

Insurance Assessment

What to Expect After We Agree Burgos Behavior is a Good Fit for Your Family

Burgos Behavior receives a referral:

- Family receives the New Client Form by email to complete
- Completes the Verification Of Benefits (VOB) process

Possible scenarios from the VOB process vary by specific insurance plan -

- Pre-authorization is not needed for assessment (97151 insurance code) but is required for ongoing services (97155, 97156, 97158)
- Pre-authorization is needed for assessment (97151) and ongoing services (97155, 97156, 97158)
- Pre-authorization is not needed for any ABA services
- Burgos Behavior is not in network with the insurance plan. Explore out-of-network benefits
- **If you are not in network with an insurance plan or do not want to use your insurance benefits, our self-pay rate is \$125 an hour**
- **Burgos Behavior must provide self-pay clients with a Good Faith Estimate of expected treatment hours per month and the expected cost for services for the calendar year**
- **Self-pay client invoices are due after each session. We issue invoices through Stripe which allows online payment. Clients may also pay through Venmo, cash, Zelle, or check**

After the VOB -

- Burgos Behavior sends the completed VOB form to the family by email *We recommend each client call for their benefits to discuss specific share of costs for each type of insurance code (97151, 97155, 97156, 97158) and service location (office, telehealth, home)*
- Please note, co-pays and deductibles for each service code may vary, and the CPT code 97151 includes billed time from the clinician for reporting writing, and scoring assessments that are not in the presence of the client. We have an additional resource on the types of share of cost with health insurance [here](#). If your child is a Regional Center consumer, we can assist you in requesting [VMRC pay the copays/coinsurance/deductibles associated with ABA therapy](#).

- Burgos Behavior requests authorization for the initial assessment OR proceed to the next step if pre-authorization is not required

Generally, these are the guidelines we follow for assessments. We may make adjustments if appropriate.

Burgos Behavior sends the family the available assessment appointments, and family books in to the slots that work for them

Two (2), two-hour assessment visits. May be in person in the office, or virtual.

Two (2), one-hour virtual assessment review meetings, ideally 1 week apart from each other.

What to expect from the assessment appointments

- 2 hours Assessment Visit One:
 - Strengths - parent input, client input
 - Assess play and social skills through observation
 - Preference assessment
 - Vineland (if required by the insurance company)
- 2 hours Assessment Visit Two:
 - Complete one or more of these curricular assessments:
 - Behavior Assessment System for Children 3rd Edition (BASC-3);
 - Vineland Adaptive Behavior Scales, Third Edition;
 - Social Skills Improvement System: Social Emotional Learning Edition (SSIS-SEL).
 - Open-Ended Functional Assessment Interview (Hanley, 2012)
- 1 hour indirect (the clinician starting the report, not in the presence of the client) - score assessments, write up background
- 1 hour Assessment Virtual Assessment Review Meeting One:
 - Review open-ended functional assessment interview with family, get more information, finish FBA section

- 1 hour indirect (the clinician starting the report, not in the presence of the client)
 - Draft goals and domains

- 1 hour Assessment Virtual Assessment Review Meeting Two:
 - Finalize goals, agree on treatment plans

- 2 hours finalize programming and submit the report to the insurance company

Disclaimer; The above outlines our general practice guidelines and workflow with new clients and appointment scheduling and processes they may vary based on individual circumstances but this should give you an idea of what to expect when working with our team at Burgos Behavior Consulting Services.