



Finn School Health Office FAQ's

Welcome to the 2024-25 School Year! Communication from the Health Office will be sent out periodically, and as-needed, via ParentSquare and/or hard copy. To reach the school nurse please contact: **Trish Frutman, RN** via email: tfrutman@nsboro.k12.ma.us or by phone: (508) 485-3176 x 63107 or by ParentSquare.

What if my student is sick or hurt at school?

All ill and injured/hurt students are assessed by the school nurse. If the student is unable to stay in school, it is the expectation that an authorized adult will be available to pick the student up within 30 minutes time.

Will I be notified of my student's visit(s) to the Health Office?

You will only be notified if your student requires dismissal, has a significant injury (mouth, teeth, head, face, bite, etc), if your student visits frequently, or has anything the nurse would like to follow-up on. You may always contact the nurse with any questions, concerns, or medical updates.

What if my student needs medication at school?

Students are not allowed to carry ANY medication on them while at school (**NO** cough drops, inhalers, Lactaid, sunblock, etc). If your student needs ANY medication (prescription or over-the-counter) please contact the school nurse to coordinate a plan. As a reminder, ALL medications (prescription and OTC) require a licensed provider's written order to be given at school. (including sunblock and skin creams).

What if my student has an accident at school?

It is the expectation that all students entering the Finn school are potty-trained and completely independent in toileting at the K and 1st Grade levels. If your student is prone to accidents, please pack extra socks, pants and underwear in their backpacks. Extra clothes are available on a limited basis for students unprepared for an accident. If you have any toileting concerns about your student, please don't hesitate to contact the school nurse.

Should I send in updated physicals or other medical forms?

Yes! While School Health Forms are only required for K, 4th, 7th and 11th Grades, any updated health information is helpful to have, including vision and hearing exams, restrictions after injury or illness, etc. You can send confidential information electronically or in a sealed envelope with your student.

Can students eat peanut butter at school?

Yes, students may have ANY foods they like in our cafeteria for lunch, including peanut butter. **ALL classrooms are peanut and tree nut free for snack** and any requested activity that involves food in the classroom. (Why? Students have a "working snack" in the classroom under different circumstances than our cafeteria).

Does the school provide free snacks?

No. Lunch and breakfast in the cafeteria are free for all students, however, a snack is eaten everyday in all classrooms and it is the responsibility of the parent/guardian to be sure their student has a nut free snack packed each school day, early dismissal days included. (Unsure about a certain snack? Check with the nurse!)

Does Finn Participate in Walk-to-School?

Yes! Mrs. Provencal from our Main Office coordinates our "Walk-to-School Wednesdays." Stay tuned for ParentSquare notifications regarding this fun event!