

## **Field: Therapy/ Education/ Support**



In our therapy clinic, [Us Therapy](#), we emphasise the cultivation of a sense of belonging within a compassionate community dedicated to enhancing individual well-being and mental health. We aim to facilitate the exploration of meaning and purpose in life, fostering a supportive environment for personal growth and discovery

We are a team of compassionate, highly skilled, and qualified psychologists and counsellors dedicated to offering non-judgmental and fully confidential psychological support at our Singapore therapy clinic. Our services cater to individuals, families, couples, children, adolescents, and organisations.

Our goal is to ensure excellent outcomes for our clients within a safe and confidential environment, adhering to Personal Data Protection Act (PDPA) guidelines. Our top priority is the needs and well-being of our clients, clinicians, and community above all else

### **Placement description (unpaid):**

- 4 placements: observing where possible, otherwise doing research and helping with creating resources for the centre
- Ideal for students interested in studying psychology or becoming a counsellor
- Opportunity to ask one to one questions with trained psychologists about their career journey

**Skills required:**

- Important skills needed: patience, communication, compassion
- Additional : research skills, listening and paraphrasing skills

**Format:**

- Face to face: 9am-6pm at 10 Winstedt Road, 02-10/11, Singapore 227977 (NB: note the location before committing to this placement!)