

PROJECT "FAIR PLAY 4 INCLUSION"

NIGHT HIKING

On 2th July, **ENTREJUEGOS** organized a night hiking route for the project **"FAIR PLAY 4 INCLUSION"** coordinated by "System & Generation Association" of Turkey and in which participate the "Associação Inspira! - Youth and Environmental Intervention" of Portugal and the "Centre for Capacity Building & Empowerment" of Sweden.

During 3 hours of route, 9 young people walked to the "Cortijo Gaén", at night and without light pollution, enjoying the natural environment in a different way and an alternative activity to sport on hot nights in summer in Andalusia.

Along the route two stops were made to perform some yoga and meditation exercises in contact with nature.

The good reception of this first hiking route has led us to continue organizing this activity during every Friday in July and in order to the young people of our town to occupy their leisure time and free time in a different way, especially on the weekends.



FAIR PLAY 4 INCLUSION

SENDERISMO NOCTURNO

ALAMEDA (MÁLAGA), 2 DE JULIO 2021





Links of the Facebook and Instagram Advertisement Post:

https://m.facebook.com/story.php?story_fbid=486794729240838&id=100037309450680

<https://www.facebook.com/299217374314371/posts/811512453084858/>

https://www.instagram.com/p/CQv73jslihl/?utm_medium=copy_link



FAIR PLAY 4 INCLUSION

SENDERISMO NOCTURNO

2 DE JULIO DE 2021, 22H

ENTORNO DEL CORTIJO GAÉN



asociacionentrejuegos@gmail.com



<https://asociacion-entrejuegos.weebly.com/>



@asociacionentrejuegos



@asociacion_entrejuegos



Co-funded by the
European Union

Links of the Dissemination Post of the activity:

https://m.facebook.com/story.php?story_fbid=496946738225637&id=100037309450680

<https://www.facebook.com/299217374314371/posts/822286512007452/>

https://www.instagram.com/p/CRcEMb1FQHR/?utm_medium=copy_link

News in the Website:

<https://asociacion-entrejuegos.weebly.com/senderismo-nocturno-julio-2021.html>

Date: 2/July/2021

Venue: Alameda, Málaga - SPAIN

Activity carried out: Night hiking (3h)

Aims: Promote physical activity during leisure time in contact with nature, prevent unhealthy habits, promote the inclusion of young people with functional diversity through sports activities.

Target Group:

Number of participants: 9 youth (2 youth with functional diversity)

Direct Beneficiaries: Participants, volunteers, Local Community.

Indirect Beneficiaries: youth of our local community, public services of the Municipality of Alameda, members and volunteers of our association, others organisations, project's partners.