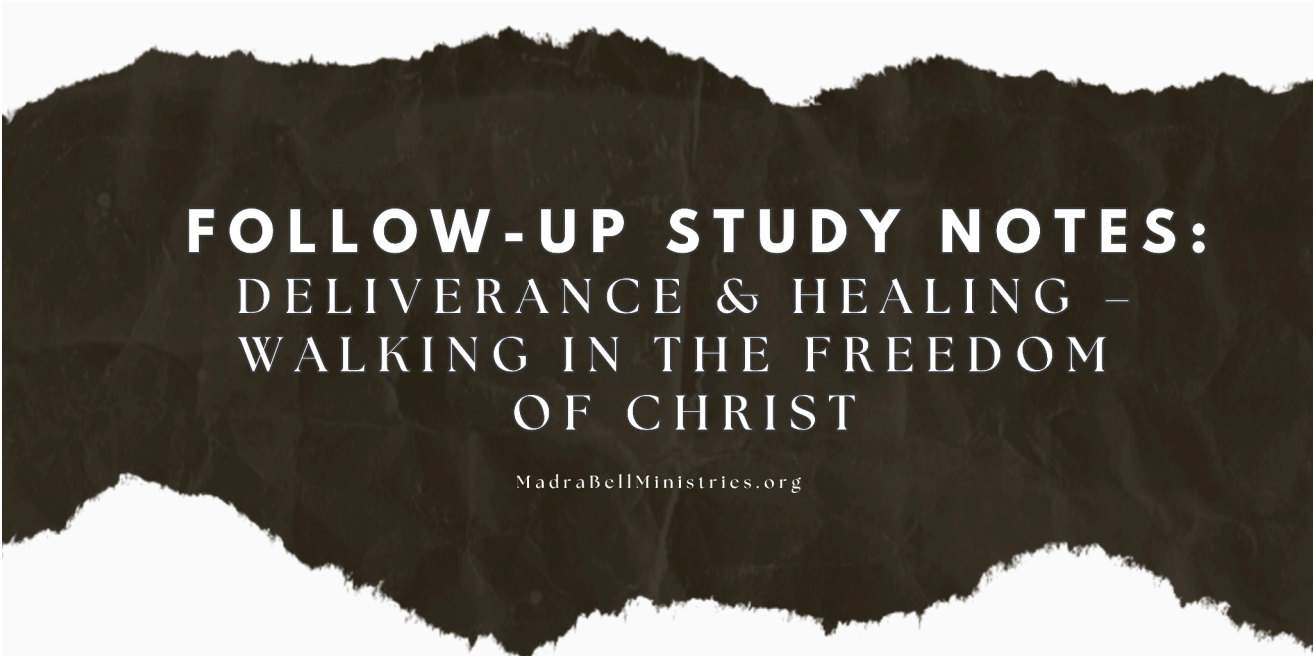




FOLLOW-UP STUDY NOTES: **DELIVERANCE & HEALING –** **WALKING IN THE FREEDOM** **OF CHRIST**

MadrabellMinistries.org

SELF DELIVERANCE GUIDE

A Guide for Intercession, Self-Deliverance Activation, and Walking in Freedom

Self examination help prepare your heart for deliverance by seeking guidance from the Lord and write down what the Holy Spirit shows you for each of the following questions:

- Ask what demonic spirits have gained a foothold and turned into a pattern that you need help breaking. Just keep an open mind and heart. Open up your spirit by just being willing to know the actual truth, even hidden truths .
- Ask God if every single area of your life is truly surrendered to Him.
- Ask God to reveal what is currently in your heart that should not be, such as pride, hidden trauma, or lukewarmness.
- Ask God to examine if you have accepted any lies as truth (mindsets, false perceptions, doubts, fears, unbelief).
- Ask God to reveal any unrepentant sins, whether they occurred recently or years ago, that you have not brought to Him to help you with.
- Ask the Lord to show you if there is any unforgiveness, bitterness, or offense in your heart that you need to release.
- Ask God to help you posture your heart and cooperate with His power.

PART 1: SELF-DELIVERANCE PRAYER ACTIVATIONS

Follow these sequential steps in your personal prayer time to close legal doors and command freedom.

Step 1: Confession and Surrender

Scripture (Romans 10:9): 'If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.'

Prayer: Lord Jesus, I confess with my mouth that You are my Lord, Savior, and King. I believe in my heart that God raised You from the dead. Right now, I surrender my mind, my body, my emotions, and my entire life completely into Your hands. Have Your way in me.

Step 2: Repentance

Scripture (1 John 1:9): 'If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.'

Prayer: Father, I confess my specific sins to You today. I ask for Your forgiveness. Cleanse my heart, my mind, and my conscience from all unrighteousness through the precious blood of Jesus. I turn away from my past actions and choose to walk in Your holiness.

Step 3: Forgiveness of Others

Scripture (Mark 11:25): 'And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses.'

Prayer: Lord, I choose by an act of my will to forgive everyone who has ever hurt, rejected, or sinned against me. I release them from the debt of bitterness, anger, and resentment. I hand them over to You and declare that I am free from the trap of unforgiveness.

