

# Akashic Records and Relationships: Understanding Soul Connections

*“Your soulmate will be the stranger you recognize.”*

Imagine you're at a party, having the time of your life. A stranger offers you a drink. There's an instant spark, a connection. Random conversations flow easily between you. You feel like you have known each other for a long time. You may even wonder, “How did we not meet before?” Resonates?

Our friendships are not always with those we have known since childhood. Most of our deep connections are with people we meet randomly or bizarrely. The events we write off as coincidences are not entirely coincidental.

You see, the relationships you foster, even the fleeting ones, are people you know from another lifetime. Many of them are karmic connections, and some are soulmates.

**Dr. Brian Weiss**, a leading psychiatrist and the author of “Many Lives Many Masters,” says, “The mysteries of the mind, the soul, the continuation of life after death, and the influence of our past-life experiences on our present behavior is far more consequential than what our human mind can comprehend.” Quite astounding, right?

Essentially, your soul enters into a contract with the other souls you are bound to meet on the earth after birth. So, any life experiences you go through, connections you make, places you live, and the jobs you work are already decided in the sacred contract drawn up by the souls. Spiritual practitioners call this binding a soul or life contract.

These contracts, over lifetimes, are all recorded in one place called the “Akasha.” These Records are called the Akashic Records.

## **What are the Akashic Records?**

Before delving into its functionality, let's try to understand **what Akashic Records are**. For the uninitiated, Akashic Records are databases stored in the universe above that hold information about your past, present, and future. It is the most potent tool used by the **best Akashic Records readers** to gather knowledge and prepare restitutive measures for the vulnerable and the devastated. They often guide us to spiritual awakening and remind us that we have a higher purpose to serve.

## **How do you access your Akashic Records?**

There is no set way to **access your Akashic Records**. You can either solicit the support of an expert **Akashic record reader** or do it on your own. **Top Akashic Records healing services** are available if you opt for the former. You can also enroll in some of the **top Akashic Records courses online**. You can read from **Akashic record books** written by some of the **best Akashic record readers**. A few of the **best Akashic Records practitioner courses** are also available if you want to become a healer.

## **What happens when you access your Akashic Records?**

An **Akashic Records reading** allows you to heal your wound or complete the karmic cycle. It provides insights into the karmic accounts you have created with others in your past lives and helps devise possible remedial measures. Akashic Records enables you to decipher the mysteries of your current woes and miseries.

## **Akashic Records reading and real-life instances**

Let's dive into the lives of people who have had traumatizing encounters and used Akashic Records to heal them.

### **1. A man, a woman, and a loveless marriage**

She always felt she was never enough for him. She knew they were not in love with each other. Bindu was trying to mend her marriage, but to no avail. It was going down the drain, and nothing she did could make it stop. She tried filling up the emptiness with material things; the void remained the void. On a fateful day, when Bindu could no longer bear the brunt of her loveless marriage, she stumbled upon an **Akashic Records book** online. After months of reading and researching, Bindu decided to sit in for a session to understand why she was suffocating.

With her spiritual coach's guidance, she discovered she had a karmic contract with her husband many lives ago, and it had kept recurring until she decided to dig into it. She found out she had broken his heart in the past, and he had vowed never to love another woman as intensely as her. The remnants of such agony echoed into their lives, making their relationship bitter. Having understood the root cause of her problem, Bindu started a healing ritual that included forgiveness, patience, and acceptance.

### **2. Healing an estranged mother-daughter relationship**

Tara was not always obnoxious. She was once an innocent, sweet girl. Mrunal was not always a bad mother. She was, in fact, more protective of Tara than any mother was. A once seemingly happy family slowly disintegrated when Mrunal's husband passed away.

Tara and Mrunal began moving apart, each trying to deal with their grief. Tara, deep in despair, sought relief from substance abuse, while Mrunal found comfort in the loving arms of her long-time pal. A few years later, Mrunal moved on to marry her friend. Tara, however, was still an intractable mess. Their rift intensified after Mrunal remarried, turning Tara volatile and rebellious. When Tara almost overdosed on drugs, that was the last straw for her mother. Mrunal took an **Akashic Record reading** session to comprehend why their once-perfect relationship took a turn for the worse. She uncovered that both had unfulfilled karmic obligations, driving a wedge between them. Following their healer's advice, Mrunal and Tara began repairing their relationship. They learned to let go of their resentment, be kind, accept that death was not the end, love despite their flaws, and allow themselves to be healed.

### **Pain is not permanent, just a temporary obstruction.**

The sanctity of any relationship lies in forgiveness, acceptance, and unconditional love. As Rumi said,

***'Don't run away from love, o soul,  
Look for the remedy inside the pain  
Because the rose came from the thorn,  
And the ruby came from a stone.'***

The pain you feel is a message from above. If you listen closely, you'll find a way to quell them. Spiritual healing is impossible without understanding why you suffer. So, **what happens when you access your Akashic Records?** It clarifies why you're suffering and how you can end your karmic contracts.

Unraveling your past demystifies your present and enriches your future. Akashic Records shows what's in your destiny and what's not. An **Akashic Records reading** assists you in identifying patterns so you can work on the wounds, feel power, and become self-aware.

Learning **how to access your Akashic Records** equips you to terminate the contract. Eventually, your healing journey begins only when you're ready and let the Guardian Angels above guide you.