



**NORTHERN
SUBURBS
FOOTBALL**
EST. 1957

CF15A – SPECIAL DISPENSATION REQUEST FORM

Before completing this application, please refer to the Guidelines at the bottom of this form.

PLAYER DETAILS

Player Name:	
Player Club:	
FFA / ID Number:	
Date of Birth:	
Natural Age Group:	
Requested Age Group:	
Team and Division:	
Diagnosed Medical Condition (if any):	
Disability (if any):	
Height: (Juniors only) [cm]	
Weight: (Juniors only) [kg]	

PLAYER HISTORY

REASON FOR APPLICATION

Club Administrator: _____ Date: _____

INFORMATION ATTACHED (OFFICE USE ONLY)	
NSFA Date / Time Received:	
Doctors Report ☐	Parents Letter ☐
Coaches Report ☐	Club Information ☐
Other ☐	
Date NSFA Advised Club of Decision:	

2026 Dispensation Guidelines

- At the direction of Football NSW, players are required to play in the age group applicable to a player’s natural age.
- A request to play down in age group because of lack of height or size (not associated with a medical condition or disability) or for convenience reasons shall not be considered.
- Consideration can be given to a player to play down in age is where there is a confirmed diagnosis by a medical practitioner or specialist that a player has a medical condition or disability and, as a result of that condition, the child is significantly inferior in strength, stamina and physique and/or is more suited to playing in a younger age group for a genuine medical reason. This may also include conditions relating to muscle development, bone density, heart and/or lung conditions where the player may be at increased risk in their natural age group. However, a player’s physical weight and height is also considered due to the potential for players in the younger (requested) age group to be placed at increased risk of injury.
- To play down in age group application must first be made in writing to the Club by the player’s parent or guardian, the Club then contacts the local association. A NSFA Dispensation form must then be completed by the Club and submitted to the NSFA. The application must include:
 - a written request from the player’s parents/guardian for the child to play down
 support for the application by the Club and must include the relative medical or specialist documentation, confirmation of the player’s weight and height and any additional information available to support the application.

5. A Medical certificate from a General Practitioner is acceptable but where possible detailed specialist documentation outlining the player's medical condition, disability or developmental condition. Other medical or specialist documents which may support the application can also be provided.
6. Applications to play down in age group are permitted for amateur grassroots (NSFA) football only and are not permitted where the participation relates to any Football NSW state run competitions including State Cup, Champion of Champions, Youth League or any other Football NSW football competition or tournament.
7. All applications shall be made annually, and all approvals expire 31 December of the participation year.
8. All applications must be completed in full and sent to the NSFA Competitions team.
9. The NSFA reserves the right to deny any application at its sole discretion without explanation or recourse.
10. The NSFA reserves the right to request further information and/or assessment of the player at any time