

# Alcohol Rehab Centers in Hyde park, Tampa, FL

<https://whitesandstreatment.com/locations/florida/tampa/alcohol-rehab/>

At Whitesands Treatment Center, we have a highly experienced staff of board certified doctors, nurses, medical psychiatrists and addiction counselors who provide high-quality care. Together, we design an integrated treatment plan that will help end the fight with drug and alcohol addiction.

Our state of the art treatment centers promise compassionate care and a welcoming community where healing can begin on the very day you or your loved one join us. We place a strong emphasis on family involvement, and help the family to cope with the damage and confusion addiction causes. We place a strong emphasis on family involvement and help the families of addicts to cope with the damage and confusion that addiction can cause.

## Holistic Alcohol Treatment in Tampa FL

Struggling with alcohol or drug dependency and going through drug rehabilitation or alcohol rehabilitation to achieve long-term recovery can be the most difficult challenge an individual will ever have to face or overcome in their life. You face not only your chemical dependency to the drug but also mental and social addiction that sometimes spans decades in some individuals. Trying to heal the body from the dangerous disease, while also learning those skills necessary to move forward into recovery, can be exhausting. We have created an alcohol and drug treatment facility that is not only on the cutting edge of drug treatment modality but also serene and home-like. Our beautiful Florida drug treatment center is where both detoxification and treatment takes place. Patients will spend their detoxification period under medical observation before being moved to our unique, holistic community environment. Patients will be able to heal from their addiction in privacy and with the dignity and respect that they deserve.

## Alcohol Rehab Tampa FL

Our treatment modalities evolve as you do. The team approach taken towards the advancement of your health and sobriety has been highly successful in the long term recovery of patients suffering from [alcoholism](#), [drug addiction](#), [dual diagnosis](#), and other addictions. We do not simply stop with the cessation of use, or the chemical detoxification of drugs from the body. Our

goal is to heal and instruct. We want to educate you and motivate you towards a lasting recovery and an overall healthier lifestyle.

To help achieve this we provide:

- Safe and comfortable alcohol or drug detoxification of the body
- Motivational enhancements
- Behavioral and cognitive skills acquisition
- Community support

## **Alternative Alcohol Therapies in Hyde park, Tampa, FL**

We want our patients to not only respond positively to the treatment we offer but also to feel encouraged and energized towards changing their own attitudes and behaviors. We help our clients find confidence and strength within; confidence that may have been lost during their struggle with substance abuse.

Here at WhiteSands, we want you to succeed. Your success is our success. Call our 24-hour hotline at (877) 658-2377 and invest in yourself.

Our facility is designed to provide a community atmosphere that supports both privacy and interpersonal support between patients. Each patient at WhiteSands will be provided with luxurious living quarters for their stay at rehab. Your surroundings have a great deal to do with your mood; therefore, we have created not only a holistic rehabilitation environment but also a beautiful one. We want you to enjoy the process of recovery, be happy with your decision and proud that you completed your stay at our center. Our design team spared no expense. We created what we believe is the finest alcoholism and drug rehabilitation center in Florida.

## **Recover from Alcohol Addiction in Comfort and Safety in Tampa FL**

We understand that you are vulnerable right now. Seeking treatment for alcohol addiction or drug dependency can be very intimidating. We want you to know that at our facility you will not be alone and you will never lack support. Our doctors, counselors, and nurses are here for you. We prioritize comfort and dignity to encourage trust and facilitate rehabilitation. During your stay here, you will not only have the support from our staff but also feel a sense of community with other patients who are working through similar issues. Here at WhiteSands, we will not give up on you as long as you do not give up on yourself. It is an act of bravery to reach out for help and we promise that if you make that call to our treatment center, we will provide you with the answers and support you are seeking.

# Alcohol Addiction Treatment Programs in Tampa FL

Our goal at WhiteSands Treatment Centers is to prepare you for your own unique journey toward recovery and to provide you with the tools, insight, and support you'll need to achieve a lasting sobriety and avoid relapse.

We strive for objective, measurable and quantifiable criteria to guide in the determination of a patient's care and treatment. We believe that quality care in the assessment and treatment of substance-related disorders is comprised of not only objectively measured criteria, but also based on experimentally- based professional judgments.

