

Personality and Preferences

Most people find work more satisfying when it fits within their own personal style and preferred ways of operating and living life.

Circle the qualities and criteria below that best describe your personality and work preferences. Consider past volunteer, internship and work experiences, as well as an ideal role in the future.

Personality Traits & Personal Qualities	Personal Style Preferences	Work Environment Preferences
Optimistic	Work on a team	Work indoors
Realistic	Work independently	Work outdoors
Cautious	Change and variety	Relaxed and casual
Adventurous	Drawn to ideas and data	Formal environment
Direct	Drawn to people	Large organization
Friendly	Logical and direct	Small organization
Assertive	Understanding and flexible	New company/start-up
Cooperative	Practical and concrete	Established reputation
Responsible	Open-ended tasks	Flexible schedule
Flexible	Interaction with people	Fast-paced
Independent	Solitary work	Friendly and collegial
Creative	Focus on details	Room for advancement
Detail-oriented	Focus on the bigger picture	Remote
Thoughtful	Highly organized and plan ahead	Short commute
Bold	Prefers freedom and flexibility	Hardworking and serious
Risk-averse	Structure and stability	Fun
Loyal	Deadline-driven	Clear structure

Reflection:

- What themes do you recognize from the qualities and preferences you circled above?
- What stands out to you from this list as being the most important factors that will affect your career decisions?