To-do list

Create a website> 1 hour

Social Media 1 hr

Create a portfolio 2 hrs

Send emails

DIC FRAMEWORK

Disrupt intrigue and click

Email headline Do not open this....unless you play golf

Are you tired of shooting the same scores and not seeing improvement in your game?

Imagine how good it would feel to shoot lower scores and beat all your "trash talking" friends

All professional golfers do this.... They just don't talk about it

These simple and quick-to-implement changes will instantly lower your scores

Click here to learn what they are

Sustainable weight loss secret YOGA

There is a reason why some people seem to lose weight effortlessly.

Its not a magic pill, a restrictive diet, or countless hours of cardio

There are simple changes that will allow you to easily lose weight without struggle

Click here to find out what is holding you back from feeling confident in your body.