Referral to a specific level of care is based on a careful, individualized assessment of each patient with an alcohol or other drug-related problem. The intent is to place the patient at the most appropriate level of care that is the least intensive, but meets the treatment objectives while providing safety and security for the patient along a continuum. This means that a patient can begin at a more intensive level and move to a more or less intensive level of care depending on his or her individual needs. The continuum of care is delivered across all treatment services that reflect the varying severity of illnesses and the intensity of services required.

Each patient receives a psychiatric evaluation upon admission to WhiteSands Treatment and, when deemed appropriate, the patient is seen for follow-up evaluation and treatment by a psychiatrist and members of his or her staff while the patient is in the Detoxification and Inpatient Rehabilitation Program.

At WhiteSands Treatment, all treatment services share common and key elements in providing comprehensive, individualized care for co-occurring disorders. These include having M.D., Ph.D. and Nursing level staff skilled in the diagnosis of psychopathology. All staff members are cross-trained to deal with addictions and substance-related disorders. All psycho-educational services of treatment address key aspects of co-occurring disorders. A psychiatrist is available on site for all levels of care. Medication management is integrated into the treatment plan as indicated, with counselors trained to monitor and promote compliance with the individual plan of pharmacotherapy. Intensive case management occurs at all levels of care.

## Maximizing Your Alcohol Treatment Plan Tampa

[Residential Treatment](#): an intensive and structured treatment program in a home-like environment is offered for clients who are medically stable prior to their admission. Some

individuals are admitted directly to residential treatment, while others first go through inpatient hospitalization and then transfer to the residential program afterward.

# Medical Detox for Alcohol Addiction Tampa

The Detoxification and Inpatient treatment programs at WhiteSands Treatment Center provide services to individuals suffering from alcoholism and/or other forms of chemical dependency and/or abuse. The detoxification program provides patients with safe medical detoxification by monitoring and stabilizing withdrawal risks, bio-medical conditions and complications. The rehabilitation program follows the detoxification program and provides patients with therapeutic interventions, focused on developing and maintaining a healthy recovery from alcoholism and other chemical dependencies.

Whether you are suffering from alcoholism, struggling with a dependence on prescription medication or addicted to an illegal drug like crystal meth, WhiteSands Treatment can offer you a carefully-designed and highly effective program that will facilitate your recovery. Many of our patients need to go through a period of detoxification at the time of admission, and you may be wondering whether this is necessary in your case, and may be confused about exactly what it will involve.

## What is inpatient Alcohol medical detox in Tampa?

It is a common misconception that the best way of dealing with addiction is to go 'cold turkey'; in fact, abruptly stopping a drug is likely to lead to [relapse](#), and could even be dangerous. Inpatient medical detox is a process during which addiction is dealt with by gradually reducing drug dosage. Some of the most common addictions requiring inpatient detox include alcohol, drugs such as MDMA, cocaine, crystal meth, opiate painkillers, benzodiazepines, and barbiturates. Those who consent to undergo inpatient detox for dependence on any of these drugs will dramatically increase their chances of recovery, thanks to the close supervision of medical experts.

At WhiteSands, we have a team of board-certified doctors, nurses, psychiatrists and counselors at our disposal, and a number of these staff members will design and oversee the detox process while providing constant support that helps to preserve your comfort and dignity. Detox begins with a careful assessment of your dependence and an in-depth physical examination that

accurately measures the extent of your addiction. We will discuss our findings with you after this, and recommend a precise treatment plan. You can rest assured that we will also let you know exactly what to expect from your treatment and that you will be safe in our hands; we are highly experienced in dealing with physical dependence on drugs and alcohol in a compassionate, gentle way.

## **Why choose inpatient Alcohol detox in Hyde park, Tampa, FL?**

There are several major advantages to choosing to tackle substance abuse in this way. For one thing, our staff members have received extensive, up-to-date training that allows them to know exactly how and when to reduce the dosage of a drug of abuse in order to minimize the discomfort experienced by patients. Studies show that those who try to stop taking a drug without the help of such medical professionals are much more likely to relapse, mainly because the withdrawal symptoms can be painful and very difficult to handle.

