



24 oz. precooked sausage
10 eggs
1 c. sour cream - you can use lite if you want
1 onion
1 green pepper
1 red pepper
16 oz mushrooms (I use less - not a huge fan)
2 c. grated cheese (I used a Mexican blend)

Preheat oven to 350. Chop sausage, onion, peppers and mushrooms. There will be a LOT of extras going in - that's normal. In a separate bowl, mix eggs, sour cream and cheese. Once the egg mixture is thoroughly mixed, add in the sausage and vegetables and spread into a greased 9x13 pan. Bake for 30-45 or until cooked through.