

GIRLS STATE RULES

1. Upon her arrival at Girls State, no citizen shall be permitted to leave the campus of Northwest Nazarene University except as follows:

- On organized group trips under the leadership of Girls State Staff;
- In case of emergency;
- Upon State Business and then only with a written permit signed by the Director and the Citizen's counselor.

2. No citizens are permitted outside their dorm after the City Meetings. In case of an emergency, she shall notify her counselor immediately.

3. As a guest of the University, citizens shall observe all campus and equipment rules, and respect university property and staff.

4. Each citizen is responsible for the neatness of her room. Evidence of her occupancy shall be disposed of before vacating her room on the final day of the session.

5. Every citizen is expected to attend all sessions, all committee meetings, and all ceremonies of the ALA Idaho Syringa Girls State program, including Flag Raising and Flag Retreat. Marching to and from the Flag Ceremonies shall be performed in a quiet and orderly manner.

6. Every citizen will pay proper respect to the Flag.

7. Girls State materials shall be taken to all sessions.

8. Prayers and Grace are offered on a voluntary basis. Each citizen shall be respectful to those who choose to offer Prayer and Grace.

9. Each citizen shall write a letter of appreciation to her sponsoring Unit and Contributors.

10. Each citizen must report any illness or injury to her counselor immediately.

11. Proper respect and courtesy shall be shown at all times to the special guests of Girls State, Girls State Director, Counselors and Staff.

12. Cell phones may be used as cameras during the day. Texting, calling, and charging are only allowed at night after all activities are completed. Ordering food through 3rd party food delivery including GrubHub, DoorDash, UberEats, etc. is not permitted. Cell phones may be confiscated if these rules are broken.

13. Syringa Girls State delegates are encouraged to make uplifting, positive posts to their personal social media sites, including Facebook, Blogs, Twitter, TikTok, and Instagram. No posting of inappropriate, derogatory or abusive language should be posted on any social media website regarding staff members, fellow citizens, or Girls State activities.

14. Absolutely NO ALCOHOL, TOBACCO, ILLEGAL DRUG OR NON-AUTHORIZED PRESCRIPTION DRUG use is permitted or allowed.

15. Absolutely no boys are allowed in the dorms at any time.

16. Bullying, hazing, and harassment of any kind will not be tolerated: including but not limited to sexual, sexual orientation, race, religion, creed, etc.

17. Every citizen will carry a photo ID at all times.

18. Violation of any rule of the American Legion Auxiliary Idaho Syringa Girls State Program and/or Northwest Nazarene University will result in discipline of the offending citizen up to and including immediate expulsion at the sole discretion of the Girls State Director. If any citizen is sent home, she will be responsible for the expense.

You already read and signed in agreement to the Girls State rules during the application process. Are there any questions?

DAILY PROFESSIONAL ATTIRE REQUIREMENTS

American Legion Auxiliary Idaho Syringa Girls State
For everyone who attends Girls State

There are rules governing professional attire on America's House and Senate floors. Men must be in a suit and tie. Women's dresses must be knee-length and cover the shoulders and cleavage. Suit jackets or sweaters must be worn with slacks. One of the highlights of Girls State is to match the professional attire of the numerous civic leaders we meet and learn about throughout the week. Your professional appearance, as a citizen of Girls State, reflects your dedication and appreciation for the other Girls State citizens, yourself, volunteer staff, and the political leaders you will represent.

EXPECTED PROFESSIONAL ATTIRE FOR ALL THOSE ATTENDING GIRLS STATE

1. Knee length skirts or dresses with sleeves that cover shoulders and no cleavage showing.
2. Dress pants (no jeans, khakis, or shorts)
3. Dress tops with sleeves that cover shoulders, no cleavage showing and not see-through.
4. Business footwear (must wear closed toe shoes for safety on Capitol Day).
5. Casual attire is untorn jeans/pants with a modest t-shirt/blouse with full cover of shoulders and midriff. Untorn, knee-length shorts can be worn in casual time such as recreation night and the Talent show

SUNDAY

Travel time to Girls State – Please wear comfortable clothing. You will have time to change before we begin activities.

Opening Ceremony – Knee length dresses or skirts or dress pants with tops (see above).

City Meetings – Casual attire (see above).

MONDAY

All day – Dresses or skirts or dress pants with tops (see above).

TUESDAY

All day - Dresses or skirts or dress pants with tops (see above).

Recreation Night – Casual attire (see above).

