IBERVILLE PARISH SCHOOL SYSTEM
WELLNESS PLAN
~~2025 - 2026~~
2026-2027

Dr. Louis Voiron, Superintendent

WELLNESS PLAN – COMMITTEE MEMBERS / MEETING DATES

PRINT NAME	SIGNATURE	TITLE	ORGANIZATION
AlNita Miller		Executive Director of Operations	IPSB
Allison Junot		Elementary Curriculum Supervisor	IPSB
Robert Primus		Secondary Curriculum Supervisor	IPSB
Carla Bonaventure		SFS District Area Manager	IPSB
~~Brigette Diamond~~		~~SFS Account Clerk~~	~~IPSB~~
LaTonja Butler		Parent Representative	Parent / IPSB Public Relations
Andrea Young		District Area Nurse	IPSB
~~Kinslee Morales~~		~~High School Student~~	~~IVLA~~

2025-2026 MEETING DATES:

August 6, 2025
December 15, 2025
February 12, 2026
May 8, 2026

WELLNESS PLAN– GOALS & OBJECTIVES

Goal #1:
Promote healthy foods and non-food items that support a healthy lifestyle when planning school events, fundraisers, classroom snacks and treats.

Activity	Responsible Person	Start Date	Completion Date	Estimated Cost	Funding Source
Ensure parents & staff are notified of the opportunity to be a member of the Wellness Committee.	LaTonja Butler	12/15/2025	6/15/2026		
Review and post the “Smart Snacks In School” poster from the Center for Disease Control’s (CDC).	Carla Bonaventure Cafeteria Managers	8/11/2025	5/21/2026	$500.00	SFS Funds and District General Fund
Attach the menus (via website link) shall be included on the district’s website.	Carla Bonaventure	8/11/2025	5/21/2026		SFS Funds
Teachers will utilize resources from USDA Beyond the Cafeteria website or other healthy lifestyle programs for classroom celebrations, incentives, and rewards.	Allison Junot (Elementary) Robert Primus (High School)	8/11/2025	5/21/2026		

Goal #2:
Promote physical activity

Activity	Responsible Person	Start Date	Completion Date	Estimated Cost	Funding Source
Each physical education teacher will promote at least one youth physical activity of their choosing or one from the CDC's "Be Active and Play 60 Minutes Every Day" youth physical activity toolkit which can be found at: http://www.cdc.gov/healthyyouth/physicalactivity/toolkit/userguide_pa.pdf Add recess required minutes added to the Master Schedule. Outdoor classrooms - MSA West / MSA East / DES / NI - metal tin roof… electricity and water… on concrete….	Allison Junot (Elementary) Robert Primus (High School) Rename with the new appointments Discuss with them how they would like to implement this and collect evidence to bring back to the committee.				

Goal #3:
Promote student wellness.

Activity	Responsible Person	Start Date	Completion Date	Estimated Cost	Funding Source
Professional training of School Food Service staff will be conducted annually.	AlNita Miller	8/11/2025	5/22/2026	$1,000.00	SFS Funds and District General Funds
Students will participate in the Fresh Fruit and Vegetable Program at select schools	Carla Bonaventure	1/11/2026	5/22/2026	$30,000.00	CNP Grant
Students will participate in the LSU Farm to School Institute.	Brigette Diamond	8/11/2025	5/22/2026	$2,000.00	District General Funds

MONITORING WELLNESS PLAN

K-12	H&PE State Standards
PK-12	Capturing Kids' Hearts
K - 6	Every Elementary School has PE teachers
4 - 12	4 - H Club Meetings
9-12	½ Unit Health Carnegie Credit
PK	Outdoor Play time daily required
K-5	15 minutes of recess/outdoor play required and included in teacher schedules
PK - 12	School Lunch Week
PHS/EI	Food and Nutrition Classes (Carnegie Credit)
District Wide	Mental Health Minute- SPED Weekly

Indicator	Description	Yes/No	Notes
Evidence of physical education / physical fitness	Lesson Plans Teacher Assessments Pictures on website		
Evidence of health instruction	Lesson Plans Teacher Assessments		
Evidence of Social / Emotional instruction	Lesson Plans Teacher Assessments Newsletter		
Evidence of Stakeholder Communication regarding Health and Wellness	Survey Results GOOGLE FORM Survey Results - UPBEAT Newsletters Website		

UPDATED JULY 9, 2025

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3. Email: program.intake@usda.gov.

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