Purpose Portfolio Worksheet: January
Pillar 1 — Identity

Focus: Knowing who you are in Christ

Anchor Scripture:

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well.
— Psalm 139:13–14

Section A: Identity Inventory (Defining the Old Self)

This exercise helps identify labels and roles you may have unconsciously allowed to define your worth and direct your life.

1. **Labels I Have Carried:** List five roles, titles, or labels (good or bad) that you currently or historically define yourself by (e.g., *Busy Mom, Failed Entrepreneur, People Pleaser, Caretaker, The Smart One*).
    0. _____
    0. _____
    0. _____
2. **External Validation:** If I lost all the above labels today (my job, my title, my role), my sense of worth would be:
    - **Strong**
    - **Shaken**
    - **Lost**
3. **The Lie:** Write down one lie about yourself that you believe holds you back from stepping into your full purpose (e.g., *I'm not qualified, I'm too old, I don't have enough time, I'm too damaged*).

- The Lie:
  _____
  _____

Section B: Identity in Christ (Defining the New Self)

This exercise resets your foundation based on biblical truth.

1. **My New Name:** Use the following scriptures (or others you know) to write five declarations about who God says you are.
   - *Example: I am a Saint/Child of God (Ephesians 1:1, Romans 8:16).*

I am _____

Scripture: _____

I am _____

Scripture: _____

I am _____

Scripture: _____

I am _____

Scripture: _____

I am _____

Scripture: _____

2. **The Truth:** Write a counter-declaration for the lie you listed in Section A, based on the truth of Scripture.
    - The Lie:
      _____
      _____
    - The Truth:
      _____
      _____

Section C: Reflection & Action (The First Step)

1. **Mentor Circle Focus:** Share one of your new **"New Name"** declarations and explain what difference it makes in your daily decision-making.
2. **Personal Purpose Prompt:** This week, whenever you feel insecure or inadequate, verbally declare **The Truth** (from Section B) three times. How did this simple act shift your perspective?

Notes on Perspective Shift:

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