Step 4: Renunciation

Scripture (2 Corinthians 4:1-2): 'Therefore, having this ministry by the mercy of God, we do not lose heart. But we have renounced disgraceful, underhanded ways...'

Prayer: In the name of Jesus, I explicitly renounce any past or present involvement with the occult, witchcraft, idolatry, or ungodly practices. I close every legal door that I or my ancestors opened to the enemy. I sever all ties to darkness and declare those entry points permanently shut by the blood of Jesus.

Step 5: Authoritative Command

Scripture (Luke 10:19): 'Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.'

Prayer: By the authority given to me in the name of Jesus Christ, I command every unclean spirit operating in my life to pack its bags and leave now! I bind and cast out the spirits of fear, pride, unforgiveness, bitterness, shame, rejection, lust, occult influence, infirmity, and torment. You have no legal right to remain. Go, in Jesus' name!

Step 6: Healing and Filling

Scripture (Psalm 147:3 / Ephesians 5:18): 'He heals the brokenhearted and binds up their wounds... but be filled with the Spirit.'

Prayer: Lord Jesus, come and heal every broken area of my heart and cure every emotional wound or trauma left behind by the enemy. Holy Spirit, I invite You to come and flood every vacant space in my soul. Fill me to overflowing with Your peace, love, joy, and power.

PART 2: GOING DEEPER — TOOLS FOR FREEDOM & MAINTENANCE

1. Prolonged Declaration of Identity in Christ

Speak this aloud daily to build an unshakeable inner wall against demonic suggestion:

I am a child of the Most High God, born of the Spirit and redeemed by the precious blood of the Lamb. I am no longer a slave to fear, shame, or my past mistakes. I have been completely justified, accepted, and sealed by the Holy Spirit. Greater is He that is in me than he that is in the world. I am the temple of the Living God; darkness has no legal equity, no claim, and no real estate in my life. I walk in divine favor, supernatural power, and an sound mind.

2. Strategic Warfare Scriptures for Maintaining Freedom

Stand firm on these immutable truths when facing spiritual pushback:

- **Galatians 5:1:** 'Stand fast therefore in the liberty by which Christ has made us free, and do not be entangled again with a yoke of bondage.'
- **James 4:7:** 'Therefore submit to God. Resist the devil and he will flee from you.'
- **Revelation 12:11:** 'And they overcame him by the blood of the Lamb and by the word of their testimony...'

3. Daily Morning Activation Decree

Set the spiritual climate of your day before your feet touch the ground:

Today, I put on the complete armor of light. I anchor my mind in the truth of Christ and take captive every rogue thought trying to exalt itself against God. I decree that my steps are ordered by the Holy Spirit. No strategy of delay, distraction, or discouragement formed against my day will prosper. I declare that the doors to my heart, my family, and my finances are locked tight against the enemy and wide open to the blessings of God. In Jesus' name, Amen.

*INTERCESSION POINTS FOR GOD'S PEOPLE

- **Divine Protection:** Pray for believers to put on the full armor of God (Ephesians 6:11), request angelic

guards over homes and travels (Psalm 91:11), and decree a shield from physical violence and sudden tragedies.

- **Growth in Revelation:** Ask for the spirit of wisdom and revelation (Ephesians 1:17), the awakening and enlightenment of spiritual sight, and advanced spiritual discernment against deception.
- **Thwarting Demonic Attacks:** Use authority to tear down strongholds of fear, depression, and division (2 Corinthians 10:4), exposing and canceling every hidden assignment of the enemy.
- **Supernatural Provision:** Invite Jehovah Jireh to release financial breakthroughs, seed for ministry assignments, and a spirit of faith independent of the worldly economic systems.
- **Children and College Students:** Pray for an unshakeable identity in Christ amidst secular institutional pressures, godly peer shielding, and divine protection over mental and emotional well-being.
- **Parents:** Ask for supernatural patience, wisdom to raise children biblically, absolute marital unity, and physical/emotional stamina for weary caregivers.
- **Ministers and Their Families:** Intercede against burnout, exhaustion, and isolation; pray for a specific protective hedge over their marriages and families, and a spirit of uncompromising boldness.
- **Leaders and Communities:** Pray for godly counsel to surround local and national leaders, a sweeping spirit of repentance in cities to break addiction, and gospel-rooted community reconciliation.
- **Food and Water Safety:** Decree structural preservation of agricultural lines and water reservoirs, supernatural multiplication where shortages occur, and integrity among distributors.
- **Destiny and Callings:** Pray for precise alignment with God-ordained purpose, immediate removal of procrastination or fear, and a hundred-fold fruitfulness in marketplace and ministry spheres.
- **Purification and Mercy:** Invite the Refiner's fire to burn away compromise (Malachi 3:2), provoke a corporate spirit of deep humility (2 Chronicles 7:14), and cry out for mercy to triumph over judgment.

Thanks for being here! Connect with me here: <https://madrabellministries.org/>



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