

# Purpose Portfolio Worksheet: January

## Pillar 1 — Identity

**Focus:** Knowing who you are in Christ

**Anchor Scripture:**

*For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well.*

— *Psalm 139:13–14*

### Section A: Identity Inventory (Defining the Old Self)

*This exercise helps identify labels and roles you may have unconsciously allowed to define your worth and direct your life.*

1. **Labels I Have Carried:** List five roles, titles, or labels (good or bad) that you currently or historically define yourself by (e.g., *Busy Mom, Failed Entrepreneur, People Pleaser, Caretaker, The Smart One*).

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2. **External Validation:** If I lost all the above labels today (my job, my title, my role), my sense of worth would be:

- **Strong**
- **Shaken**
- **Lost**

3. **The Lie:** Write down one lie about yourself that you believe holds you back from stepping into your full purpose (e.g., *I'm not qualified, I'm too old, I don't have enough time, I'm too damaged*).

- The Lie:

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## Section B: Identity in Christ (Defining the New Self)

*This exercise resets your foundation based on biblical truth.*

1. **My New Name:** Use the following scriptures (or others you know) to write five declarations about who God says you are.
  - *Example: I am a Saint/Child of God (Ephesians 1:1, Romans 8:16).*

I am \_\_\_\_\_

Scripture: \_\_\_\_\_



