

Guitar Backing Tracks - Using Guitar Backing Tracks to Increase Speed

You can increase your speed by using guitar backing tracks. You might consider using guitar backing tracks if you can't get your mind to play the same scale or lick over and over again with a metronome.

Imagine that you know a new lick, but are having trouble getting it down. Start slowly by taking your favorite backing tracks CD for guitar and playing the lick. Begin with quarter notes, and continue the track. Once you feel comfortable with the quarter notes, speed up to 8th note and then to 16th note.

This is not something you can do in a matter of minutes. It will take time and effort. It is possible to play the lick at half notes, eighth notes, or even full speed for several days before you feel ready to increase the speed. You should only move up if you have complete control and can play the same lick without making any mistakes [Backing tracks for guitar](#).



You can eventually play sixteenth notes, 32nd notes, and more comfortably when you are comfortable doing this. It takes time.

This is how you can use the tracks to create music. The lick is not just random notes. It's music you create. You are also improving your technique and speeding the lick you practice. You don't need to stick to one lick or one backing track for your guitar. You can practice a variety of licks.

It is not possible to play a lick every day with a metronome. Those who hate playing guitar can use backing tracks. This practice method has been a great help to me.

If you have trouble motivating yourself to practice, but want to improve your lick, this guitar backing tracks exercise will help. You will feel more inspired and more satisfied because you'll be hearing music as you practice faster. It also gives you another way of using your guitar backing tracks.