WEDNESDAY

All day – Dresses or skirts or dress pants with tops (see above).

THURSDAY

Capitol Day – Professional knee length dresses or skirts or dress pants with tops (see above).

Must wear closed toe shoes (no flip-flops/heels) for safety concerns.

Talent Night – Casual attire (see above).

FRIDAY

All day – Dresses or skirts or dress pants with tops (see above)

Inauguration – Sunday dress or formal/prom dress

REMINDERS

*Wear comfortable shoes because we do a LOT of walking! High heeled shoes are not prohibited, but not recommended – trust us. Flip flops are not permitted to be worn outside of the dorms.

*Girls who decline to adhere to the above dress code, as signed and agreed to by all citizens and their parent/guardian, may be sent home at their parent/guardian's expense or not allowed to participate in the Girls State activities.

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American Legion Auxiliary
Idaho Syringa Girls State Dress Code Examples

	Permitted	Not permitted
Tops		
Bottoms		
Dresses/Skirts		
Casual		

This is to act as a helpful resource for you to help you pack.
If you have any questions regarding dress code, please reach out to idahoalasecretary@gmail.com.

IDAHO SYRINGA GIRLS STATE QUICK REFERENCE PACKING GUIDE

Bedding/Room Items

- ☐ Light sleeping bag or twin XL sheets and a blanket
- ☐ Pillow

Toiletries

- ☐ Towels
- ☐ Washcloth
- ☐ Soap – shampoo, conditioner, body wash
- ☐ Toothbrush/Toothpaste
- ☐ Cosmetics
- ☐ Hair care products
- ☐ Band-Aids for blisters
- ☐ Required medications
- ☐ Feminine hygiene products (even if it is not your “time”- trust us)

Clothing Suggestions (6 days’ worth, see Daily Dress Requirements for specifics)

- ☐ Light coat/sweater
- ☐ Undergarments, stockings, slip, etc.
- ☐ Sleepwear, robe, slippers, shower sandals if desired
- ☐ Dresses and/or skirts (As in the Dress Code)
- ☐ Dress pants and tops (Dress Code)
- ☐ Formal or Sunday dress for Inauguration
- ☐ Casual Clothing (Dress Code)
- ☐ Comfortable shoes are A MUST! Closed toed shoes required on Thursday.

Other

- ☐ Camera (you may use your cell phone camera)
- ☐ Charging cables
- ☐ Spending money (for Girls State shirts, snacks, etc.)
- ☐ Photo ID
- ☐ Items for the Service Project (if you wish to participate)
- ☐ An electronic copy of your bill on a flash drive
- ☐ NNU Political Science Registration Form (if attending)
- ☐ Snacks (completely optional)

WHAT NOT TO BRING

- ☐ Valuable jewellery or other items
- ☐ Large sums of money
- ☐ Prepared campaign items

American Legion Auxiliary

A Community of Volunteers Serving Veterans, Military, and their Families

In the spirit of service, not self, the mission of the American Legion Auxiliary is to support The American Legion and to honour the sacrifice of those who serve by enhancing the lives of our veterans, military, and their families, both at home and abroad. For God and Country, we advocate for veterans, educate our citizens, mentor youth, and promote patriotism, good citizenship, peace, and security.

Membership in The American Legion Auxiliary shall be limited to the:

(1) grandmothers, mothers, sisters, spouses, and direct and adopted female descendants of members of The American Legion; and

(2) grandmothers, mothers, sisters, spouses, and direct and adopted female descendants of all men and women who served in either of the following periods: April 6, 1917, to November 11, 1918 and any time after December 7, 1941 who, being a citizen of the United States at the time of their entry therein served on active duty in the Armed Forces of any of the governments associated with the United States during either eligibility periods and died in the line of duty or after honourable discharge;

(3) grandmothers, mothers, sisters, spouses, and direct and adopted female descendants of all men and women who were in the Armed Forces of the United States during either of the following periods: April 6, 1917, to November 11, 1918; and any time after December 7, 1941 who served on active duty in the Armed Forces of the United States during either eligibility periods and died in the line of duty or after honourable discharge; and

(4) to those women who of their own right are eligible for membership in The American Legion.*

* A woman who is eligible for American Legion membership is eligible to join the American Legion Auxiliary regardless of whether or not she is a member of The American Legion. However, eligibility of her female relatives (sister, mother, direct descendants) and/or spouse depends upon her membership in The American Legion.