



Week of 1/30-2/5/12

MON (30)	TUE (31)	WED (1)	THU (2)	FRI (3)	SAT (4)	SUN (5)

Cleaning Checklist:	To Do:	Goals:
☐ Bathroom Tub/Sink/Toilet	☐	☐
☐ Laundry: Clothes	☐	☐
☐ Laundry: Bedding	☐	☐
☐ Kitchen: Floors/Stove/Fridge	☐	☐
☐ Kitchen: Cabinets/Windows	☐	☐
☐ Dust: Fans/Furniture	☐	☐
☐ Flush Drains	☐	☐
☐ Vacuum Floors/Furniture	☐	☐
☐ Wash out Trash Can	☐	☐
☐ Clean Wood Floors	☐	☐
☐ Bedroom: Organize/Pick Up	☐	☐

DAY	Breakfast	Lunch	Snack	Dinner	Dessert
MON (30)					
TUE (31)					
WED (1)					
THU (2)					
FRI (3)					
SAT (4)					
SUN (5)					

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Fans/Furniture Flush Drains Vacuum Floors/Furniture Wash out Trash Can
Clean Wood Floors Bedroom: Organize/Pick Up

DAY Breakfast Lunch Snack Dinner Dessert

MON (30)

TUE (31)

WED (1)

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Week of 1/30-2/5/12

Grocery List	School Supply List

Notes:

[illegible]