In addition, safety is one of the most significant reasons why we strongly recommend inpatient detox for anyone with a serious addiction problem. Abruptly stopping your intake of certain drugs can be fatal; for example, even alcohol dependence can lead to cardiac arrest if you suddenly stop drinking. You are less likely to experience dangerous complications if you are under supervision while being weaned off drugs or alcohol, and if there are any warning signs of complications during the detox process, then we will immediately notice the signs and compensate for them in order to make you more comfortable. We closely monitor everyone in our treatment center at all times, and we can quickly administer necessary medications to deal with unpleasant physical or mental aspects of detox.

## **Inpatient Alcohol Rehab Hyde park, Tampa, FL**

Our inpatient rehab program is ideal for patients who have already been through an inpatient medical detox process. This program also suits patients for whom such a detox was deemed unnecessary.

## **What can be expected from Tampa Alcohol rehab at WhiteSands?**

Our extensive experience in treating drug addiction and [alcoholism](#) has demonstrated that certain medications can be vital in helping some patients attain mental and physical stability.

Specifically, we may choose to administer drugs that reduce the cravings associated with abstaining from substance abuse, thereby making your recovery more comfortable and also reducing your chances of relapsing. For example, if you are addicted to prescription painkillers (such as codeine or oxycodone) then medications like buprenorphine and naltrexone can diminish typical withdrawal symptoms. After this type of treatment, you are likely to be more responsive to the programs of therapy that we provide.

When it comes to psychological treatments, we tailor our therapy programs to the individual needs of our patients. We equip you with the skills you will need to cope with life's stresses, without turning to substance abuse in the future. Through cognitive behavioral therapy, you will also gain a better understanding of why you developed a problem with drugs or alcohol in the first place. We also offer family programs that have a therapy component. These programs are geared toward mending damaged relationships, healing bonds and teaching your loved ones about the highly complex nature of addiction.

## Residential Alcohol Rehab Tampa FL

When it comes to treatment for drug addiction or alcoholism, every patient has different needs and will require a slightly different treatment program to facilitate a full recovery. For example, some people need help from a treatment center but achieve the best results if treated in an outpatient setting. However, many others will need inpatient treatment, and residential treatment is one of our specialties at WhiteSands.

### What is residential Alcohol rehab Tampa?

If you enter a residential rehab program then you will live at the treatment facility for an average of 30 to 60 days. During the day, you will undergo intensive treatment, often following an inpatient [medical detox](#) that slowly weans you off alcohol or your drug of abuse. Once the detox process is complete and you have stabilized, you may think that you have left addiction in the past. However, studies on relapse rates show that patients who stop their treatment after detox are much more likely to return to drugs or alcohol when compared to those who choose to spend further time in rehab.

If you join our patients in residential rehab, our dedicated team of doctors, nurses, and counselors will work to help you learn new, healthier patterns of behavior that dramatically minimize your chances of future [relapse](#). You will also have the comfort of knowing that medical attention is constantly available. For many addicts, the emotional and physical hardships of the detox process continue in a lesser form for weeks to come, and this may mean that you need additional medication or care. For example, patients who continue to suffer from paranoid

delusions due to crystal meth use will be safe and cared for during their stay in residential rehab. This provides peace of mind not only for the addict but also for their family members.

Call us today at (877) 658-2377. We can help.

WhiteSands drug and alcohol treatment center is the brainchild of drug and alcohol treatment specialists who have spent their whole lives developing ways in which to fight the disease. Over many years of treating addiction at various centers, these specialists developed a highly successful Multimodal therapy (MMT) approach to alcohol and drug treatment. This center is the product of decades of research. Our approach to addiction recovery has been to find what works and make it better. Our integrated, holistic recovery program takes the best medical and behavioral sciences and puts them to work for you.

Today can be your day to make a difference in someone's life. Whether that someone is you or a person you love dearly, you can make a difference by picking up the phone and reaching out, your future happiness depends on it.

There's no better time than today to make a chance for the better. You deserve it. Call us today at (877) 658-2377