

FALL FUN

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Fall is here, and with it is a whole new set of fun activities for you to do, whether it's at home or here in school! So what should you start with first? Here are our top picks for Fall activities that we know that you'll enjoy!

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Fall Recipes

PARENT OR GUARDIAN REQUIRED

Do you love cooking? Here are our Fall Recipes:

- 1) Apple Pie (1 hour 45 minutes)

Ingredients:

Filling-Apples, cinnamon, sugar

Crust- Egg wash, butter, vegetable oil, all-purpose flour, salt, unsalted butter, icewater, sugar

Instructions:

First preheat the oven to 350 degrees and grab a small bowl. For the filling, cut 2-3 apples depending on size. Then take a smaller bowl and put a bunch of cinnamon sugar in it (which is just a mix of cinnamon and sugar). Take the apples and dip them into the cinnamon sugar, then roll them around in it. Make sure that the apples are fully covered in the cinnamon sugar for a delicious after taste. Let them bake until golden.

Next for the crust, this recipe will be for a crispy golden crust perfect for this type of pie. The measurements for the ingredients are: 2 ½ cups of flour, 1 cup (8 fluid ounces) unsalted butter (cut into ½ inch cubes) 1 teaspoon of salt, 1 teaspoon sugar, 6-8 tablespoons of ice water. So to start, grab your flour and your dry ingredients(salt and sugar) and mix them all together.

Note: A tip is to sift your dry ingredients before continuing with any steps. Consistently add the butter in cubes about three at a time. Start with half, then add the rest but make sure your butter is softened so it can be easy to mix. Once your dough is ready, take a pie pan which you can find at a local store, create your crust into the shape you would like it to be in. You can use a fork to make a cool design if you would like too. Once your crust is ready something to add on if you have extra is to do a cross pattern to make it like a checkerboard but you have to make sure to put your apple crisp in the crust before you start designing. Once you have made your pie to your liking you can now bake it! (make sure you coat the crust with butter for extra crisp).

Baking instructions: Bake for 375 degrees fahrenheit for about 20 minutes if you feel like it needs more time to bake then leave it in till golden brown! Also, once you are done, let it cool for 20 minutes until ready to eat. Then eat while continuing to read about the holidays!

Fall Holidays

Fall has so much to celebrate! Here are some holiday Fun Facts and activities for the holidays of October.

Columbus Day-October 10

Columbus Day is an American federal holiday celebrating the anniversary of Christopher Columbus's arrival in America in 1492. It was first celebrated on October 12, 1792. The holiday, first organized by the Society of St. Tammany (also known as the Columbian Order), commemorated the 300th anniversary of Columbus's landing. Columbus Day is always celebrated on the second Monday of October. It used to be celebrated every October 12.

During Columbus day, some activities that you might like to do are:

- 1) Go apple picking.
- 2) Go hiking.
- 3) Enjoy a meal outside.
- 4) Go Camping.
- 5) Go to a nearby zoo or aquarium.

Did You Know?

- The Nina and the Pinta were not the actual names of two of Columbus's ships.
- Columbus is likely not the first European to cross the Atlantic.
- Christopher Columbus lived from 1451-1506.

Sweetest Day-October 15

Sweetest Day is a holiday celebrated in the Midwestern United States, parts of the Northeastern United States, and in Florida. It's celebrated on the third Saturday of October. Sweetest Day is a day to be kind and caring, the difference from Valentine's Day being that Sweetest Day celebrates love or appreciation to anyone, whereas Valentine's day is seen as celebrating a more romantic love. It was founded by Herbert Birch Kingston and observed by the Great Lakes Region. During Sweetest Day, some activities that you might do are:

- 1) Give a compliment.
- 2) Give someone a nice card.
- 3) Do something nice for someone.
- 4) Give candy to a friend.

Did You Know?

- The first unofficial Sweetest Day was in 1921.
- Sweetest Day was not originally an official holiday.
- It became an official holiday only a year after the first time it was celebrated.
- Sweetest Day is a Midwest holiday.

Boss's Day-October 17

Boss's day is a holiday celebrated during the work week, always around October 16. If October 16 is on a weekend, some choose to celebrate it on the nearest work day. Boss's Day is a day for employees to show gratitude and respect for their bosses. Some things that employees do include:

- 1) Bake a cake.
- 2) Create a card.
- 3) Give a gift.
- 4) Hold an award ceremony.
- 5) Create a thank-you video.

Did You Know?

- Boss's Day was first celebrated in 1958.
- Boss's Day was founded by Patricia Bays Haroski

- Haroski chose October 16 because it was her father's birthday.

Halloween-October 31

Halloween is a holiday celebrated on October 31. It was originally a Celt holiday, based on the belief that on the night before the new year, the boundary between the living and the dead weakened. They celebrated it as Samhain (pronounced SAH-win). They held the holiday on October 31st because that was the day that they believed that ghosts of the dead walked the Earth. People would dress as saints and knock on the doors of the other houses. Halloween, also less commonly referred to as AllHalloween and All Hallows Eve, was inspired from Samhain, and trick-or-treating was an adapted version of the original (dressing as saints and going around to knock on doors). Some things to do on Halloween are:

- 1) Decorate your house
- 2) Go trick-or-treating
- 3) Dress up in a costume
- 4) Sleep-over with your friend
- 5) Explore a haunted house
- 6) Tell scary stories
- 7) Make jack-o-lanterns

Did You Know?

- Halloween means "Hallowed Evening."
- Halloween is around 2,000 years old
- The first jack-o-lanterns were created in Ireland to scare evil spirits passing through Irish farms.

Sources:

History.com

Brittanica.com

Fall Activities

Looking for something to do just to pass the time? Here are some excellent activities to help you do just that-and make you have some fun with it!

1) DIY Fall door wreath

Materials: Lots of pipe cleaners, colored paper (fall colors: Brown, red, orange, yellow, etc.), scissors, string, tape

Instructions:

Take the pipe cleaners and twist them together to create a circle, which can be however big you want it as long as it fits on your door. Then take the colored papers and cut them into the shape of a maple leaf that is around 4 ½ inches tall and 3 ½ inches wide. Make sure every maple leaf has a stem that is thinner in the middle than it is on the end. You want a T shape. Cut out as many maple leaves as you can.

Once you're done cutting out the maple leaves, twist pipe cleaners around the stems to form a long garland of them. Then wrap the garland around the circle of pipe cleaners that you made previously. You want to circle around at least ten times. After you've finished doing that, tie the string to the pipe cleaners in two different areas so you have a triangle when you hold the string by the middle of it. Then tape it to or hang it on your door.

2) Painting a tree

Materials: paint set, canvas

Instructions: Start by mixing your blue with white to get a nice light blue color. Then paint the canvas entirely blue. This is the sky. After you're done with that, use a brownish-orange color (if you don't have one, you can get it by mixing orange and brown, mixing red, yellow, and a bit of blue) to paint the ground, which will be a simple ¼ of the canvas. Then use brown paint to start making the trunk of the tree and make the trunk branch out into the separate branches at the top. Use your orange, red, yellow, and brown paints to make a series of chaotic dots that cover the top of the tree. These are your leaves. You can add some to the ground as well. Once you've finished that, add a touch of green-some green grass, a few scattered green leaves, etc.

Closing

And, having given you this month's recipes, holidays, and activities, this article comes to a close. We hope you enjoyed it and we'll see you next month in the next edition of the Clarke Barker!